

Chapter 8

Developmental Checklist

Directions: Match the skill (behavior) with the correct age period. Circle the age you think children should be able to begin to perform the behaviors.

Behaviors	Age of Child				
	0 – 12 months	12 – 24 months	24 – 36 months	36 – 48 months	48 – 60 months
1. Takes a few steps without support.	A	B	C	D	E
2. Repeats same syllable 2-3 times.	A	B	C	D	E
3. Builds tower of three blocks.	A	B	C	D	E
4. Says five different words.	A	B	C	D	E
5. Points to three body parts on self.	A	B	C	D	E
6. Uses pincer grasp to pick up object.	A	B	C	D	E
7. Imitates peek-a-boo.	A	B	C	D	E
8. Pulls off socks.	A	B	C	D	E
9. Holds and drinks from cup using 2 hands	A	B	C	D	E
10. Follows rules by imitating actions of other children.	A	B	C	D	E
11. Snaps or hooks clothing.	A	B	C	D	E
12. Pedals tricycle five feet.	A	B	C	D	E
13. Attempts to help parent with tasks by doing part of a chore (e.g. holds dustpan).	A	B	C	D	E
14. Walks backwards.	A	B	C	D	E
15. Will be attentive for five minutes while a story is read.	A	B	C	D	E
16. Sucks liquid from glass using a straw.	A	B	C	D	E
17. Imitates counting to three.	A	B	C	D	E
18. Puts on mittens.	A	B	C	D	E
19. Holds up fingers to tell age.	A	B	C	D	E
20. Uses word for bathroom need.	A	B	C	D	E
21. Stands on one foot for 4-8 seconds.	A	B	C	D	E
22. Uses words: sister, brother, grandmother.	A	B	C	D	E
23. Stays dry all night.	A	B	C	D	E
24. Takes turn with 8-9 other children.	A	B	C	D	E
25. Draws a man (Head, trunk, four limbs).	A	B	C	D	E
26. Engages in socially acceptable behavior in public.	A	B	C	D	E

Chapter 23

Verbal & Physical Redirection

Redirection is used to help children learn appropriate behavior, prevent injury, promote safe exploration, and prevent the constant threat of punishments.

VERBAL REDIRECTION ...

... redirects a child's behavior by stating **what not to do** followed by **what to do instead**.

"No standing in the tubby. Sit please."





"Don't play with the scissors. You could get hurt. Here's a toy to play with instead."

Threats are NOT appropriate ways to use verbal redirection.

Wrong ...

"Billy, you get your coat on right now or you'll get the spanking of your lifetime!"

Right ...

"Billy, in 10 minutes we are leaving to go to grandma's. I expect that you will be ready to go. Thanks for cooperating."

PHYSICAL REDIRECTION ...

... redirects children from dangerous situations or activities to safer, more appropriate ones. Electric sockets, climbing up and down stairs, and putting things in their mouths, are just some of the ways children can be injured.

"That's an oweee, honey!
Come on sweetie, let's
play with your toys
instead."



**Verbal and physical redirection work best
when used together!**

Try this ...

Find situations in your home where you can use verbal and physical redirection instead of spanking or yelling at your children. Describe the situation. How did you handle it?