

Nurturing Parenting® Program for working with Teens/Adolescent Specific

3 Day Facilitator Training

For professionals in the field of social services, education and mental health

The Nurturing Parenting® Programs are proven, evidence-based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.

NREPP
Included in SAMHSA's
National Registry of
Evidence-based
Programs and Practices

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based, family focused programs
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recognized by national and state
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www.nurturingparenting.com

 **Protective
Factors**

The Nurturing Parenting® Programs
meet and exceed the Six Protective

Topics include:

- Communication (Hands-on Exercises)
- Sex, Sexuality, and Love
- Pregnancy Delay
- Expressing Feelings
- My Ideal Family vs. My Family
- Adolescent Identity Exercises
- Managing Stress and Anger
- Morals & Values Body Image, Depression, Self-Harm
- Cyber-bullying
- Developmental Stages/Brain Tendencies
- Role Plays, Art Activities, Music, Movement, and Lively interactive discussions
- Introduction to Parenting Assessments & Treatment Planning

ONLINE TRAINING WORKSHOP

9am-4:30pm Central time

*zoom will convert to your time zone accordingly

July 30th- August 1st, 2025

\$550 per participant
(Books included)

<https://bit.ly/NPPAdolescentProfessional>



Jen Moss, MA, MFT

*National Trainer/Consultant
Nurturing Parenting® Programs*

Author, Speaker & Nationally Recognized Trainer/Consultant for the Nurturing Parenting® Programs for over 20 years. In addition, to training trainers Jen has facilitated the Nurturing Parenting® Programs for all ages in both group- and home-based settings. Her training includes the Core Facilitator Training as well as Child Abuse Risk Assessing and documentation; and various program "Refresher" Trainings.

SCAN TO REGISTER
FOR VIRTUAL TRAINING

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