

## Jennifer Moss, MA, MFT

Has been a Nationally Recognized Trainer/Consultant for the Nurturing Parenting Programs for over 15 years and is the primary Specialty Trainer for all of the Nurturing Programs.

**Justin Gonsalves-** Has taught the Nurturing Fathers Program and various other Nurturing Programs to clients in Substance Use, Treatment and Recovery field as well as being in recovery himself. Justin shares his experiences of parenting in not so perfect situations and supports men in their process, wherever they are at.

### Educational Background:

- *MA, Marriage & Family Therapy  
Argosy University, Hawaii*
- *Time to Teach, Educational Consultant*

Jennifer has been working with couples and their children for over ten years, predominantly on the Hawaiian Islands. She now trains all over the Pacific Northwest as well as the rest of the country.

She has two teenage children in which she shares many humorous and vivid experiences of many years of single parenting.

### Testimonials

*“Justin and Jen make this training relatable and fun!”*

*“This training was so intense and Justin really helped me not feel so bad about the things I didn’t know before today”*

*“I felt really nurtured, Jennifer is so authentic, and her stories make you realize she supports men in their parenting strengths and doesn’t try to sell the woman’s experience”.*

Jennifer Moss  
12356 NE Brazee St  
Portland OR 97230



 The Nurturing Father's Program

*"... forget all the books, the tapes, and what your family and relatives have said and take this course."  
- father of 6 & 9 year olds*

# Nurturing Father's Program® ONLINE Facilitator Training

With

**Justin Gonsalves, Recovery  
Mentor and Father & Jennifer  
Moss, MA, MFT**

*National Trainer/Consultant  
Nurturing Father Program  
Marriage & Parenting Program  
Nurturing Parenting Programs*

**Nurturing Father's  
Marriage & Parenting  
Program Specific - \*ONLINE**

**Dates: January 19<sup>th</sup>, 20<sup>th</sup> & 21<sup>st</sup> 2022**  
9am-4:30pm \*Central time posted above.

**Cost: \$400 per person** (\*books not included).  
(\*in this format you will need to order ahead of time)

Training Location: ONLINE Interactive Training

Mobile: 808-281-1494

**Email: [Jennifermossmft@gmail.com](mailto:Jennifermossmft@gmail.com)**

The Nurturing Father's Program is recognized by the Substance Abuse-Mental Health Services Administration (SAMHSA) and is an evidence based, validated program. NFP is listed on the national registries as an adaptation of *The Nurturing Parenting Programs* (go to [www.nurturingvalidation.com](http://www.nurturingvalidation.com)),

**This 3 day training...**will focus on incorporating the philosophy, skills and strategies of Nurturing Fathering as well as the Marriage & Parenting Program geared towards couples. Participants will learn how to implement home based and group-based parenting skills utilizing the proven lessons of the Nurturing Fathers or MA&PA (Marriage & Parenting) Programs. A hands-on approach to conducting home and group-based parenting classes,that includes facilitating weekly sessions and explains how to use program materials with diverse and multi-cultural populations. The training program utilizes assessment tools, children's and parents' program activities, home practice assignments, icebreakers, personal growth lessons, communication dialogue, activities for personal power, positive discipline techniques, building self-esteem, emotional regulation, stress management, self-concept and explores empathy in parents and children.

### **The Marriage & Parenting Program (MA & PA)**

MA & PA, as the program is affectionately called, focuses on strengthening the couple relationship (married or unmarried) through a shared exploration of parenting attitudes and skills. This 10-week curriculum utilizes some of the most effective approaches from The Nurturing Father's Program to create a series of couple's dialogues. With the addition of new relationship building activities, spouses/partners learn about themselves and each other, while creating a shared vision for family life. The weekly group experiential activities, and the Home Activities in the MA & PA Journal, help each couple to develop the attitudes and skills for successful family formation.

**The Nurturing Fathers Program** is an evidence – based, 13-week training course designed to teach parenting and nurturing skills to men. Each 2 ½ hour class provides proven, effective skills for healthy family relationships and child development. *NFP has been successfully implemented in Schools, Head Start, Churches, State DSS, Prisons, Halfway Houses, Prevent Child Abuse, Parenting and Counseling Centers, Military, Community Action Agencies and many others. Available in Spanish.*

### **Topics include:**

- **The Roots of Fathering**
- **Self-Nurturing Skills I: Fathering**
- **“The Little Boy Within”**
- **Self-Nurturing Skills II: The Power To Meet My Own Needs**
- **The World of Feelings and Male Nurturance**
- **The Power To Nurture: Fathering without Violence or Fear**
- **Overcoming Barriers to Nurturing Fathering: Anger, Alcohol/Other Substances, and Stress**
- **Discipline and Fun & Games**
- **Playshop: Fun & Games for Fathers and Their Children**
- **Nurturing Relationships I: Fathering Sons / Fathering Daughters**
- **Nurturing Relationships II: Teamwork between Father & Spouse/Co-parent**
- **A Time and Place for Fathering**
- **Healing the Father Wound**

### **Registration Form**

Nurturing Fathers and  
Marriage & Parenting Facilitator Workshop  
*Program Specific*

**January 19<sup>th</sup> – 21<sup>st</sup> 2022**  
**ONLINE- Interactive Training**

**MAIL THIS FORM**

*along with your registration fee payable to:*

**Jennifer Moss**

12356 NE Brazee St, Portland OR 97230

Mobile: 808-281-1494

Email: [jennifermossmft@gmail.com](mailto:jennifermossmft@gmail.com)

[www.JenniferMossmft.com](http://www.JenniferMossmft.com)

**Registration Deadline: January 9<sup>th</sup>**

*Workbooks may not arrive on time for late registrants*

\_\_\_\_\_  
Name (please fill out one registration per person)

Agency\_\_\_\_\_

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State Zip

\_\_\_\_\_  
Cell Phone

\_\_\_\_\_  
Email (required to be able to contact you)

Confirmation will be sent via email.

- Inquire if site is handicap assessable.
- No refunds for cancellations.
- All Paid fees are transferable for a future NPP training.

**\$400+ book order/ per registration, checks payable to: Jennifer Moss, MFT**

*\*Email to pay by square or credit card*