

**THE NURTURING PARENTING® PROGRAMS  
PARENTING THE NURTURING WAY**

**PRIMARY**

**Prevention Education**

Prenatal Families  
ABC's for Parents & Their Children 5 to 8 Parents  
& Their Children with Special Needs & Health  
Challenges  
Community Based Education (CBE) in Nurturing  
Parenting CBE for Military Families  
CBE-Alcohol & Kids Don't Mix  
CBE-Alcohol, Anger & Abuse  
CBE-Teen Pregnancy Prevention  
Developing Nurturing Skills (DNS): School-Based  
Program

**SECONDARY**

**Prevention Intervention**

Nurturing Skills™ for Families  
Nurturing Skills™ for Teen Parents  
Nurturing America's Military Families  
Nurturing Father's Nurturing God's Way  
Family Nurturing Camp

**TERTIARY**

**Prevention-Treatment**

Parents & Their Infants, Toddlers & Preschoolers  
Parents & Their School-Age children 5-11 Years  
Young Parents & Their Families  
Parents & Adolescents  
Families in Substance abuse treatment &  
Recovery  
It's All About Being a Teen

**Comprehensive**

Teen Parents & Their Children  
Parents & Their Infants, Toddlers & Preschoolers  
Spanish Speaking Parents & Their Children  
Birth to 12 Years  
Spanish Speaking Parents & Their Children 4 to  
12 Years

**Registration Form  
Nurturing Parenting® Program  
Facilitator's Training**

MAIL THIS FORM, along with your registration  
fee payable to:

MPNN CSB Prevention, Health & Wellness  
PO Box 452, Hayes, VA 23072  
When: August 29 thru 31, 2022  
Where: 3786 George Washington Mem. Hwy.  
Hayes, VA 23072  
Time: 9am-4pm  
Registration Deadline: 8/3/2022  
Name of Participants: (Multiple registrations: Fill  
out one registration for each participant)

\_\_\_\_\_  
Name

\_\_\_\_\_  
Agency

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, Zip Code

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email \*\*Confirmation will be sent via email.

**Enclosed Method of Payment:**

\_\_\_ Check \_\_\_ Money Order



**Nurturing Parenting® Program  
3-Day Facilitator Training**

*With  
Cheryl Matteo-Kerney, M.Ed., I.C.P.S.  
Nationally Recognized Trainer & Consultant  
The Nurturing Parenting® Program*



When: August 29, 30, 31, 2022

Cost: \$350 (includes materials & snacks)

Sponsored by:

**Prevention, Health & Wellness Division**

of the

Middle Peninsula-Northern Neck

Community Services Board

PO Box 452, Hayes, VA 23072

Ph. 804-642-5402

prevent@mpnn.state.va.us

www.chvc.online



## THE NURTURING PARENTING® PROGRAMS

The Nurturing Parenting® Programs are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect. The Nurturing Parenting® Programs are recognized by the National Registry of Effective Programs and Practices (NREPP), the Substance Abuse-Mental Health Services Administration (SAMHSA) and the Office of Juvenile Justice & Dependency Prevention (OJJDP).

### Adult-Adolescent Parenting Inventory (AAPI-2)

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, the AAPI provides scores that profile parents at risk for abusing and neglecting children. (visit [aapionline.com](http://aapionline.com) for more info).

### Workshop Description

Participants will learn:

- The Nurturing Parenting® Program philosophy, values, structure, and validation.
- How the 5 Constructs are taught and understood in the Program, through activities relating to child development & expectations, attachment, personal power, empathy, discipline & alternatives to corporal punishment, expressing feelings and gentle touch, nurturing oneself, self-awareness (incl. parent-child roles), and building self-esteem in parents & children.
- How to implement group and home based Nurturing Parenting Programs® that includes practice sessions, use of program materials, videos, assessment tools, children's and parents' programs activities, family home practice assignments, icebreakers.
- Application of the Adult-Adolescent Parenting Inventory (AAPI-2) & Nurturing Skills™ Competency Scale (NSCS) where applicable in certain programs.



Below are listed some of the more 16 Nurturing Parenting Programs®:

- Prenatal Program
- Nurturing Skills for Teens Parents
- Parents & Their Infants, Toddlers, and Preschoolers
- Parents & Their Children 5-11 years
- Parents and Adolescents
- Teen Parents & Their Families
- ABC's of Parenting
- Families in Substance Abuse Treatment & Recovery
- Nurturing Skills™ for Families
- Community Based Education in Nurturing Parenting
- Crianza con Carino Birth to Five Years
- Crianza con Carino 4-12 Years
- Nurturing America's Military Families
- African-American Supplemental Lesson Guide

The foundation of the Nurturing Parenting® Programs is that **parenting is learned**.

**The family is a system.** Involvement of all family members is essential to change the system. Parents and children in the Programs participate together in group or home-based interventions.

Empathy is the single most desirable quality in nurturing parenting. Empathy is the ability to be aware of the needs of others and to value those needs. When empathy is high among family members, abuse is low. The Programs seek to develop empathy in all family members.

**Parenting exists on a continuum.** To some degree, all families, experience healthy and unhealthy interactions. Building positive, healthy interactions between family members is an important key to reducing family violence.

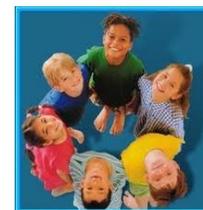
**Learning is both cognitive and affective.** To be effective, education or intervention must engage the learner on both the cognitive (knowledge) level and the affective (feeling) level.

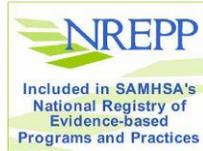
**Children who feel good about themselves are more likely to become nurturing parents.** A major goal of the Programs is to help both parents and children increase their self-esteem and develop positive self-concepts.

Given a choice, all families would rather engage in happy, healthy interactions.

### General Information:

**Workshop Fee:** \$300.00 per person (Includes materials and snacks).





## ***NURTURING PARENTING® PROGRAMS***

# **3-Day Facilitator Training**

**August 29-31, 2022**

***At MPNN CSB Prevention, Health & Wellness Division  
3786 George Washington Memorial Highway, Hayes, VA 23072***

***Time: 9am-4pm***

**Sponsored by the MPNN CSB Prevention, Health & Wellness Division with  
Cheryl Matteo-Kerney, M.Ed., I.C.P.S.  
*Nationally Recognized NPP Trainer/Consultant***

**Cost: \$350.00**

***This training is approved for 18 CE Training Hours by the Virginia Certification Board (VCB)***

**Online Registrations:**

<https://3-daynpp2022.eventbrite.com>

**Or visit us at [www.chvc.online](http://www.chvc.online)**

***Registration Deadline: Wednesday, August 3, 2022***

To accommodate questions, learning objectives, experiences in facilitation, and other Curriculum activities, **training is limited to the first PAID 12 registrants.**