

Nurturing Parenting® Program



Three day Facilitator Training



July 24th, 25th & 28th
9am - 3:30 pm MST
Via Zoom

Contact us today!

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e-mail

info@NebulaEarlyChildhoodCollaborative.com

www.Nebula-Hope.org

Nurturing Parenting® Programs Are:

- Culturally responsive and adaptable
- Designed for families in high-risk situations and universal settings alike
- Rooted in protective factors and strength-based practice
- Backed by decades of research and community success

By becoming a trained facilitator, you'll join a network of practitioners working to **heal, empower, and support** caregivers through education and connection.

Whether you're in education, mental health, early childhood, or community services, this certification equips you to deliver programming that changes lives.

If you feel called to this work, becoming trained is not just a step forward in your career—it's a commitment to building nurturing communities from the inside out.



Become a Trained Facilitator in the Nurturing Parenting® Programs



If you're passionate about building stronger families and breaking intergenerational cycles of trauma, consider becoming a trained facilitator in the Nurturing Parenting® Programs.

These are evidence-based, trauma-informed, and family-centered curricula recognized nationally for their role in **preventing child abuse and neglect**.

Developed by Dr. Stephen Bavolek, the Nurturing Parenting® Programs are built on the belief that nurturing can be taught—and when it is, families thrive. Through structured learning, reflection, and connection, caregivers gain tools to support empathy, discipline without shame, and healthy parent-child relationships.

REBECCA ARMENTROUT,
NATIONAL TRAINER – NURTURING
PARENTING PROGRAMS®



Rebecca Armentrout is a certified National Trainer for the Nurturing Parenting Programs®, recognized for her expertise in delivering high-fidelity training while supporting **culturally responsive** and **trauma-informed** adaptations. With a background in reflective supervision and early childhood development, Rebecca empowers facilitators to honor the lived experiences, languages, and traditions of diverse families—ensuring that program integrity is preserved while access and relevance are strengthened.

Her training approach equips professionals to maintain the core values of empathy, nurturing discipline, and developmental understanding, while integrating flexible strategies that align with both the curriculum and the unique needs of each community.



3-Day Nurturing Parenting Facilitator
Training: Key Learnings

This intensive training equips participants with the knowledge and skills to deliver Nurturing Parenting Programs® with fidelity and compassion. Key takeaways include:

- **Philosophy & Core Values:** Emphasis on empathy, respect, and nonviolent parenting.
- **Curriculum Delivery:** Overview of adaptable program formats and implementation guidelines.
- **Assessment Tools:** Training in AAPI and NSCS for planning and progress tracking.
- **Cultural Responsiveness:** Strategies to honor diverse identities while preserving program integrity.
- **Facilitation Skills:** Reflective listening, trauma-informed care, and safe group dynamics.
- **Fidelity & Ethics:** Best practices for ethical, responsive implementation.

Certified facilitators leave prepared to support families with cultural humility, skill, and nurturing leadership.

Materials
Provided During
Training



Participants receive essential resources to implement the Nurturing Parenting® Programs with fidelity:

- Nurturing Parenting® Facilitator Manual: A comprehensive guide for delivering sessions across program formats.
- Nurturing Skills™ for Families Prenatal–19 Lesson Guide for Parents
- Parent Handbook™: Parents & Their Infants, Toddlers, and Preschoolers
- Practical, developmentally appropriate guide for caregivers of young children.
- Parenting Assessment Tools
- Training Handouts & PowerPoints
- Supplemental materials to support facilitator learning and implementation.
- Certificate of Completion
- *Official recognition as a certified Nurturing Parenting® Facilitator.*

Additional materials in the **facilitator's heart language** are available upon request.

How to Register

visit:
www.Nebula-Hope.org
to register or scan the QR
Code Below

