

Nurturing Parenting® Programs

General Training Description

Program Facilitator Training

HEARTS™ Official Competency-Based Training Model

Because we believe in doing things with excellence, HEARTS for Families presents the Nurturing Parenting Programs through an evidence-informed 4-part training model. The training model was developed by HEARTS for Families™ and researched by Emory University.

Part One - Philosophy of the Program (approximately 8-12 hours content delivery) Part 1 is offered online and is self-directed. It takes approximately 8-12 hours to complete and includes participant engagement activities and quizzes along the way. If an individual is familiar with the Nurturing Parenting® Programs, he or she can test out of taking the full online course. Once successfully trained in this training Part, individuals do not need to repeat it for any other Nurturing Parenting Program.

Part Two - Program Activities and Practice Opportunities (Could be 1, 2-, 3-, 4- or 5-days dependent on length of curriculum)

Part 2 is a group-based training that is specific to the respective Nurturing Parenting Program the individual is choosing to present to community members or clients. Training participants receive training workbook, handouts, and hands-on experience using program specific materials. Training activities include:

- Experience from each session with group and home practice lessons
- Facilitator practice session opportunities and peer feedback

Part Three - Implementation Steps for Success (approximately 20 hours content delivery)

Part 3 is offered online similar to Part 1 in format and benefits, which takes approximately 20 hours to complete and covers:

- Program facilitator and coordinator roles
- Implementation pitfalls to avoid
- Current cultures regarding moral decay of generations and family dysfunction issues (substance abuse, partner violence, teen parenting, etc.)
- Scoring assessments
- Creating a marketing plan for the program

Part Four - Fidelity Monitoring and Program Consulting (approximately 25 hours technical assistance)

To ensure program success, Part 4 is a hands-on program delivery structure with:

- Weekly Technical Assistance sessions via phone or web
- Fidelity checks through in-person or web-based site visits
- Program and training participants surveys and assessments

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Certificate of Training Completion is presented to the Training Participant when all 4 Parts of the training are successfully completed. Benefits for certification include increased knowledge and skills, as well as a potential increase in program referrals and funding.

If you are not interested in receiving a certificate of completion, you can participate in Parts 1, and 2, and 3 and receive a Certificate of Participation for each Training Part.

Training Location and Timing

HEARTS for Families™ presents the group training online/on-demand for Parts 1 and 3; and live-streamed online participation for Parts 2 and 4 for all scheduled domestic trainings. International trainings can be online or on site.

Part 2 trainings are generally held throughout the year.

Training large groups of participants (12-15) are to be discussed with Training Coordinator for group discounts. Training can be held on location of training host's facility. Hybrid trainings (onsite and online) are not recommended for this type of training.

Facilitator Training Pricing

This four-part training model is designed to build competent and effective program facilitators so that program participants gain greater parenting insight and practical skills while providing the best opportunity for success.

Each facilitator training cost varies based on the number of sessions within the specific curriculum.

For specific curriculum facilitator training, please contact HEARTS for Families™ Training Coordinator at training@HEARTSforFamilies.org.

Comparative Value

As you determine your training investment, keep in mind, and compare other national evidence-based training costs.

Triple P - \$4,465 5 days (35 hours training) Level 4 Standard/Group includes \$2,500 annual membership; Co-Facilitator training fee \$2,465

Sources of Strength - \$4,000 plus recertification every 2 years @ \$1,000

Parents as Teachers - \$4,500 first year affiliation fee, \$2,000 annual renewal fee plus training fees of \$1,150 per person.

Contact the **Training Coordinator**

770-972-3664, 678-392-2472

training@HEARTSforFamilies.org



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HEARTSforFamilies

www.HEARTSforFamilies.org

www.NurturingGodsWay.com