

Founder Stephen J. Bavolek, Ph.D.



Stephen J. Bavolek, Ph.D. is a recognized leader in the fields of child abuse and neglect treatment and prevention, and parenting education. Born and raised in Chicago, Dr. Bavolek's professional background includes working with emotionally disturbed children and adolescents in schools and residential settings, and abused children and abusive parents in treatment programs.

Dr. Bavolek is Principal author of the Nurturing Parenting® Programs, AAPI-2 and the NSCS. Founder of Family Development Resources, Inc. and Family Nurturing Centers International.

Family Development Resources, Inc.

The Nurturing Parenting® Programs are published by Family Development Resources, Inc. (FDR) which has been promoting non-violent parenting practices since 1983.

The author of the Nurturing Parenting® Programs and President of Family Development Resources, Inc. is Stephen J. Bavolek, Ph.D. Dr. Bavolek is also the Executive Director of the Family Nurturing Centers, International. With over 100 Trainers/Consultants worldwide, FDR has sold over 1 million copies of their Parent Handbooks.

Families from all over the world have had the opportunity to benefit from the Nurturing philosophy of parenting; and in branches of the military, families are experiencing the power of the Nurturing Parenting® Programs to improve their parenting skills.

Family Development Resources, Inc.

800.688.5822

FDR@NurturingParenting.com

NurturingParenting.com



The Nurturing Parenting® Programs

Revised

The Nurturing Programs are recognized by:

- NREPP: SAMHSA's National Registry of Evidenced-Based Programs and Practices
- Center for Substance Abuse Prevention
- California Evidenced-Based Clearinghouse
- Canadian Best Practices Portal
- Casey Family Programs

*The Evidence-Based Nurturing Parenting® Programs are building **Protective Factors** in families that when present increase the health and well-being of children and families*



***For the Treatment and Prevention
of Child Abuse and Neglect***

Family Development Resources, Inc.

800.688.5822

FDR@NurturingParenting.com

NurturingParenting.com



The Nurturing Parenting® Programs are the right choice

For Parents...

1. Parents decreased their beliefs in the value of using corporal punishment as a means of discipline.
2. Parents experience positive changes in family cohesion and a decrease in family conflict.
3. Nurturing Programs help to break the generational cycle of child maltreatment and family dysfunction.
4. Parents learn how to empower children to problem solve, negotiate and compromise.
5. Learn the importance of the critical windows of brain development.
6. Learn how to develop coping and stress management strategies.



For Professionals...

1. Increase professional awareness and ability to implement validated programs designed to increase nurturing skills of parents and children.
2. Learn how to assess high-risk, abusive parenting attitudes and behaviors in families using the AAPI-2 and NSCS.
3. Increase grant funding with cost-effective, validated programs.
4. The importance of attachment and bonding.
5. Culturally adaptive, and culturally specific programs.
6. Low recidivism rates among families who complete the standardized program.
7. Understanding the difference of brain development between males and females.



CDC Research Analysis

In 2012, U.S. state and local child protective services (CPS) received an estimated 3.4 million referrals of children being abused or neglected.

- CPS estimated that 686,000 children (9.2 per 1,000) were victims of maltreatment.
- Of the child victims, 78% were victims of neglect; 18% of physical abuse; 9% of sexual abuse; and 11% were victims of other types of maltreatment, including emotional and threatened abuse, parent's drug/alcohol abuse, or lack of supervision.



Reference: U.S. Department of Health and Human Services, Administration for Children and Families, Administration on Children, Youth and Families, Children's Bureau. Child Maltreatment 2012 [online]. Washington, DC: Government Printing Office; 2012. Available from <http://www.acf.hhs.gov/sites/default/files/cb/cm2012.pdf>.

The Nurturing Parenting® Programs...

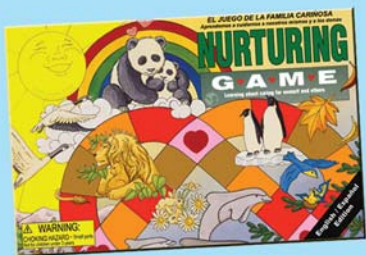
1. Meet and exceed the **Six Protective Factors** identified by the government for the prevention and treatment of Child Abuse and Neglect.
 - Six Protective Factors: 1.) Nurturing and Attachment, 2.) Knowledge of Parenting and of Child and Youth Development, 3.) Parental Resilience, 4.) Social Connections, 5.) Concrete Supports for Parents, 6.) Social and Emotional Competence of Children
2. Easy to implement: Interactive, Stimulating, and Challenging.
3. Parents learn new attitudes and skills that will reduce dysfunction and stress in families.
4. Provide positive, proactive alternatives to shaking, hitting and spanking.
5. Parents and children have fun and are entertained.
6. Follow up studies show that parents retain and use their new skills and attitudes.



For more information visit:
NurturingParenting.com

Nurturing Parenting® Educational Products for Parents & Professionals

Evidence-Based Programs & Practices



Nurturing Game

A game for adults & children ages three years & older, to increase self-awareness, appropriate use of personal power, & communication skills. Participants respond to questions regarding awareness of self, feelings, giving & receiving praise, & practice appropriate touch. *Each Nurturing Game contains cards and directions that are printed both in English and Spanish.*

To Order, Use Code NG - \$25.00

⚠ WARNING:
CHOKING HAZARD – Small parts.
Not for children under 3 years.

