



NURTURING PARENTING® PROGRAMS



3 Day VIRTUAL Facilitator Training

Wed- Fri. Feb. 18-20, 2026

9:30 AM- 4:30PM, Eastern Time Zone

Learn how to implement competency based Nurturing Parenting® Programs to meet the specific parenting needs of families with:

Carol Dolber McMurray, MSW, ACSW

Nationally Recognized Trainer/Consultant of Nurturing Parenting® Programs

COST: \$450/ Person includes standard shipping of training workbook, basic Nurturing Parenting® Program (NPP) materials that do not exceed \$100, and handouts. Trainer consults ahead w/ participant re: the specific NPP curricula that fits their population to be served. A few weeks after training completion, a zoom Q & A, at no charge, is offered to respond to reflective questions. This training is approved by Va. Commonwealth Univ. for CEUs & contact hrs.



To Register, see the last page of brochure.

To accommodate questions, learning objectives, experiences in facilitation, and Other Curriculum activities, **space is limited on this virtual platform.**

TESTIMONIALS: *"I think it was excellent, and I thoroughly enjoyed the training.*

"Carol was engaging and I learned a lot."

"I think the training was great. It has helped me become more confident in my ability to facilitate and understand what I am going to be teaching my clients..."

"Carol was clear & helpful, giving us time to understand & work as a Team"

The Nurturing Parenting® Programs

The Nurturing Parenting® Programs are proven, evidenced-based, family focused programs, recognized for their effectiveness in preventing and treating child abuse and neglect. Dept. of Social Services, Day Care Facilities, Prevention Programs of Community Services' Boards, women centers, parenting centers, and many other organizations committed to helping families and children, have utilized NPP as a primary parenting program to promote healthy family life and break the cycle of child maltreatment.

Nurturing Parenting® Programs, work to address the specific needs of different populations, at different levels. **Which NPP curricula do you provide or will you provide with families?**

Primary Prevention-Education

Prenatal Families™
ABC's for Parents & Their Children 5 to 8
Parents & Their Children with Special Needs & Health Challenges
Community Based Education (CBE) in Nurturing Parenting®
CBE for Military Families
CBE - Alcohol & Kids Don't Mix
CBE - Alcohol, Anger & Abuse
CBE - Teen Pregnancy Prevention
Developing Nurturing Skills (DNS): School-Based Program

TERTIARY Prevention-Treatment

Parents & Their Infants, Toddlers & Preschoolers - 16 Sessions
Parents & Their School-Age Children 5-11 Years
Young Parents & Their Families - 16 Sessions
Parents & Adolescents
Hmong Parents & Adolescents
Families in Substance Abuse Treatment & Recovery
It's All About Being a Teen

SECONDARY Prevention-Intervention

Nurturing Skills™ for Families, Prenatal -19
Nurturing Skills™ for Teen Parents
Nurturing America's Military Families
Nurturing God's Way
Family Nurturing Camp

COMPREHENSIVE

Teen Parents & Their Children
Parents & Their Infants, Toddlers & Preschoolers
Spanish Speaking Parents & Their Children Birth to 12
Spanish Speaking Parents & Their Children 4 to 12 Years

Program Supplements

African-American Families™
Native-American Families™
Gay, Lesbian, Bisexual and Transgender Families

For more information on programs, go to www.nurturingparenting.com to review which Program most meets your families' needs, then call the trainer Carol, so she can order your curriculum, which you must have prior to the training. In these 19 hours of training, you will learn:

- ♦ The philosophy, values, goals, structure, and validation of the Nurturing Parenting® Programs.
- ♦ The 5 Parenting Constructs of abuse/neglect and how NPP works on: Re-Parenting in knowledge/ beliefs and skills, the impact of maltreatment on brain development, how to assess high risk parenting beliefs, how to gather process evaluation data as well as pre-post program evaluation data.
- ♦ How to utilize competency- based parenting lessons and programs to meet individual parenting needs of families; How to Implement group and home- based Nurturing Parenting® Programs at the different prevention levels: primary, secondary, tertiary, and comprehensive; including hands-on practice activities in, use of program materials/ videos, assessment tools, family home practice assignments, icebreakers, family time. This training works to simulate the format of what takes place in a Nurturing Parenting® Program class.
- ♦ How to administer and score online versions of the Adult-Adolescent Parenting Inventory (AAPI) and Nurturing Skills Competency Scale (NSCS) and how to identify the different models of Nurturing Parenting® Programs which address the different levels in parent education needs.

During this training, **Nurturing Parenting® Program Curricula** will be reviewed. The **Nurturing God's Way Parenting Program for Christian Families®**, and the **Nurturing Program for Parents & Their Children with Special Needs and Health Challenges™**, require separate specialized or advanced training. **Please go to the website. www.nurturingparenting.com for information on these 2 different trainings.**

Questions about the training? Contact Carol Dolber McMurray, MSW, ACSW at 804-402-1484 (c)

About the Trainer: Carol Dolber McMurray, MSW, ACSW, is a **Nationally Recognized Trainer/Consultant with the Nurturing Parenting® Programs** and an active Member & Coordinator of **Virginia and Our Extended Nurturing Network**. She has worked with and on behalf of children and families for over thirty-five years, particularly in the field of foster family care and adoption. Carol has conducted Nurturing Parenting® Program Trainings for over twenty-five years, provided workshops on Nurturing Parenting®, the Community Based NPP, facilitated Nurturing Skills™ groups with adolescents, utilized Nurturing Parenting® in In-Home Services and Foster/Resource/Adoption training, and helped organizations in the implementation of Nurturing Parenting® to meet their community needs.

Carol also serves as a Trainer and Life Book Consultant with Child & Family Development and Consultation Services (www.childfamilydevelopment.com). In her work to promote a Nurturing family life and assist children and all their families affected by child maltreatment, she also provides workshops on Promoting Healthy Brain Development; Attachment, Trauma and Loss; Communication and Problem-Solving; Facilitation/ Group & Family Dynamics; and Pre-Service, In-service Trainings with Foster/Resource/Adoptive Families.

TO REGISTER, SEND IN COMPLETED FORM WITH PAYMENT OF \$450/ PERSON.

No space in training is reserved until the fee is received.

Pay by check? **Make it Payable to:** Child & Family Development and Consultation Services, 1508 Treboy Ct., Richmond, VA 23226. [NOTE: Mail delivery is unpredictable; check must arrive in advance to secure a spot.]

Pay by credit card? Send an email to: Dolber@msn.com with this registration page. If you already have the specific Nurturing Parenting® Curricula for your population, contact Carol at 804-402-1484 or Dolber@msn.com A PayPal invoice will be sent to the person listed in the "paying invoice" blank.

Name(s) of Registrant(s) _____

Agency Name & email address of person paying the invoice: _____

Full Mailing address(es) of each registrant in the training _____

Email address of each registrant _____

Phone No. _____

PLEASE NOTE: When paid spaces have been filled, registration will be closed. All paid fees are transferable for a future NPP training when used within 6 months of the start date of February 18, 2026. No refunds for cancellations.

BE SURE TO REGISTER YOUR NAME, PHONE NO., MAILING (no p.o. box) & E-MAIL ADDRESSES.

You will receive instructions through your e-mail about the virtual entry for training as well as any hand-outs to print and read before training begins. To choose the specific Nurturing Parenting® curricula for your population, call or email Carol. Nurturing Lesson Guides and Handbooks for the specific NPP you will be facilitating will be sent via UPS from Utah; **standard shipping cost is included in the cost** of the training, **not a "rushed or expedited" shipping.** Any questions, please call Carol