

## Jennifer Moss, MA, MFT

Jennifer has been a Nationally Recognized Trainer/Consultant for the *Nurturing Parenting Programs*® and *Nurturing Fathers Programs* for over 17 years. She trains and consults in all of the core programs as well as the majority of those developed specifically for special populations.

She has facilitated both parent and children in the 0-5, 4-12, and Teen Nurturing Parenting Programs in both group and home base settings. In addition, she also piloted the following programs in Hawaii: Families in Substance Abuse & Recovery, Nurturing Fathers and Marriage & Parenting Programs!

### Educational Background:

- MA, Marriage & Family Therapy Argosy University, Hawaii
- B.A., VT College of Norwich University
- Time to Teach, Educational Consultant

Jennifer has been working with couples and their children for over fifteen years, predominantly on the Hawaiian Islands and now, all over the Pacific Northwest.

She has two school aged children in which she shares many humorous and vivid experiences of many years of single parenting.

### Testimonials

*“So much fun and so much information, I felt like I was going to burst...in a good way!”*

*“Jen is one of the best hands on trainers I have ever experienced “*

*“I felt really nurtured, Jennifer is so authentic, and her stories make you realize she not only knows this stuff, she has lived it!”*

The Nurturing Parenting Programs® are recognized by the National Registry of Effective Programs and Practices (NREPP), the Substance Abuse-Mental Health Services Administration (SAMHSA) and the Office of Juvenile Justice and Delinquency Prevention (OJJDP).

Jennifer Moss  
12356 NE Brazee St  
Portland OR 97230

## Nurturing Parenting Program®

### Substance Abuse Treatment & Recovery Program Specific

with

### Jennifer Moss, MA, MFT

National Trainer/Consultant for the  
Nurturing Parenting Programs®  
Nurturing Fathers Program Master Trainer

**DATES:** June 1-3, 2022

**TIMES:** 9:00 am – 4:30 pm (Central Time)

**COST:** \$375 per person

**LOCATION:** [THIS TRAINING IS ONLINE](#)

**TO REGISTER:** Contact Jen Moss

Phone: 808-281-1494

E-Mail: [jmossmft@gmail.com](mailto:jmossmft@gmail.com)



Learn the philosophy and goals of Nurturing Parenting and how to implement and facilitate the group and home-based programs.

### **The 3 day Training ...**

... will focus on incorporating the philosophy, skills and strategies of nurturing parenting. Participants will learn how to design home-based and group-based parenting programs utilizing the proven lessons of the Nurturing Parenting Programs. A hands-on approach to conducting home and group-based Nurturing Programs that includes facilitating weekly sessions and explains how to use program materials with diverse and multi-cultural populations. The training program utilizes assessment tools, children's and parents' program activities, family home practice assignments, icebreakers, personal growth lessons, communication dialogue, activities for personal power, positive discipline techniques, building self-esteem, emotional regulation, stress management, self-concept and explores empathy in parents and children. Participants will learn how to use the online version of the *Adult-Adolescent Parenting Inventory (AAPI-2)* to gather pre and post program outcome data.

### **The Families in Recovery Program (SUD)**

An evidenced-based, 17-week training course designed to teach parenting and nurturing skills to families in Recovery. Each 1 ½ hour class provides proven, effective skills for healthy family relationships and child development, geared towards adults in all stages of recovery. *NFP and Families in Recovery have been successfully implemented in Schools, Head Start, Churches, State DSS, Prisons, Halfway Houses, Prevent Child Abuse, Parenting and Counseling Centers, Military, Community Action Agencies and many others. Available in Spanish.*

### **Adult-Adolescent Parenting Inventory (AAPI-2)**

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting the AAPI provides scores that profile parents at risk for abusing and neglecting children. For more info, visit [www.AssessingParenting.com](http://www.AssessingParenting.com).

### **The Nurturing Parenting Programs®**

The Nurturing Parenting Programs are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect that address the specific needs of different populations:

- Prenatal Program
- Parents and Their Infants, Toddlers, and Preschoolers
- Parents and Their School-Age Children
- Parents and Adolescents
- Teen Parents and Their Families
- Families in Substance Abuse Treatment & Recovery
- ABC's Program for Parents and Kindergarteners
- Crianza con Cariño Birth to Five Years
- Crianza con Cariño 4-12 Years
- Parents and Their Children with Special Needs and Health Challenges
- African-American Nurturing Program Supplement
- Hmong Parents and Adolescents
- Nurturing Parenting Program for Christian Families
- Family Nurturing Camp
- Nurturing Skills for Parents
- Nurturing Skills for Teen Parents
- Nurturing America's Military Families

### **A Sample of TOPICS from the NP Programs:**

- Communication
- Nurturing
- Culture/Spirituality
- Making Healthy Choices
- Expressing Feelings/ Self-Care, Calming
- Managing Stress and Anger
- Topic of Trust/ Life Cycles of Development
- How substance abuse affects families/How Recovery affects families
- Self-Esteem: Building blocks of self-esteem
- How Babies do it.
- Topic of Touch/ Boundaries
- Nurturing Schedules & Routines
- Safety & Protecting Children.
- Values
- Topic of Guiding Behavior/Positive Discipline
- Topic of Grief, Loss & Love
- Having Fun Again!

## **REGISTRATION FORM Nurturing Parenting Program® FACILITATOR WORKSHOP**

**DATES: June 1-3, 2022**

**TIMES: 9:00 am – 4:30 pm (Central Time)**

**COST: \$375 per person**

**LOCATION: THIS TRAINING IS ONLINE**

**Registration Deadline: May 18.**

**Call or email to inquire after deadline.**

**\* Fill out one registration per participant.**

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Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City, State Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email Address (Required)

**MAIL THIS FORM**, along with your payment to:

**Jennifer Moss**

12356 NE Brazee St

Portland OR 97230

Mobile: 808-281-1494

Email: [jennifermossmt@gmail.com](mailto:jennifermossmt@gmail.com)

**Make check payable to Jennifer Moss, MFT. Email to pay by credit card via PayPal or Square.**

- Confirmation will be sent via email.
- Inquire if site is handicap assessable.
- No refunds for cancelations.
- Registrations are transferable to a different staff member.