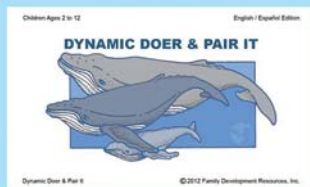
Ask It-Tell It



A card game where players respond to a question on a Tell It card, or have discussions with an Ask-It card. *English and Spanish*

To Order, Use Code ASK - \$10.00

Dynamic Doer & Pair It



A card game that helps children increase social behavior skills and short term memory. *English and Spanish*

To Order, Use Code DD - \$10.00



Nurturing Coloring Book

The Nurturing Coloring Book helps children learn about gentle touch, sharing, expressing feelings, and caring for others.

English and Spanish (Pkg/15)

To Order, use Code CB - \$25.00

Strengthening Parent & Child Bonding and Attachment

is a guide book that increases the feelings of closeness between you and your children and helping your child's brain grow. We call that closeness "bonding and attachment."



To Order Use Code, PBA - \$10.00

Nurturing Parenting® Educational Products for Parents & Professionals

Evidence-Based Programs & Practices

Nurturing Touch®: Learning & Teaching the Art of Infant Massage

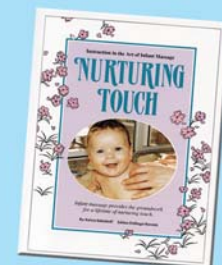
Kalena Babeshoff and Juliana Dellinger, M.S.E.

Parents & Babies Benefit from the Infant Massage Experience:

- Massage enhances communication & deepens feelings of attachment between parent & baby that promotes the physical & emotional well-being of babies & young children.
- Parents experience increased confidence & competence in caring for their baby.
- Infant Massage helps families develop nurturing care giving routines.
- Massage helps babies relax & release stress.
- Babies experience physical relief from symptoms of teething, colic & gas.
- Massage stimulates baby's growth and development.

Instruction in the Art of Infant Massage Handbook

This easy-to-use guide is designed to teach parents how to massage their babies. The focus is on Infant Massage as a way to enhance the parent-child relationship through gentle nurturing touch. **To Order Use Code, IFM-H / IFM-SPH (Spanish) - \$6.00**



Instruction in the Art of Infant Massage DVD

The Nurturing Touch DVD begins with an introduction to the benefits of Infant Massage by professionals & parents, followed by the step-by-step demonstration of a complete Infant Massage routine based on Indian & Swedish massage & Touch Relaxation. In addition, the Nurturing Touch DVD provides suggestions for listening & responding to baby's cues & relaxation exercises for parents & caregivers. *Nurturing Touch Handbook accompanies this DVD.*

To Order Use Code, IFMS-DVD (20 Minutes) - \$24.95 OR IFM-DVD (50 Minutes) - \$84.95

Nurturing Parenting® Educational Products for Parents & Professionals

Evidence-Based Programs & Practices



Prenatal Parent Handbook is an informational guide for parents describing numerous nurturing parenting techniques, as well as stages of fetal development, cultural parenting concepts, significance of names, changes occurring in mom and weekly home practice assignments.

To Order Use Code, PREPHB / PREPHB-SP (Spanish) - \$15.00

Nurturing Book for Babies and Children Presents current information on brain development & child massage. Also contains activities parents can do at home with their infant, toddler & preschooler to build nurturing relationships, as well as information on common childhood illnesses, ways to celebrate holidays, & a scrap book to detail the history & development of the child.

To Order, Use Code NBBC / NBBC-SP (Spanish) - \$15.00



Red, White & Bruises Guide

Helps Parents Succeed in Learning Healthy, Nurturing Ways to Discipline. Red, White & Bruises helps parents understand why spanking is a dangerous parenting practice to use in raising children. Parents learn very practical & proven ways to help create a happy & healthy home by developing cooperation & respect, teaching children compassion, & praising children for who they are & for their behavior. Very affordable!

To order, use Code RWB / RWB-SP (Spanish)



Quantity Discounts Available

0 – 50	\$1.00ea	151 – 250	\$.90ea
51 – 150	\$.95ea	251 – 500	\$.85ea

Nurturing Parenting® Educational Products for Parents & Professionals

Evidence-Based Programs & Practices

Multicultural Parenting Education Guide

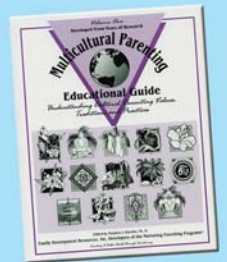
What every parent educator, social worker, family therapist and helping professional should know before beginning their involvement with the family. Included in the Guide is a description of the following cultures:

Chinese, Puerto Rican, Korean, Hmong, Hawaiian, Cambodian, Chilean, African American, Vietnamese, Laotian, Japanese, Filipino, Mexican, & El Salvadoran.

The Guide Will Provide Professionals with Information....

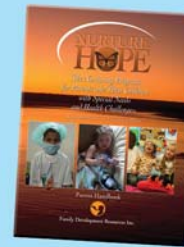
- Specific cultural family values and traditions.
- The expected roles and obligations of family members.
- Traditional ways to display emotions.
- Cultural foods, dress, music, and children's games.

To Order, Use Code MCG \$25.00



Families living with Children with Special Needs & Health Challenges experience a profoundly personal journey. Each family brings to the experience a unique history, value system, cultural identity, & combination of strengths & challenges.

The Nurturing Program for Parents & Their Children with Special Needs & Health Challenges™ has been designed to provide you & your family support as you navigate the uncharted waters of your journey. The **Parent Handbook** is an informational guide for parents describing numerous nurturing parenting techniques & weekly Home Practice Assignments. **To Order Use Code, HCPHB / HCPHB-SP (Spanish) - \$15.00**



Families in Substance Abuse Treatment & Recovery

Family Activities Manual is a handbook for parents that includes clear information to have fun, reconnect with their children, & learn nurturing skills. A bibliography & guide to selecting activities is included.

To Order Use Code, NP11FAM - \$15.00

