

Table of Contents

Section 1: The Foundation of the Nurturing Parenting Programs.....	1
Chapter 1.1 Nurturing: A Family-based Program and a Way of Life.....	2
Chapter 1.2 The Five Core Values and Philosophy	5
Chapter 1.3 The Five Constructs: Pillars of the Nurturing Program.....	9
Chapter 1.4 The Formats: How Nurturing Programs are Organized	15
Chapter 1.5 Validation and Evaluation	22
Section 2: Planning: Before Your Program Begins	26
Chapter 2.1 Planning for Success: Decisions, Logistics and Timelines.....	27
Chapter 2.2 Choosing and Using the Appropriate Format.....	33
Chapter 2.3 Staffing: Requirements, Recruitment, Selection & Training.....	39
Chapter 2.4 Selecting a Site for Group Programs	55
Chapter 2.5 Planning for Equipment and Supplies	57
Chapter 2.6 Planning the Budget	62
Chapter 2.7 Getting the Necessary Resources.....	69
Section 3: Recruiting Staff and Families	75
Chapter 3.1 Volunteer Facilitator Recruitment	76
Chapter 3.2 Screening Facilitators	79
Chapter 3.3 Designing & Delivering Facilitator Training (and other workshops)	91
Chapter 3.4 Outreach: Generating Interest Among Families & Referral Sources.....	102
Section 4: Program Implementation.....	108
Chapter 4.1 How to Prepare Yourself	109
Chapter 4.2 Enrollment: Making the Match and Making the Commitment.....	112
Chapter 4.3 Retention: Helping Families Stick With It.....	137
Chapter 4.4 Team Work: Helping Your Team Stick With It	148
Section 5: Outcomes	154
Chapter 5.1 Evaluation: Looking at Your Outcomes	155
Section 6: Working with Families in Group and Home Settings.....	160
Chapter 6.1 Working with Infants, Toddlers & Preschoolers	161
Chapter 6.2 Working with School-Age Children	167
Chapter 6.3 Working with Adolescents.....	179
Chapter 6.4 Working with Adults	196
Chapter 6.5 Working with Parents & Children in Groups.....	207
Chapter 6.6 Working with Parents & Children in Their Homes	226
Section 7: Working with Varied Populations	232
Chapter 7.1 Customizing the Program with Integrity	233
Chapter 7.2 Cultural Adaptations of Nurturing Programs	240
Chapter 7.3 NP for Families in Substance Abuse Treatment & Recovery.....	246
Chapter 7.4 Enhancing Nurturing Skills in African American Families	251
Chapter 7.5 Crianza con Carino	257