

# Facilitator Training

## Three Day In Person Facilitator Training With

**Dr. James S. McIntyre, Sr.**  
**Nurturing Parenting® Programs National Trainer**  
**Consultant #199**

Dr. James S. McIntyre, Sr. has a Doctoral Degree in Theology with concentration in Marriage and Family Counseling. He is a National Trainer / Consultant for the Nurturing Parenting Programs and the Executive Director of Cornerstone Families Understanding Nurturing / Cornerstone Parent Support Group Programs since 2008.

These two programs provide nurturing parenting skills and supports to families in need. He has been a trainer of trainers since 2012. Dr. McIntyre studies of concentration and certifications is in marriage and family counseling, helping people in crisis, and stress management. He is a passionate advocate for children and families in his community.

Dr. McIntyre's facilitative style of training incorporates knowledge of content providing energetic and inviting interactions between participants.

**The Nurturing Parenting® Programs are evidence-based programs with over 30 years of field research and is recognized by:** The National Registry of Effective Programs and Practices (NREPP); The Substance Abuse-Mental Health Services Administration (SAMHSA); The Office of Juvenile Justice and Delinquency Prevention (OJJDP)

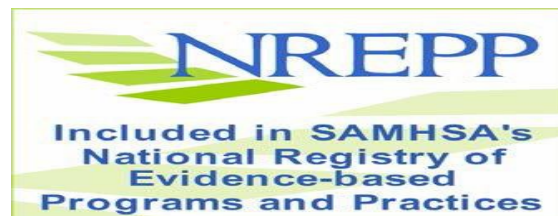
For more information on upcoming Workshops in the Nurturing Parenting® Programs visit our website at [www.ccbps.org](http://www.ccbps.org). Click on FUN Programs.

The Nurturing Parenting® Programs are proven, evidence –based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.

### **(3) days In Person Participants will learn:**

- The philosophy of Nurturing Parenting® Programs
- Skills to facilitate home & group based programs
- The five parenting constructs of abuse/ neglect
- The impact on maltreatment on brain development
- How to assess high risk parenting beliefs
- To tailor make programs based on family's needs
- To gather process evaluation data
- To Evaluate pre-post program impact
- To implement home, group program models

The Nurturing Parenting® Programs meet and exceed the Six Protective Factors identified by the U.S. Government for the Prevention and treatment of Child Abuse and Neglect.



# Nurturing Parenting® Programs



## Nurturing Parenting® Programs

**Three (3) Day In Person**

**Facilitator Training**

**May 5th-7th, 2025**

**{Monday-Wednesday}**

*Conducted at:*  
*Cornerstone Families Understanding*  
*Nurturing Site*

*1918 West 5th Street*

*Washington, North Carolina 27889*

*252-946-6109*

**Cost: \$450.00 Per Registration**  
*Includes: All Class Materials*

## Workshop Description

**Times:** 9am-Noon Training Session  
(Lunch on Your Own)  
1pm– 3:30pm Training Session

This Training will focus on incorporating the philosophy, skills and strategies of nurturing parenting®. Participants will learn how to design home—based and group—based parenting programs utilizing the proven lessons of the Nurturing Parenting Programs.

A hands on approach to conducting home and group based Nurturing Programs that includes facilitating weekly sessions, how to use program materials, videos and assessment tools, children's and parents' program activities, family home practice assignments, icebreakers, personal growth lessons, activities for personal power, alternatives to corporal punishment, building self-esteem, self-concept and empathy in parents and children.

Participants will learn how to use the online version of the Adult-Adolescent Parenting Inventory (AAPI—2) to gather pre and post program outcome data.

## Adult-Adolescent Parenting Inventory (AAPI-2.5)

The AAPI-2.5 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, the AAPI provides scores that profile parents at risk for abusing and neglecting children.

## Nurturing Skills Competency Scale (NSCS)

The NSCS is a comprehensive criteria referenced measure designed to gather demographic data of the family, as well as knowledge and utilization of Nurturing Parenting® practices. The data generated from the pre/post administration allows parents and staff an opportunity to measure changes in family life, knowledge and utilization of nurturing parenting practices.

\*For more information on **AAPI-2.5** and **NSCS**,  
Visit [www.assessingparenting.com](http://www.assessingparenting.com)

## Registration Form

### Nurturing Parenting® Program Facilitator 3 Day In Person Training

**May 5th –7th, 2025**

Training Fee \$450.00 Mail to:

**Cornerstone Families Understanding  
Nurturing Parenting® Programs**

**Post Office Box 444**

**Washington, North Carolina 27889**

**Pay by credit/debit card by calling**

**Phone: 252-946-6109**

**Email: [cfwcfunprograms@gmail.com](mailto:cfwcfunprograms@gmail.com)**

**Registration Deadline: April 28, 2025**

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Name of Participant

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Participant Cell Phone Number

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Agency

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Agency Phone Number

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Participant Address

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City, State, Zip Code

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Participant email

- **A confirmation email will be sent upon receipt of registration and payment for training.**
- **NO refunds for registration if canceled after May 1st, 2025.**

## Philosophy of Nurturing Parenting® Programs

The philosophy of Nurturing Parenting® Programs emphasizes the importance of raising children in a warm, trusting and caring household. It is founded on the belief that children who are cared for develop the capacity to trust, care for, and respect themselves, other people and living creatures, and the environment. The philosophy is founded on seven principles:

**1.) Feelings of Attachment.** Attachment means a bond between parents and their children that conveys a deep love that is unconditional. When children feel loved unconditionally, communication, trust and respect naturally follow.

**2.) Empathy.** Empathy is the ability of parents to put themselves in the place of their children in an attempt to feel, think and understand what their children are feeling, thinking and understanding, and responding to them in a loving and respectful way.

**3.) Nurturing Oneself.** Taking time in getting one's own needs met. As an adult, from the foundation of understanding and helping children get their needs met. Nurturing parents take care of themselves as well as their children.

**4.) Gentle Touch.** Research has shown that children who experience warm and gentle touch in the form of hugs, pats, and massages develop and maintain healthy relationships throughout their life, as well as a healthy and positive sense of their self.

**5.) Discipline.** Setting limits through family rules, teaching right from wrong through family morals and teaching respect and worth through family values are all a part of a nurturing family. Discipline cannot be imposed, beaten into or forced on children but rather develops best by the children modeling their parents whose examples they admire.

**6.) Expressing Feelings.** Helping children and adults learn appropriated ways to manage and express their feelings is a fundamental characteristic of a nurturing family.

**7.) Expectations and Self-Worth.** Knowing what to expect of children as they develop plays a significant role in their self-worth. When parents have appropriate expectations, children learn that they are competent people, capable of pleasing others important in their lives.