

Jennifer Moss, MA, MFT

Is a Nationally Recognized Trainer/ Consultant for the Nurturing Parenting Programs and a Master Trainer for Nurturing Fathers Program- as well as the primary Specialty Trainer for the Nurturing Programs, including AAPI/NSCS Assessment Trainings, and Parents & Children with Special Needs and Health Challenges!

She has facilitated both (in-home and group) Parent and Children's programming, pre-natal through adolescent and has piloted most of the specialty programs: Parents and Adolescents, Families in Substance Abuse & Recovery, Nurturing Fathers and Marriage & Parenting programs.

Educational Background:

- MA, Marriage & Family Therapy
Argosy University, Hawaii
- B.A., VT College of Norwich University
- Time to Teach, Educational Consultant

Jennifer has been working with couples, single parents and their children for over twenty years!

She has two school aged children in which she shares many humorous and vivid experiences of many years of single parenting.

Testimonials

"So much fun and so much information, I felt like I was going to burst...in a good way!"

"Jen is one of the best hands on trainers I have ever experienced"

"I felt really nurtured, Jennifer is so authentic, and her stories make you realize she not only knows this stuff, she has lived it!"

Jennifer Moss
12356 NE Brazee St
Portland OR 97230

Nurturing Parenting Program® Nurturing Parenting COMBO Facilitator Training

+

Adolescent Specific/All About Being a Teen Facilitator Program Training

With

Jennifer Moss, MA, MFT

National Trainer/Consultant

Nurturing Fathers Program Master Trainer

Nurturing Parenting Programs

DATES: October 14-18 2019
9am- 5pm each day

COMBO TRAINING- 2 National Certificates

COST: \$325 for Oct 14-16 (CORE Only)
\$350 for Oct 16-18 (*Adolescent ONLY)
\$400 for all 5 days **** Best Deal

Sponsored by: Linn-Benton Community College @
6500 Pacific Blvd. SW, Albany Oregon 97321
Mobile 808-281-1494



**Learn the philosophy and goals of Nurturing
Parenting and how to implement & facilitate
the group and home-based programs.**

The Nurturing Parenting Programs® are recognized by the National Registry of Effective Programs and Practices (NREPP), the Substance Abuse-Mental Health Services Administration (SAMHSA) and the Office of Juvenile Justice and Delinquency Prevention (OJJDP).

This 3-day Facilitator training...will focus on incorporating the philosophy, skills and strategies of nurturing parenting. Participants will learn how to design home-based and group-based parenting programs utilizing the proven lessons of the Nurturing Parenting Programs. A hands-on approach that includes facilitating weekly sessions and explains how to use program materials with diverse and multi-cultural populations. The program utilizes assessment tools, children's and parents' program activities, family home practice assignments, icebreakers, personal growth lessons, communication dialogue, activities for personal power, positive discipline techniques, building self-esteem, emotional regulation, stress management, self-concept and explores empathy in parents and children. Participants will learn how to use the online version of the NSCS and *Adult-Adolescent Parenting Inventory(AAPI-2)* to gather pre/post program outcome data.

The Nurturing Parenting Programs®

The Nurturing Parenting Programs are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect that address the specific needs of different populations:

- Prenatal Program
- Parents and Their Infants, Toddlers, and Preschoolers
- Parents and Their School-Age Children
- Parents and Adolescents
- Teen Parents and Their Families
- Families in Substance Abuse Treatment & Recovery
- ABC's Program for Parents and Kindergarteners
- Crianza con Cariño Birth to Five Years
- Crianza con Cariño 4-12 Years
- Parents and Their Children with Health Challenges
- African-American Nurturing Program Supplement
- Hmong Parents and Adolescents
- Nurturing Parenting Program for Christian Families
- [Family Nurturing Camp](#)
- [Nurturing Skills for Parents](#)
- [Nurturing Skills for Teen Parents](#)
- [Nurturing America's Military Families](#)

Adult-Adolescent Parenting Inventory (AAPI-2)

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting the AAPI provides scores that profile parents at risk for abusing and neglecting children. For more info, visit www.assessingparenting.com

The Parents & Adolescents Program

An evidence-based, 12-week parenting series designed to teach parenting and nurturing skills to parents and enhance communication with their teenagers. Each 3-hour class provides proven, effective skills for healthy family relationships and adolescent development.

ALL ABOUT BEING A TEEN- School based Program

A stand-alone program with 99 individual lessons designed to work with teens exploring identity, adolescent developmental issues and enhancing self-awareness via one on one or group format.

Core Nurturing Program:

- Communication
- Nurturing
- Culture/Spirituality
- Attachment & Bonding
- Brain Development
- Expressing Feelings/ Self-Care
- Personal Power & Self- Esteem
- Managing Stress and Anger
- Positive Discipline
- Making Healthy Choices
- Nurturing Routines

Samples from Adolescent Programming:

- Communication Surveys/Confrontation and Reflective Listening Practice
- Sex, Sexuality, Love & Dating
- My Ideal Family vs. My Family
- Values & Beliefs & Family Beliefs
- Body Image, Depression, Self-Harm
- Cyber Bullying/Cyber World & Texting
- Adolescent Developmental Stages/Brain Tendencies
- Parenting Assessments & Treatment Planning & Introducing the New PARTI Assessment!

Registration Form

Nurturing Parenting Program Facilitator
Workshop·

**October 14-16 AND/OR October 16-18
Newberg OR**

MAIL THIS FORM, along with your registration fee payable to:

Jennifer Moss

12356 NE Brazee St
Portland OR 97230

Mobile: 808-281-1494

Email: jennifermossmft@gmail.com

Registration Deadline: October 4th
Call for availability after deadline.

Multiple registrations: Fill out one registration for each participant.

Name:

Agency:

Address:

City, State Zip:

Phone :

Email:

- *Confirmation will be sent via email.*
- *Inquire if site is handicap assessable.*
- *No refunds for cancelations.*
- *All Paid fees are transferable for a future NPP training or staff member.*

\$325/350/400 per registration depending on 3-day options or 5-day option.

Checks Payable to: Jennifer Moss, MFT

**Email if paying by credit card via Paypal.*