



**Rural Virginia Family Nurturing Project  
Five Year Evaluation Results, 2003**

**Abstract 2003**

1. A total of 487 parents and 193 children participated in Nurturing Parenting Programs implemented in 31 sites throughout rural Virginia.
2. 80% of the participants were female; 20% male.
3. 41% of the participants were Caucasian; 51% African-American; 4% Hispanic; and 4% other.
4. 34% were between 20-29 years of age; 33% were between 30-39 years of age.
5. 80% completed high school or above. 20% reported completing junior high or above.
6. 56% were unemployed while 30% indicated they earned less than \$18,000 annually.
7. 63% of the parents in the community completed 50% or more of the classes. 28% of the parents in correctional facilities completed 50% or more of the classes.
8. The Adult-Adolescent Parenting Inventory (AAPI-2) was administered pre and post program completion. Significant ( $p < .001$ ) changes were found in attitudes regarding appropriate expectations of children, increases in empathy, and in use of alternatives to corporal punishment. Significant changes ( $p < .05$ ) were found in appropriate family roles.
9. Within 30 days of completing the program, 75% reported no alcohol use; 66% reported no tobacco use; and 95% reported no marijuana use.