Rural Virginia Family Nurturing Project
Five Year Evaluation Results, 2003

1. There were a total of 680 participants; 487 adults and 193 children.

2. Data generated from the Family Social History Questionnaire indicate:
   a. Gender n = 495  
      80% female  
      20% male
   b. Age n = 366  
      9% 13-19 years  
      34% 20-29 years  
      33% 30-39 years  
      19% 40-49 years  
      7% 50+ years
   c. Ethnicity n = 448  
      41% Caucasian  
      51% African-American  
      4% Hispanic  
      4% Other
   d. Education n = 341  
      20% reported completing Junior high or less  
      80% reported completing high school or above
   e. Employment n = 337  
      44% employed  
      56% unemployed
   f. Income n = 317  
      30% under $18,000  
      28% $18,000-$40,000  
      16% over $40,000  
      27% unsure
   g. Class Attendance n = 495  
      28% of parents in correctional facilities completed 50% or more of the classes.  
      63% of parents in the community completed 50% or more of the classes

3. Parents completed the Nurturing Quiz, an inventory designed to assess knowledge of appropriate parenting practices. The results showed an average gain of 3.23 points pre-post test (n = 181)
   a. 22% had the same score or lower score  
   b. 32% increased score 1-3 points  
   c. 46% increased score 4-15 points

4. The administration of the Adult Adolescent Parenting Inventory (AAPI-2) showed significant increases (p<.05) in Expectations, Empathy and Punishment; no significant changes occurred in Role Reversal and Power & Independence.

5. In a 30-day follow-up drug use questionnaire, parents indicated:
   a. Alcohol 75% reported no alcohol use  
      14% reported using alcohol 1-4 days  
      11% reported using alcohol 12-30 days
   b. Tobacco 66% reported no tobacco use  
      34% reported smoking cigarettes
   c. Marijuana 95% reported no marijuana use  
      5% reported marijuana use
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Abstract 2003

1. A total of 487 parents and 193 children participated in Nurturing Parenting Programs implemented in 31 sites throughout rural Virginia.

2. 80% of the participants were female; 20% male.

3. 41% of the participants were Caucasian; 51% African-American; 4% Hispanic; and 4% other.

4. 34% were between 20-29 years of age; 33% were between 30-39 years of age.

5. 80% completed high school or above. 20% reported completing junior high or above.

6. 56% were unemployed while 30% indicated they earned less than $18,000 annually.

7. 63% of the parents in the community completed 50% or more of the classes. 28% of the parents in correctional facilities completed 50% or more of the classes.

8. The Adult-Adolescent Parenting Inventory (AAPI-2) was administered pre and post program completion. Significant (p<.001) changes were found in attitudes regarding appropriate expectations of children, increases in empathy, and in use of alternatives to corporal punishment. Significant changes (p<.05) were found in appropriate family roles.

9. Within 30 days of completing the program, 75% reported no alcohol use; 66% reported no tobacco use; and 95% reported no marijuana use.