Learn the philosophy and goals of Nuturing Parenting and how to implement and facilitate the group and home-based Nurturing Parenting® Programs

Nurturing Parenting®
Established 1983

Nurturing Parenting®
3 Day Facilitator Training

Holly Golanowski RSW - #283
National Trainer / Consultant
For Nurturing Parenting® Programs

www.nurturingparenting.com

Dates: January 26, 27 & 28, 2027

Time: 9am – 4pm MST

Location: Virtual Zoom

Nurturing Parenting® Programs are evidence-based, family-centered programs designed to prevent child abuse and neglect. This training introduces core principles and equips participants to select and deliver the curriculum best suited to the families they serve.

3-DAY FACILITOR TRAINING WILL FOCUS ON:

Incorporating the philosophy, skills and strategies of Nurturing Parenting®. The impact of child maltreatment on brain development, assessing high risk parenting belief systems and the 5 parenting constructs of abuse/neglect.

Implementing home-based and group-based parenting program models utilizing the proven lessons of the Nurturing Parenting® Programs.

How to gather and use the built-in assessment tools to tailor the program to a family's individual needs and monitor changes in belief systems/behaviors.

Administering and scoring the Adolescent Parenting Inventory (AAPI-2.1) For more info, visit www.assessingparenting.com

Participants will plan and facilitate a mini lesson to their workshop peers

About Holly Golanowski, RSW

Since 2011, Holly has facilitated a wide range of Nurturing Parenting® programs. She has played a key role in developing innovative supports for families with children aged 0–6 in Calgary. Certified as a Nurturing Parenting® Trainer/Consultant in 2019, she now delivers training to agencies internationally.

Register by emailing this form to:

Hollyg55@gmail.com

NAME: _____

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AGENCY: _____

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ADDRESS: _____

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PHONE: _____

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EMAIL: _____

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COST:

Canadian Registrants:
$450.00 CAN per participant
Send Cheque, Square or e-transfer – hollyg55@gmail.com

This includes the following DIGITAL materials:
Facilitator Training Workbook
Program materials must be ordered seperatly.

USA Registrants:
$500.00 per participant
Venmo, Square or send Cheque

Ask about discounts for agencies with 4+ participants☺

For more info email hollyg55@gmail.com or call 403-708-8825

THE PHILOSOPHY OF NURTURING PARENTING® emphasizes the importance of raising children in a warm, trusting and caring household. It is founded on the belief that children who are cared for develop the capacity to trust, care and respect themselves, other people and living creatures and the environment.

EVIDENCE BASED MEASUREMENT TOOLS:

Learn how to use the online **Adult-Adolescent Parenting Inventory** (AAPI) and the **Nurturing Skills Competency Scale** (NSCS) to gather pre and post program outcome data.

The AAPI assesses parenting attitudes and risk for abuse and neglect, while the NSCS gathers demographics and measures nurturing skills.
Visit www.assessingparenting.com.

PRINCIPLES OF NURTURING PARENTING®

Feelings of Attachment – A strong, unconditional bond builds trust, communication, and respect.

Empathy – Understanding a child's feelings and responding with care and respect.

Nurturing Oneself – Meeting your own needs supports your ability to care for your child.

Gentle Touch – Warm, positive touch supports healthy relationships and self-worth.

Discipline – Teaching limits, values, and respect through positive role modeling.

Expressing Feelings – Learning healthy ways to understand and express emotions.

Expectations & Self-Worth – Realistic expectations help children build confidence and competence.