



For Professionals working in social work, mental health or education that work in the field of substance use disorders and recovery!



JenMossMFT

# NURTURING PARENTING® PROGRAM FOR FAMILIES AFFECTED BY SUBSTANCE USE, TREATMENT & RECOVERY

## 3 Day Facilitator Training

The Nurturing Parenting® Programs are proven, evidence-based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.

### SPECIFIC LESSONS:

- Trust & Hope
- Feelings, Self-Esteem & Capability
- Communication
- What babies Teach Us
- Managing Stress
- Boundaries, Setting limits.
- Schedules & Routines
- Safety & Protecting Children
- Guiding Behavior
- Knowing our Values
- Recovery: Loss & Love
- Having Fun (Again)



### ONLINE TRAINING WORKSHOPS

9am-4:30pm Central/\*zoom will convert to your time zone

April 22-24, 2026

June 24-26, 2026

August 19-21, 2026

**\$500** per participant

(books included)

<https://bit.ly/NPPSUDProfessional>



**Jen Moss, MA, MFT**

*National Trainer/Consultant  
Nurturing Parenting® Programs*

Author, Speaker & Nationally Recognized Trainer/Consultant for the Nurturing Parenting® Programs for over 20 years. She has facilitated the Nurturing Parenting® Programs for all ages in both group- and home-based settings. Her training includes the Core Facilitator Training as well as Parents & Children with Special Needs and Health Challenges, Adolescent Specific, LGBTQ, Families in Substance Abuse Treatment and Recovery as well as Assessments and Documentation and other "Refresher" Trainings.

**SCAN TO REGISTER**

FOR VIRTUAL TRAINING

503-908-9321

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[JenMossMFT.org](http://JenMossMFT.org)

