



# **NURTURING PARENTING® PROGRAMS**



**3 Day VIRTUAL Facilitator Training**  
**Tues. – Thurs., July 18-20, 2023**  
**9:30 AM- 4:30PM, Eastern Time Zone**

*Learn how to implement competency based  
Nurturing Parenting® Programs  
to meet the specific parenting needs of families*

with

**Carol Dolber McMurray, MSW, ACSW**

*Nationally Recognized Trainer/Consultant of Nurturing Parenting® Programs*

**Cost: \$350**

Each participant will also need to order & pay for the specific Nurturing **Parenting® Program** Facilitator Lesson Guide/ Activities Manual for Parents and their Children with whom they will be working. If you need help in how to order these Lesson Guides or Manuals, call Carol. [A few weeks after training completion, a zoom Q & A, at no charge, is offered to respond to reflective questions.]

**To Register, see the last page of brochure**

To accommodate questions, learning objectives, experiences in facilitation, and other Curriculum activities, **space is limited on this virtual platform**

**Application for Continuing Education credits is pending due to  
new fiscal year 2023-2024**

## The Nurturing Parenting® Programs

The Nurturing Parenting® Programs are proven, evidenced-based, family focused programs, recognized for their effectiveness in preventing and treating child abuse and neglect. Dept. of Social Services, Day Care Facilities, Prevention Programs of Community Services' Boards, women centers, parenting centers, and many other organizations committed to helping families and children, have utilized NPP as a primary parenting program to promote healthy family life and break the cycle of child maltreatment.

**Nurturing Parenting® Programs**, work to address the specific needs of different populations, at different levels:

### Primary Prevention-Education

Prenatal Families™  
ABC's for Parents & Their Children 5 to 8  
Parents & Their Children with Special Needs & Health Challenges  
Community Based Education (CBE) in Nurturing Parenting®  
CBE for Military Families  
CBE - Alcohol & Kids Don't Mix  
CBE - Alcohol, Anger & Abuse  
CBE - Teen Pregnancy Prevention  
Developing Nurturing Skills (DNS): School-Based Program

### TERTIARY Prevention-Treatment

Parents & Their Infants, Toddlers & Preschoolers - 16 Sessions  
Parents & Their School-Age Children 5-11 Years  
Young Parents & Their Families - 16 Sessions  
Parents & Adolescents  
Hmong Parents & Adolescents  
Families in Substance Abuse Treatment & Recovery  
It's All About Being a Teen

### SECONDARY Prevention-Intervention

Nurturing Skills™ for Families, Prenatal -19  
Nurturing Skills™ for Teen Parents  
Nurturing America's Military Families  
Nurturing God's Way  
Family Nurturing Camp

### COMPREHENSIVE

Teen Parents & Their Children  
Parents & Their Infants, Toddlers & Preschoolers  
Spanish Speaking Parents & Their Children Birth to 12  
Spanish Speaking Parents & Their Children 4 to 12 Years

### Program Supplements

African-American Families™  
Native-American Families™

**For more information on programs, go to [www.nurturingparenting.com](http://www.nurturingparenting.com) to review which Program most meets your families' needs or call the trainer Carol, prior to the training to discuss. In these 19 hours of training, you will learn:**

- ◆ The philosophy, values, goals, structure, and validation of the Nurturing Parenting® Programs.
- ◆ The 5 Parenting Constructs of abuse/neglect and how NPP works on: Re-Parenting in knowledge/ beliefs and skills, the impact of maltreatment on brain development, how to assess high risk parenting beliefs, how to gather process evaluation data as well as pre-post program evaluation data.
- ◆ How to utilize competency- based parenting lessons and programs to meet individual parenting needs of families; How to Implement group and home- based Nurturing Parenting® Programs at the different prevention levels: primary, secondary, tertiary, and comprehensive; including hands-on practice activities in, use of program materials/ videos, assessment tools, family home practice assignments, icebreakers, family time. This training works to simulate the format of what takes place in a Nurturing Parenting® Program class.
- ◆ How to administer and score online versions of the Adult-Adolescent Parenting Inventory (AAPI-2) and Nurturing Skills Competency Scale (NSCS) and how to best select the Nurturing Parenting® Program model for your organization.

During this training, **different Nurturing Parenting® Program Curricula will be discussed. The Nurturing God's Way Parenting Program for Christian Families®, and the Nurturing Program for Parents & Their Children with Special Needs and Health Challenges™, require separate specialized or advanced training. Please go to the website [www.nurturingparenting.com](http://www.nurturingparenting.com) for information on these 2 different trainings. The review & purchase of the N.P.P. Curricula is ordered on the website through Family Development Resources, Inc.**

**Questions about the training? Contact Carol Dolber McMurray, MSW, ACSW at 804-402-1484 (c)**

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**About the Trainer:** Carol Dolber McMurray, MSW, ACSW, is a **Nationally Recognized Trainer/Consultant with the Nurturing Parenting® Programs and an active Member & Coordinator of Virginia and Our Extended Nurturing Network.** She has worked with and on behalf of children and families for over thirty-five years, particularly in the field of foster family care and adoption. Carol has conducted Nurturing Parenting® Program Trainings for over twenty-five years, provided workshops on Nurturing Parenting®, the Community Based NPP, facilitated Nurturing Skills™ groups with adolescents, utilized Nurturing Parenting® in In-Home Services and Foster/Resource/Adoption training, and helped organizations in the implementation of Nurturing Parenting® to meet their community needs.

Carol serves as a Trainer and Life Book Consultant with Child & Family Development and Consultation Services ([www.childfamilydevelopment.com](http://www.childfamilydevelopment.com)) in Virginia. In her work to promote a Nurturing family life and assist children and all their families affected by child maltreatment, she also provides workshops and seminars on Healthy Brain Development; Attachment, Trauma and Loss Issues; Communication and Problem-Solving; Facilitation/ Group and Family Dynamics; and Pre-Service and In-service Trainings with Foster/Resource/Adoptive Families.

**TO REGISTER, SEND IN COMPLETED FORM WITH PAYMENT OF \$350/PERSON**  
**No space in training is reserved until fee of \$350 per person is received.**

Pay by check? **Make it Payable to:** Child & Family Development and Consultation Services, 1508 Trebov Ct., Richmond, VA 23226. [NOTE: Mail delivery is unpredictable; check must arrive in advance to secure a spot.]

Or **Pay by credit card? Send an email to:** [Dolber@msn.com](mailto:Dolber@msn.com) with registration below.  
**A PayPal invoice to the email address of the one paying for the training will be sent. After payment & registration are received, an email confirmation will be sent.**

Name(s) of Registrant(s) \_\_\_\_\_

Agency Name & email address of person paying the invoice: \_\_\_\_\_

Full Mailing address(es) of each registrant in the training \_\_\_\_\_

Email address of each registrant \_\_\_\_\_

\_\_\_\_\_ Phone No. \_\_\_\_\_

**PLEASE NOTE: When paid spaces have been filled, registration will be closed. In addition, no registrations will be taken after July 11<sup>th</sup>. All paid fees are transferable for a future NPP training when used within 6 months of the start date of July 18<sup>th</sup>. No refunds for cancellations.**

**BE SURE TO REGISTER YOUR NAME, PHONE NO., MAILING & E-MAIL ADDRESSES.** You will receive instructions through your e-mail about the virtual entry for training as well as any hand-outs to read before training begins. Handouts are emailed PRIOR, so you can print them out to use during the training.

You will need to have ordered & paid for the Specific **Nurturing Parenting**<sup>®</sup> curricula you plan to provide with parents and/or children, so you have at the start of training. **Any questions, please call Carol.**