

## **FAMILY NURTURING CENTER OF MISSOURI**

**FamilyForward is recognized and licensed as the Family Nurturing Center of Missouri. This licensure provides FamilyForward with the evidence-based Nurturing Skills Parenting Programs. Nurturing Skills™ is an innovative program designed to empower parents and parent educators in creating customized competency based parenting programs to meet the individual needs of families.**



**safer, healthier relationships  
for children and families**

## **Nurturing Parenting Facilitator Training**

1167 Corporate Lake Drive  
St. Louis, MO 63132  
Telephone: 314-968-2350, ext. 5234  
Email: [gail.knipshild@familyforwardmo.org](mailto:gail.knipshild@familyforwardmo.org)

February 26-28, 2020

Time: 9:00 AM-4:30 PM

Trainer: Gail Knipshild, MA

Cost: \$325\* per person, make check payable to FamilyForward

(\* Cost includes Facilitator Training Workbook, Nurturing Skills for Families Lesson Guide, AM and PM snacks.)

Deadline for Registration is February 14, 2020

The philosophy of Nurturing Parenting is founded on seven principles:  
Feelings of Attachment, Empathy, Nurturing Oneself, Gentle Touch, Discipline,  
Expressing Feelings and Expectations and Self Worth.

***The Nurturing Parenting Programs are recognized by the National Registry of Effective Programs and Practices (NREPP), the Substance Abuse-Mental Health Services Administration (SAMHSA) and the Office of Juvenile Justice and Delinquency Prevention (OJJDP.)***

The training will focus on incorporating the philosophy, skills, and strategies of nurturing parenting. Participants will learn how to design home-based and group-based parenting programs utilizing the proven lessons of the Nurturing Parenting Programs. This is a hands-on approach to conducting home and group based Nurturing Programs that includes facilitating weekly sessions, how to use program materials, videos and assessment tools, children's and parents' program activities, family home lessons, activities for personal power, alternatives to corporal punishment, building self-esteem, self-concept and empathy in parents and children. Participants will learn how to use the online version of the Adult-Adolescent Inventory and Nurturing Skills Competency Scale to gather pre and post outcome data. **Class size is limited to 12 individuals.**



Completed Registration form should be returned with check made payable to FamilyForward.

Name of Participant(s) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Confirmation will be sent via email.