

## **FAMILY NURTURING CENTER™ OF MISSOURI**

FamilyForward is recognized and licensed as the Family Nurturing Center™ of Missouri. This licensure provides FamilyForward with the evidence-based Nurturing Skills Parenting® Programs. Nurturing Skills™ is an innovative program designed to empower parents and parent educators in creating customized competency based parenting programs to meet the individual needs of families.



safer, healthier relationships  
for children and families

Join us for the immediacy  
and dynamics of  
In Person Training!

## **Nurturing Parenting® Facilitator Training**

11358 Van Cleve Avenue

St. Louis, MO 63114

Telephone: 314-968-2350, ext. 5234

Email: [gail.knipshild@familyforwardmo.org](mailto:gail.knipshild@familyforwardmo.org)

July 14-16, 2025

Time: 9:00 AM-4:30 PM

Trainer: Gail Knipshild, MA

Cost: \$450\* per person.

Make check payable to FamilyForward and mail to the address above, Attn: Gail. Please include registration page with payment. (\*Cost includes one each of the following: 20th edition of Facilitator Training Workbook, Nurturing Skills for Families Facilitator, Parent and Children Guides, and Easy Reader.) Snacks will be provided.

The philosophy of Nurturing Parenting® is founded on seven principles:  
Feelings of Attachment, Empathy, Nurturing Oneself, Gentle Touch, Discipline,  
Expressing Feelings and Expectations and Self Worth.

***The Nurturing Parenting® Programs are recognized by the National Registry of Effective Programs and Practices (NREPP), the Substance Abuse-Mental Health Services Administration (SAMHSA) and the Office of Juvenile Justice and Delinquency Prevention (OJJDP.)***

The training will focus on incorporating the philosophy, skills, and strategies of nurturing parenting. Participants will learn how to design parenting programs utilizing the proven lessons of the Nurturing Parenting® Programs. This is a hands-on approach to conducting home and group based Nurturing Programs that includes facilitating weekly sessions, using program materials, videos and assessment tools, children's and parents' program activities, family home lessons, activities for personal power, alternatives to corporal punishment, building self-esteem, self-concept and empathy in parents and children. Participants will learn how to use the online version of the Adult-Adolescent Parenting Inventory and Nurturing Skills Competency Scale to gather pre and post outcome data.

**Class size-minimum of 5, no more that 12 individuals.**



Completed Registration form should be returned with check made payable to FamilyForward by July 1, 2025 for the July 14-16, 2025 training. Please provide name of Participant(s) and email addresses.

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Agency \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_