



Included in SAMHSA's
National Registry of
Evidence-based
Programs and Practices

The Nurturing Parenting® Programs are proven, evidence-based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.



6 Protective Factors

The Nurturing Parenting® Programs meet and exceed the Six Protective

Nurturing Parenting® Program for working with Teens/Adolescent Specific

3 Day Facilitator Training

For professionals in the field of social services, education and mental health

The Nurturing Parenting® Programs are proven, evidence-based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.

Topics include:

- Communication (Hands-on Exercises)
- Sex, Sexuality, and Love
- Pregnancy Delay
- Expressing Feelings
- My Ideal Family vs. My Family
- Adolescent Identity Exercises
- Managing Stress and Anger
- Morals & Values Body Image, Depression, Self-Harm
- Cyber-bullying
- Developmental Stages/Brain Tendencies
- Role Plays, Art Activities, Music, Movement, and Lively interactive discussions
- Introduction to Parenting Assessments & Treatment Planning



Jen Moss, MA, MFT

*National Trainer/Consultant
Nurturing Parenting® Programs*

Author, Speaker & Nationally Recognized Trainer/Consultant for the Nurturing Parenting® Programs for over 20 years. In addition, to training trainers Jen has facilitated the Nurturing Parenting® Programs for all ages in both group- and home-based settings. Her training includes the Core Facilitator Training as well as Child Abuse Risk Assessing and documentation; and various program "Refresher" Trainings.

ONLINE TRAINING WORKSHOP

9am-4:30pm Central time
*zoom will convert to your time zone

June 16-18, 2026

October 7-9, 2026

\$600 per participant
(Books included)

<https://bit.ly/NPPAdolescentProfessional>

SCAN TO REGISTER

FOR VIRTUAL TRAINING

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