

Family Nurturing Plan – Individual Assessment
for Program Facilitators of the **27 Session Group-Based Program**

Stephen J. Bavolek, Ph.D.

Each family that participates in the Nurturing Parenting Program needs to have a Family Nurturing Plan - Individual Assessment that is used to monitor the progress parents are making in learning program competencies. The FNP-IA is a working document. It presents the parent's ratings (taken from the session evaluation form) on how well they feel they learned each lesson competency. It also presents the Facilitator's ratings (taken from the Family Nurturing Plan-Group Assessment) on how well the Facilitators feel the parents learned the lesson competencies. For directions on how to use the FNP-IA, go to page nine in the 27 session Group Based Facilitators Instructional Manual. Complete the following information for each family/parent attending the program.

PLEASE PRINT

Parent Educator's Name

Agency Location – City and State

Beginning Date: _____

Completion Date: _____

PARENTS:

Mother's Name

Address: _____

Phone (Home): _____ (Work): _____

(Cell): _____

Is Mother present in the home? Yes _____ No _____

Father's Name

Address: _____

Phone (Home): _____ (Work): _____

(Cell): _____

Is Father present in the home? Yes _____ No _____

CHILDREN:

Child's Name	Child's Age	Mother or Father's Name (if different from above)
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____

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Directions: Copy the ratings for each competency the parents provided on the Session Evaluation Form for each program session listed below. Also copy the ratings for each competency the facilitators provided on the Family Nurturing Plan-Group Assessment. The competencies are present on the title page of each Group Based session. Calculate average session competency scores provided by the parent and facilitator by totaling the circled numbers and dividing by the number of competencies. Some sessions may only have four competencies. Place the average score for the parents and the average score for the facilitators in the far right column provided next to P and F. Review the average scores of the parents and facilitators as well as the individual competency scores to decide what actions need to be taken. Discrepancies may need to be resolved in an extra tutorial office visit or home visit. If the parent's ratings and the facilitator's ratings are acceptable, move on to the next lesson.

Session	Attendance			Competency 1				Competency 2				Competency 3				Competency 4				Competency 5				Average
	Yes	No		0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	
1: Introductions, Hopes and Fears, Program Description, Assessment			Parent's Ratings Facilitator's Ratings	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	P _____ F _____
2: Nurturing Parenting; Children's Brain Development			Parent's Ratings Facilitator's Ratings	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	P _____ F _____
3: Nurturing as a Lifestyle; Building Parent-Child Bonding and Attachment			Parent's Ratings Facilitator's Ratings	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	P _____ F _____
4: Ages & Stages: Expectations and Development of Children; Infant and Toddler Development			Parent's Ratings Facilitator's Ratings	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	P _____ F _____
5: Ages & Stages: Preschooler and Toddler Development			Parent's Ratings Facilitator's Ratings	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	P _____ F _____
6: "Skills Strips" Developmental Review; The Male and Female Brain			Parent's Ratings Facilitator's Ratings	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	P _____ F _____
7: Developing Empathy in Children; Meeting Our Needs and the Needs of Our Children			Parent's Ratings Facilitator's Ratings	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	P _____ F _____
8: Recognizing and Understanding Feelings; Helping Your Children Handle Their Feelings			Parent's Ratings Facilitator's Ratings	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	P _____ F _____
9: Spoiling Your Children; Praising Children and Their Behavior			Parent's Ratings Facilitator's Ratings	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	P _____ F _____
10: Improving Children's Self-Worth; Developing Personal Power in Children and Adults			Parent's Ratings Facilitator's Ratings	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	P _____ F _____
11: Understanding Discipline; Red, White & Bruises: Why Parents Spank Their Children			Parent's Ratings Facilitator's Ratings	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	0	1	2	3	P _____ F _____

12: Developing Family Morals and Values; Developing Family Rules			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
13: Rewarding Children and Their Behavior; Punishing Children's Behavior			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
14: Infant and Child Massage			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
15: Time Out; Body Map			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
16: Child Proofing Your Home; Verbal and Physical Redirection			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
17: Establishing Nurturing Parenting Routines; Keeping Our Children Safe			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
18: Establishing a Nurturing Diapering and Dressing Routine; Nurturing Feeding Time Routine			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
19: Establishing a Nurturing Bath Time Routine; Establishing a Nurturing Bed Time Routine			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
20: Our Bodies and Sex; Personal Space and saying "NO;" Love, Sex, STDs and AIDS			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
21: Understanding and Handling Stress; Helping Children Manage Their Behavior			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
22: Managing Anger; Alternatives to Spanking			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
23: Possessive and Violent Relationships; People, Possessions and Positive Self-Talk			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
24: Families and Alcohol; Keeping Kids Drug Free; Smoking and My Child's Health			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
25: Criticism and Confrontation; Problem Solving, Decision Making, Negotiation and Compromise			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
26: Ignoring; Toilet Training			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____
27: Assessment; Certificates and Closing			Parent's Ratings Facilitator's Ratings	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	0 1 2 3 0 1 2 3	P _____ F _____