

Nurturing Parenting Programs®



Three Day Nurturing Father's Program® Facilitator Training with

Nanci Vargas, LMFT #98458

Nationally Recognized Nurturing Parenting Trainer/Consultant

Online Training

September 23, 24, & 25, 2020

The Nurturing Father's Program® is an evidence – based, 13-week training course designed to teach parenting and nurturing skills to men. Each individual or group session provides proven, effective skills for healthy family relationships and child development.

In three days, topics covered include:

- The Roots of Fathering
- Self-Nurturing Skills I: Fathering
- “The Little Boy Within”
- Self-Nurturing Skills II: The Power To Meet My Own Needs
- The World of Feelings and Male Nurture
- The Power To Nurture: Fathering without Violence or Fear
- Overcoming Barriers to Nurturing Fathering: Anger, Alcohol/Other Substances, and Stress
- Discipline and Fun & Games
- Playshop: Fun & Games for Fathers and Their Children
- Nurturing Relationships I: Fathering Sons / Fathering Daughters
- Nurturing Relationships II: Teamwork between Father & Spouse/Co-parent
- A Time and Place for Fathering
- Healing the Father Wound

Includes: Focus on incorporating the philosophy, skills, and strategies of Nurturing Fathering. Participants will obtain hands-on and practical approach to conducting home and group-based Nurturing Programs that includes facilitating weekly sessions, how to use program materials, videos, and assessment tools, children's and parents' program activities, icebreakers, personal growth lessons, activities for personal power, alternatives to corporal punishment, building self-esteem, self-concept and empathy in parents and children. This is an interactive, learner-centered workshop with opportunity for practice.

Workshop Details

Please email Registration form to: NanciVargasMFT@gmail.com

Dates: September 23, 24, & 25, 2020

Cost: **\$350 per person** + book order, per registration.

\$400 per person after the deadline September 9, 2020

Location: Online

Times: 8:45 to 9:00 am Sign-in (first day only)

9:00 to 4:00 pm training with one-hour break for lunch (on your own)

Each participant also receives a **Certificate** acknowledging Facilitator Training in the **Nurturing Father's Program®**.

** Workbooks may not arrive on time for the training for late registrants.

Registration Form

Nurturing Parenting Program Facilitator Workshop

MAIL THIS FORM, along with your registration fee payable to:

Nanci Vargas, LMFT

13723 S. Catalina Ave. Gardena, CA 90247

Mobile: 310.955.6206

Email: nancivargasmft@gmail.com

Multiple registrations: Fill out one registration for each participant

Agency _____

Name _____

Address _____

City, State Zip _____

Phone _____

Email _____

Make Check Payable: Nanci Vargas, LMFT

* Reservation only confirmed with payment. * No refunds. If a participant misses a day he/she will have to attend the entire training during the next scheduled training.