

MEET YOUR TRAINER



BRENDA MCGOWAN

Brenda McGowan is A Nurturing Parenting Program (NPP) National Trainer/Consultant who has trained thousands of parents, child welfare workers, and organizational leaders to build nurturing communities throughout the US and 23 countries. She has a passion for developing collaborative, strong, and fostering communities in the United States and abroad. Brenda completed her NPP Facilitator Training while working as a Parent Educator with St. Joseph County, MI Public Health Department. Eventually, she worked with the Michigan Department of Child Protective Services.

Brenda has gained a wealth of knowledge and experience, having worked across systems of care for over 23 years. Her expertise is building public-private partnerships between faith-based and secular organizations to build effective family programs. She began her career in family life education and advocacy while serving as Chairperson of the Education Support Agency. She worked alongside superintendents, intermediate school districts, and early childhood education and care advocates to improve family well-being. In 2004 she began to serve the countywide human services commission as a Parent Liaison with the Great Start Collaborative Parent Coalition to train and engage parents in advocating for critical early childhood and care services. This statewide movement eventually became the foundation for the Michigan State Office of Great Start. Brenda later served as the national director of church and community engagement collaborating with churches to provide programs for children whose parents were incarcerated. In 2018 she became Vice President of Domestic and International Programming serving alongside 23 leaders to build capacity through strategic partnerships with faith-based organizations. She also piloted Nurturing Parenting Programs in three Georgia state prisons for adults, youth parents, and staff within the Department of Juvenile Justice.

Brenda has since begun with organizations to build diversity and equity using Cultural Intelligence (CQ) with staff and volunteers. CQ enhances an organization's capacity to function with intention and respect across cultures effectively. Brenda holds a BA in family life education from Spring Arbor University and an MPA from Walden University.

TRAINING INFORMATION



+1 (404) 481.8208



MONDAY, DECEMBER 27TH, 2021
AT 8:30 AM
TO WEDNESDAY, DECEMBER
29TH, 2021 AT 4:00 PM



COST OF TRAINING: \$325
[CLICK HERE TO REGISTER](#)



NURTURING PARENTING PROGRAMS®

**THREE-DAY FACILITATOR TRAINING
WITH**

**BRENDA MCGOWAN, NPP
NATIONAL
TRAINER/CONSULTANT**



TRAINING INCLUDES

Hands-on and practical approach to conducting home and group-based Nurturing Programs that includes facilitating weekly sessions, how to use program materials, videos, and assessment tools, children's and parents' program activities, icebreakers, personal growth lessons, activities for personal power, alternatives to corporal punishment, building self-esteem, self-concept and empathy in parents and children. This is an interactive, learner-centered workshop with opportunity for practice.

WHO CAN BENEFIT?

Professionals and paraprofessionals working in education, mental health, juvenile probation, violence prevention, child welfare, school systems, treatment facilities, social work, and social services.

The Nurturing Program and the philosophy behind the program have successfully been utilized by:

Home-Based Service Providers
Youth Residential Centers
Domestic Violence Centers
School Districts
Mental Health Treatment Centers
Therapist and Counselors
Drug and Alcohol Treatment Centers
Child Protective Services and Foster Parents
Juvenile Detention and Probation
Correctional Facilities
Faith-Based Organizations

Participants receive a Certificate upon completion of 18 hours of Facilitator Training in the Nurturing Parenting Programs®



PARTICIPANTS WILL LEARN:

- Philosophy of Nurturing Parenting
- Five parenting constructs of abuse/neglect
- Impact of maltreatment on brain development
- How to assess high-risk parenting beliefs
- How to tailor programs based on family's needs
- How to gather process evaluation data
- How to evaluate pre and post program impact
- How to implement home and group based models
- Facilitation skills to improve parent engagement and retention