

FAMILY NURTURING CENTER OF MISSOURI

FamilyForward is recognized and licensed as the Family Nurturing Center of Missouri. This licensure provides FamilyForward with the evidence-based Nurturing Skills Parenting® Programs. Nurturing Skills™ is an innovative program designed to empower parents and parent educators in creating customized competency based parenting programs to meet the individual needs of families.



**safer, healthier relationships
for children and families**

NOTE: Training is slated for in person learning in a classroom with an air purifier. Numbers will be limited and face masks are optional. Changing community health status and guidelines may necessitate shift to a virtual format.

Nurturing Parenting® Facilitator Training

11358 Van Cleve Avenue

St. Louis, MO 63114

Telephone: 314-968-2350, ext. 5234

Email: gail.knipshild@familyforwardmo.org

December 5-7, 2022

Time: 9:00 AM-4:30 PM

Trainer: Gail Knipshild, MA

Cost: \$450* per person.

Make check payable to FamilyForward and mail to the address above, Attn: Gail. Please include registration page with payment. (*Cost includes Facilitator Training Workbook, Nurturing Skills for Families Lesson Guides, and snacks.)

Deadline for Registration is November 21, 2022.

The philosophy of Nurturing Parenting® is founded on seven principles: Feelings of Attachment, Empathy, Nurturing Oneself, Gentle Touch, Discipline, Expressing Feelings and Expectations and Self Worth.

The Nurturing Parenting® Programs are recognized by the National Registry of Effective Programs and Practices (NREPP), the Substance Abuse-Mental Health Services Administration (SAMHSA) and the Office of Juvenile Justice and Delinquency Prevention (OJJDP.)

The training will focus on incorporating the philosophy, skills, and strategies of nurturing parenting. Participants will learn how to design home-based and group-based parenting programs utilizing the proven lessons of the Nurturing Parenting® Programs. This is a hands-on approach to conducting home and group based Nurturing Programs that includes facilitating weekly sessions, how to use program materials, videos and assessment tools, children's and parents' program activities, family home lessons, activities for personal power, alternatives to corporal punishment, building self-esteem, self-concept and empathy in parents and children. Participants will learn how to use the online version of the Adult-Adolescent Inventory and Nurturing Skills Competency Scale to gather pre and post outcome data. **Class size-minimum of 5, no more that 12 individuals.**



Completed Registration form should be returned with check made payable to FamilyForward. (December 5-7, 2022)
Name of Participant(s) and email addresses.

Agency _____

Address _____

City, State, ZIP _____

Phone _____ Email _____

Confirmation will be sent via email.