

## Family Nurturing Plan – Individual Assessment for Program Facilitators of the 9 Session Group-Based Program

Stephen J. Bavolek, Ph.D.

Each family that participates in the Nurturing Parenting Program needs to have a Family Nurturing Plan - Individual Assessment that is used to monitor the progress parents are making in learning program competencies. The FNP-IA is a working document. It presents the parent's ratings (taken from the session evaluation form) on how well they feel they learned each lesson competency. It also presents the Facilitator's ratings (taken from the Family Nurturing Plan-Group Assessment) on how well the Facilitators feel the parents learned the lesson competencies. For directions on how to use the FNP-IA, go to page eight in the nine session Group Based Facilitators Instructional Manual. Complete the following information for each family/parent attending the program.

**PLEASE PRINT**

\_\_\_\_\_  
Parent Educator's Name

\_\_\_\_\_  
Agency Location – City and State

Beginning Date: \_\_\_\_\_

Completion Date: \_\_\_\_\_

**PARENTS:**

\_\_\_\_\_  
Mother's Name

Address: \_\_\_\_\_

Phone (Home): \_\_\_\_\_ (Work): \_\_\_\_\_

(Cell): \_\_\_\_\_

Is Mother present in the home? Yes \_\_\_\_\_ No \_\_\_\_\_

\_\_\_\_\_  
Father's Name

Address: \_\_\_\_\_

Phone (Home): \_\_\_\_\_ (Work): \_\_\_\_\_

(Cell): \_\_\_\_\_

Is Father present in the home? Yes \_\_\_\_\_ No \_\_\_\_\_

**CHILDREN:**

Child's Name	Child's Age	Mother or Father's Name (if different from above)
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____

## Family Nurturing Plan Individual Assessment for Program Facilitators of the **Nine Session Group-Based Program**

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Directions: Copy the ratings for each competency the parents provided on the Session Evaluation Form for each program session listed below. Also copy the ratings for each competency the facilitators provided on the Family Nurturing Plan-Group Assessment. The competencies are present on the title page of each Group Based session. Calculate average session competency scores provided by the parent and facilitator by totaling the circled numbers and dividing by the number of competencies. Some sessions may only have four competencies. Place the average score for the parents and the average score for the facilitators in the far right column provided next to P and F. Review the average scores of the parents and facilitators as well as the individual competency scores to decide what actions need to be taken. Discrepancies may need to be resolved in an extra tutorial office visit or home visit. If the parent's ratings and the facilitator's ratings are acceptable, move on to the next lesson.

Session	Attendance			Competency	Competency	Competency	Competency 4	Competency	Average
	Yes	No		1	2	3		5	
1 Welcome, Assessment, and Nurturing			Parent's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	P _____
			Facilitator's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	F _____
2 Changes in Me and You; Body Image			Parent's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	P _____
			Facilitator's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	F _____
3 Health and Nutrition			Parent's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	P _____
			Facilitator's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	F _____
4 Fetal Development			Parent's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	P _____
			Facilitator's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	F _____
5 Empathy and Nurturing Self			Parent's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	P _____
			Facilitator's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	F _____
6 Partners in Pregnancy			Parent's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	P _____
			Facilitator's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	F _____
7 The Importance of Touch and Why Parents Spank Their Children			Parent's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	P _____
			Facilitator's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	F _____
8 Understanding and Handling Stress			Parent's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	P _____
			Facilitator's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	F _____
9 Assessing My Parenting Strengths; Program Closure			Parent's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	P _____
			Facilitator's Ratings	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	0 1 2 3	F _____