

*Learn the philosophy and goals of Nurturing Parenting  
and how to implement and facilitate the group and  
home-based Nurturing Parenting® Programs*

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## **Nurturing Parenting® 3 Day Facilitator Training**

**Holly Golanowski RSW - #283**  
**National Trainer / Consultant**  
**For Nurturing Parenting® Programs**  
[www.nurturingparenting.com](http://www.nurturingparenting.com)

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**Dates: September 22, 23 & 24, 2026**

**Time: 9am – 5pm MST**

**Location: Virtual Zoom**

**Nurturing Parenting® Programs** are evidence-based, family-centered programs designed to prevent child abuse and neglect. This training introduces core principles and equips participants to select and deliver the curriculum best suited to the families they serve.

### **3-DAY FACILITATOR TRAINING WILL FOCUS ON:**

Incorporating the philosophy, skills and strategies of Nurturing Parenting®. The impact of child maltreatment on brain development, assessing high risk parenting belief systems and the 5 parenting constructs of abuse/neglect.

Implementing home-based and group-based parenting program models utilizing the proven lessons of the Nurturing Parenting® Programs.

How to gather and use the built-in assessment tools to tailor the program to a family's individual needs and monitor changes in belief systems/behaviors.

Administering and scoring the Adolescent Parenting Inventory (API-2.1) For more info, visit [www.assessingparenting.com](http://www.assessingparenting.com)

**\*Participants will plan and facilitate a mini lesson to their workshop peers\***

### **About Holly Golanowski, RSW**

Since 2011, Holly has facilitated a wide range of Nurturing Parenting® programs. She has played a key role in developing innovative supports for families with children aged 0–6 in Calgary. Certified as a Nurturing Parenting® Trainer/Consultant in 2019, she now delivers training to agencies internationally.

Register by emailing this form to:

[Hollyg55@gmail.com](mailto:Hollyg55@gmail.com)

NAME: \_\_\_\_\_

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AGENCY: \_\_\_\_\_

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**THE PHILOSOPHY OF NURTURING PARENTING®** emphasizes the importance of raising children in a warm, trusting and caring household. It is founded on the belief that children who are cared for develop the capacity to trust, care and respect themselves, other people and living creatures and the environment.

### EVIDENCE BASED MEASUREMENT TOOLS:

Learn how to use the online **Adult-Adolescent Parenting Inventory** (AAPI) and the **Nurturing Skills Competency Scale** (NSCS) to gather pre and post program outcome data.

The AAPI assesses parenting attitudes and risk for abuse and neglect, while the NSCS gathers demographics and measures nurturing skills.

Visit [www.assessingparenting.com](http://www.assessingparenting.com).

### PRINCIPLES OF NURTURING PARENTING®

**Feelings of Attachment** – A strong, unconditional bond builds trust, communication, and respect.

**Empathy** – Understanding a child's feelings and responding with care and respect.

**Nurturing Oneself** – Meeting your own needs supports your ability to care for your child.

**Gentle Touch** – Warm, positive touch supports healthy relationships and self-worth.

**Discipline** – Teaching limits, values, and respect through positive role modeling.

**Expressing Feelings** – Learning healthy ways to understand and express emotions.

**Expectations & Self-Worth** – Realistic expectations help children build confidence and competence.

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#### COST:

Canadian Registrants:

\$550.00 per participant

E-Transfer to [hollyg55@gmail.com](mailto:hollyg55@gmail.com)

Or send Cheque

USA Registrants:

\$500.00 per participant

Venmo, Square or send Cheque

This includes the following DIGITAL materials:

Facilitator Training Workbook

Facilitator Lesson Guide For Parents

Ask about discounts for agencies with 4+ participants☺

For more info email [hollyg55@gmail.com](mailto:hollyg55@gmail.com) or call 403-708-8825