Facilitator Training

Three Day Facilitator Training With

[~]Bishop Dr. James S. McIntyre, Sr. [~] Nurturing Parenting ® National Trainer Consultant #199

Bishop, Dr. James McIntyre, Sr. has a Doctor of Theology Degree and is the Senior Pastor of Cornerstone Families Worship Center in Washington NC. He is also a National Trainer / Consultant for the Nurturing Parenting Programs and the Executive Director of Cornerstone Families Understanding Nurturing / Cornerstone Parent Support Group Programs. He has wholeheartedly impacted Beaufort County and surrounding arena through facilitating the Nurturing Parenting Programs since 2008 and as a certified trainer since 2012.

Bishop McIntyre advocates for children and families in his community serving as a pastor, a member of the Beaufort/Hyde Partnership for Children Board, Beaufort County Department of Juvenile Justice Board, Community Collaborative Board, and Advisory Board to Superintendent of Beaufort County Schools. Cornerstone Families Understanding Nurturing Parenting Programs have provided nurturing skills group and home based sessions for over ten years with positive results.

The Nurturing Parenting Programs ® are evidence-based programs with over 30 years of field research and is recognized by:

The National Registry of Effective Programs and Practices (NREPP); The Substance Abuse-Mental Health Services Administration (SAMHSA); The Office of Juvenile Justice and

For more information on upcoming Workshops in the Nurturing Parenting Programs ® visit our website at www.nurturingparenting.com.

The Nurturing Parenting Program are proven, evidenced –based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.

In Three (3) days, Participants will learn:

- The philosophy of Nurturing Parenting
- Skills to facilitate home & group based programs
- The five parenting constructs of abuse/ neglect
- The impact on maltreatment on brain development
- How to assess high risk parenting beliefs
- To tailor make programs based on family's needs
- To gather process evaluation data
- To Evaluate pre-post program impact
- To implement home, group program models



The Nurturing Parenting Programs meet and exceed the Six Protective Factors identified by the U.S. Government for the Prevention and treatment of Child Abuse and Neglect.

Nurturing Parenting

Nurturing Parenting Programs



Nurturing Parenting Three (3) Day Seminar Facilitator Training

June 3rd—5th 2019 {*Monday* – *Wednesday*}

Conducted By: Cornerstone Families Understanding Nurturing Programs

1914 West 5th Street

Washington, North Carolina 27889

252-946-6109

Cost: \$350 Per Registration Includes: All Class Materials , Supplies & Break Refreshments

"Enrollment is Limited" Deadline: May 28th, 2019

Workshop Description

Times: 9am-Noon Training Session (Lunch on Your Own) 1pm– 3:30pm Training Session

This Training will focus on incorporating the philosophy, skills and strategies of nurturing parenting. Participants will learn how to design home—based and group—based parenting programs utilizing the proven lessons of the Nurturing Parenting Programs.

A hands on approach to conducting home and group based Nurturing Programs that includes facilitating weekly sessions, how to use program materials, videos and assessment tools, children's and parents' program activities, family home practice assignments, icebreakers, personal growth lessons, activities for personal power, alternatives to corporal punishment, building self-esteem, self-concept and empathy in parents and children.

Participants will learn how to use the online version of the Adult-Adolescent Parenting Inventory (AAPI—2) to gather pre and post program outcome data.

Adult-Adolescent Parenting Inventory (AAPI-2)

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, the AAPI provides scores that profile parents at risk for abusing and neglecting children.

Nurturing Skills Competency Scale (NSCS)

The NSCS is a comprehensive criterions referenced measured designed to gather demographic data of the family, as well as knowledge and utilization of Nurturing Parenting® practices. The data generated from the pre/post administration allows parents and staff an opportunity to measure changes in family life, knowledge and utilization of nurturing parenting practices.

*For more information on **AAP1-2** and **NSCS**, Visit <u>www.assessingparenting.com</u>

Registration Form

Nurturing Parenting Program Facilitator 3 Day Workshop

June 3rd—5th 2019

<u>Training Fee \$350, Payable and Mail to:</u> Cornerstone Families Understanding Nurturing Programs Post Office Box 1763 Washington, North Carolina 27889

Phone: 252-946-6109 Email: cfwcfunprograms@gmail.com

Registration Deadline: May 28th 2019

Name of Participant

Participant Cell Phone Number

Agency

Agency Phone Number

Participant Address

City, State, Zip Code

Participant Email (confirmation will be sent by email)

Participants who will need hotel accommodations: Hampton Inn at 252-940-4556 for special rates. Mention: *Cornerstone Nurturing Training*

(Room rate good for a limited time)

Philosophy of Nurturing Parenting

The philosophy of Nurturing Parenting emphasizes the importance of raising children in a warm, trusting and caring household. It is founded on the belief that children who are cared for develop the capacity to trust, care for, and respect themselves, other people and living creatures, and the environment. The philosophy is founded on seven principles:

1.) Feelings of Attachment. Attachment means a bond between parents and their children that conveys a deep love that is unconditional. When children feel loved unconditionally, communication, trust and respect naturally follow.

2.) Empathy. Empathy is the ability of parents to put themselves in the place of their children in an attempt to feel, think and understand what their children are feeling, thinking and understanding , and responding to them in a loving and respectful way.

3.) Nurturing Oneself. Taking time in getting one's own needs met. As an adult, from the foundation of understanding and helping children get their needs met. Nurturing parents take care of themselves as well as their children.

4.) Gentle Touch. Research has shown that children who experience warm and gentle touch in the form of hugs, pats, and massages develop and maintain healthy relationships throughout their life, as well as a healthy and positive sense of their self.

5.) Discipline. Setting limits through family rules, teaching right from wrong through family morals and teaching respect and worth through family values are all a part of a nurturing family. Discipline cannot be imposed, beaten into or forced on children but rather develops best by the children modeling their parents whose examples they admire.

6.) Expressing Feelings. Helping children and adults learn appropriated ways to manage and express their feelings is a fundamental characteristic of a nurturing family.

7.) Expectations and Self-Worth. Knowing what to expect of children as they develop plays a significant role in their self-worth. When parents have appropriate expectations, children learn that they are competent people, capable of pleasing others important in their lives.