

Nurturing Parenting® Programs

Parent's Session Evaluation Form

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Parent/Caregiver: _____

Program: _____

Session #: _____ **Date:** _____

Instructions

Your feedback is an important part of the Nurturing Parenting® Program. Please answer each question honestly. Your responses help you and your facilitator monitor your progress, identify parenting skills you have learned, recognize areas where additional support may be helpful, and improve future sessions.

1. Today's Parenting Competencies

For each parenting competency presented during today's session, indicate how confident you feel using the skill.

Parenting Competency	Not Yet	Beginning	Developing	Confident
Competency 1	☐	☐	☐	☐
Competency 2	☐	☐	☐	☐
Competency 3	☐	☐	☐	☐
Competency 4	☐	☐	☐	☐
Competency 5	☐	☐	☐	☐

2. Today's Learning Experience

Today's session helped me develop my parenting knowledge and skills.

- ☐ Strongly Agree
- ☐ Agree
- ☐ Neutral
- ☐ Disagree
- ☐ Strongly Disagree

3. Reflection

The most important thing I learned during today's session was:

4. Family Practice

Before our next session, I plan to practice this parenting skill:

5. Continued Learning

One parenting skill or concept I would like additional help understanding is:

6. Session Feedback

What could we do to make future sessions even more helpful for you and your family?

Thank you for completing this *Session Evaluation Form*. Your feedback helps us support your learning and strengthen the Nurturing Parenting® Program experience for all families.