

Family Nurturing Plan – Individual Assessment for Program Facilitators of the 16 Session Group-Based Program with 7 Home Visits

Stephen J. Bavolek, Ph.D.

Each family that participates in the Nurturing Parenting Program needs to have a Family Nurturing Plan - Individual Assessment that is used to monitor the progress parents are making in learning program competencies. The FNP-IA is a working document. It presents the parent's ratings (taken from the session evaluation form) on how well they feel they learned each lesson competency. It also presents the Facilitator's ratings (taken from the Family Nurturing Plan-Group Assessment) on how well the Facilitators feel the parents learned the lesson competencies. For directions on how to use the FNP-IA, go to page nine in the 16 session Group Based Facilitators Instructional Manual. Complete the following information for each family/parent attending the program.

PLEASE PRINT

Parent Educator's Name

Agency Location – City and State

Beginning Date: _____

Completion Date: _____

PARENTS:

Mother's Name

Address: _____

Phone (Home): _____ (Work): _____

(Cell): _____

Is Mother present in the home? Yes _____ No _____

Father's Name

Address: _____

Phone (Home): _____ (Work): _____

(Cell): _____

Is Father present in the home? Yes _____ No _____

CHILDREN:

| Child's Name | Child's Age | Mother or Father's Name (if different from above) |
|--------------|-------------|---|
| 1. _____ | _____ | _____ |
| 2. _____ | _____ | _____ |
| 3. _____ | _____ | _____ |
| 4. _____ | _____ | _____ |
| 5. _____ | _____ | _____ |

Family Nurturing Plan Individual Assessment

for Program Facilitators of the 16 Session Group-Based Program with 7 Home Vists

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Directions: Copy the ratings for each competency the parents provided on the Session Evaluation Form for each program session listed below. Also copy the ratings for each competency the facilitators provided on the Family Nurturing Plan-Group Assessment. The competencies are present on the title page of each Group Based session. Calculate average session competency scores provided by the parent and facilitator by totaling the circled numbers and dividing by the number of competencies. Some sessions may only have four competencies. Place the average score for the parents and the average score for the facilitators in the far right column provided next to P and F. Review the average scores of the parents and facilitators as well as the individual competency scores to decide what actions need to be taken. Discrepancies may need to be resolved in an extra tutorial office visit or home visit. If the parent's ratings and the facilitator's ratings are acceptable, move on to the next lesson.

| Session | Attendance | | | Competency | Competency | Competency | Competency 4 | Competency | Average | | | | | | | | |
|--|------------|----|------------------|-----------------------|------------|------------|--------------|------------|---------|---|---|---|-------|-------|---|---|-------|
| | Yes | No | | 1 | 2 | 3 | | 5 | | | | | | | | | |
| 1: Introductions, Hopes and Fears, Program Description, Nurturing as a Lifestyle | | | Parent's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | P | _____ | | | | |
| | | | | Facilitator's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | F | _____ | | | |
| 2: Nurturing Parenting; Children's Brain Development | | | Parent's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | P | _____ |
| | | | | Facilitator's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | F |
| 3: Building Parent-Child Bonding and Attachment; Developing Empathy in Children | | | Parent's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | P | _____ |
| | | | | Facilitator's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | F |
| 4: Expectations and Development of Children: Infant, Toddler and Preschoolers | | | Parent's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | P | _____ |
| | | | | Facilitator's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | F |
| 5: Meeting Our Needs and the Needs of Our Children; Developing Personal Power in Children and Adults | | | Parent's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | P | _____ |
| | | | | Facilitator's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | F |
| 6: Improving Children's Self-Worth; Praising Children and Their Behavior | | | Parent's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | P | _____ |
| | | | | Facilitator's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | F |
| 7: Understanding Discipline; Red, White & Bruises; Why Parents Spank Their Children | | | Parent's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | P | _____ |
| | | | | Facilitator's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | F |
| 8: Developing Family Morals and Values; Developing Family Rules | | | Parent's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | P | _____ |
| | | | | Facilitator's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | F |
| 9: Rewarding Children and Their Behavior; Punishing Children's Behavior | | | Parent's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | P | _____ |
| | | | | Facilitator's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | F |
| 10: Recognizing and Handling Feelings; Helping Your Children Handle Their Feelings | | | Parent's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | P | _____ |
| | | | | Facilitator's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | F |
| 11: Establishing a Nurturing Bath Time Routine; Establishing a Nurturing Bed Time Routine | | | Parent's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | P | _____ |
| | | | | Facilitator's Ratings | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 | F |

| | | | | | | | | | |
|---|--|--|---|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| 12: Possessive and Violent Relationships; Keeping Our Children Safe | | | Parent's Ratings Facilitator's Ratings | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | P _____ F _____ |
| 13: Understanding and Handling Stress; Helping Children Manage Their Behavior | | | Parent's Ratings Facilitator's Ratings | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | P _____ F _____ |
| 14 Managing Anger; Alternatives to Spanking | | | Parent's Ratings Facilitator's Ratings | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | P _____ F _____ |
| 15: Families and Alcohol; Keeping Kids Drug Free; Smoking and My Child's Health | | | Parent's Ratings Facilitator's Ratings | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | P _____ F _____ |
| 16: Hopes and Fears, Certificates and Closing | | | Parent's Ratings Facilitator's Ratings | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | 0 1 2 3 0 1 2 3 | P _____ F _____ |