



# *NURTURING PARENTING PROGRAMS®*



## 3 Day Facilitator Training March 2-4, 2020

*At Families Forward Virginia  
8100 Three Chopt Rd. Suite 212  
Richmond, VA 23229*

Monday from 9:30 a.m. to 5:00 p.m.  
Tuesday & Wednesday from 9:00 a.m. to 4:30 p.m.

*Learn how to implement competency based Nurturing Parenting Programs®  
to meet the specific parenting needs of families*

**Sponsored by Families Forward Virginia**  
with  
**Carol Dolber McMurray, MSW, ACSW**  
*Nationally Recognized NPP Trainer/Consultant*

**Cost: \$300.00**

Fee includes training materials, lunch on Monday and Wednesday, and break snacks.

**To Register, go to <https://instituteofsp.org/events/kHIMMg>**

To accommodate questions, learning objectives, experiences in facilitation, and other Curriculum activities, **training is limited to the first PAID 14 registrants.**

*This training is pending approval for 1.9 CEUs, 19 contact hours by Virginia Commonwealth University*

## The Nurturing Parenting Programs®

The Nurturing Parenting Programs® are proven, evidenced based, family focused programs, recognized for their effectiveness in preventing and treating child abuse and neglect. Dept. of Social Services, Day Care Facilities, Prevention Programs of Community Services' Boards, women centers, parenting centers, and many other organizations committed to helping families and children, have utilized NPP as a primary parenting program to promote healthy family life and break the cycle of child maltreatment.

Nurturing Parenting Programs®, work to address the specific needs of different populations, at different levels:

### Primary Prevention-Education

Prenatal Families  
ABC's for Parents & Their Children 5 to 8  
Parents & Their Children with Special Needs & Health Challenges  
Community Based Education (CBE) in Nurturing Parenting  
CBE for Military Families  
CBE - Alcohol & Kids Don't Mix  
CBE - Alcohol, Anger & Abuse  
CBE - Teen Pregnancy Prevention  
Developing Nurturing Skills (DNS): School-Based Program

### TERTIARY Prevention-Treatment

Parents & Their Infants, Toddlers & Preschoolers - 16 Sessions  
Parents & Their School-Age Children 5-11 Years  
Young Parents & Their Families - 16 Sessions  
Parents & Adolescents  
Hmong Parents & Adolescents  
Families in Substance Abuse Treatment & Recovery  
It's All About Being a Teen

### SECONDARY Prevention-Intervention

Nurturing Skills for Families  
Nurturing Skills for Teen Parents  
Nurturing America's Military Families  
Nurturing Fathers  
Nurturing God's Way  
Family Nurturing Camp

### COMPREHENSIVE

Teen Parents & Their Children  
Parents & Their Infants, Toddlers & Preschoolers  
Spanish Speaking Parents & Their Children Birth to 12  
Spanish Speaking Parents & Their Children 4 to 12 Years

For more information on programs, go to [www.nurturingparenting.com](http://www.nurturingparenting.com)

In the 3 day training, participants will learn:

- ♦ The philosophy, values, goals, structure, and validation of the Nurturing Parenting Programs®.
- ♦ The 5 Parenting Constructs of abuse/neglect and how NPP works on: Re-Parenting in knowledge/ beliefs and skills, the impact of maltreatment on brain development, how to assess high risk parenting beliefs, how to gather process evaluation data as well as pre-post program evaluation data.
- ♦ How to create competency- based parenting lessons and programs to meet individual parenting needs of families; How to Implement group and home- based Nurturing Parenting Programs® at the different prevention levels, including hands-on practice activities in the children's and parents' programs of NPP, use of program materials/ videos, assessment tools, family home practice assignments, icebreakers, family time. This training works to simulate the format of what takes place in a Nurturing Parenting Program® class.
- ♦ How to administer and score online versions of the Adult-Adolescent Parenting Inventory (AAPI-2) and Nurturing Skills Competency Scale (NSCS) and how to best select the Nurturing Parenting Program® model for your organization.

During this training, different Nurturing Parenting Program® Curricula will be available for review. The Nurturing God's Way Parenting Program for Christian Families®, the Nurturing Program for Parents & Their Children with Special Needs and Health Challenges, and Nurturing Father's Program require separate specialized training. [Please go to the website www.nurturingparenting.com](http://www.nurturingparenting.com) for information on these 3 different trainings.

The review & purchase of the different N.P.P. Curricula is ordered on the website through Family Development Resources, Inc. Some agencies wait to order until after the 3 day training to determine fit.

Questions about the training content?

Contact NPP trainer, Carol Dolber McMurray, MSW, ACSW at 804-673-7060.

### About the Sponsoring Agency:

Parents are their child's first and best teachers, but not all have the knowledge and tools needed for success. Families Forward Virginia builds healthier, stronger, more self-sufficient families by partnering with families and communities. The core services of Families Forward include home visiting programs, positive parenting education, child sexual abuse prevention programs, professional and volunteer training, and advocacy and public education. Headquartered in Richmond, VA, and supported by public and private funding, Families Forward Virginia is a 501(c)3 nonprofit organization.

### About the Trainer:

Carol Dolber McMurray, MSW, ACSW, is a Nationally Recognized Trainer/ Consultant with the Nurturing Parenting Programs®. She is an active member & Coordinator of the Virginia Nurturing Network. She has worked with and on behalf of children and families for over thirty years, particularly in the area of foster family care and adoption. Carol has conducted Nurturing Parenting Program® Trainings for over twenty years, provided workshops on Nurturing Parenting, the Community Based NPP, facilitated Nurturing Skills groups with adolescents, utilized Nurturing Parenting in In-Home Services and Foster/Resource/Adoption training, and helped organizations in the implementation of different Nurturing Parenting Programs® to meet their community needs.

Carol serves as a Trainer/ Adoption and Life Book Consultant with Child & Family Development and Consultation Services ([www.childfamilydevelopment.com](http://www.childfamilydevelopment.com)) of Richmond, Virginia. In her work to promote a Nurturing family life and assist children and all their families affected by child maltreatment, she also provides workshops and seminars on Healthy Brain Development; Attachment, Trauma and Loss Issues; Communication and Problem-Solving; Facilitation/ Group and Family Dynamics; and Pre-Service and In-service Trainings with Foster/Resource/Adoptive Families.

**Cancellation Deadline: February 24, 2020**

**Reservation is not guaranteed until payment is received by credit card or check.**  
**Payment by credit card strongly preferred.**

**Please do not contact the Families Forward office to ask to reserve a space without payment. Read Families Forward Virginia's training registration and cancellation policy on the registration page.**

For questions on registrations or payment method, contact [Sarah Westphal](mailto:Sarah Westphal) at [swestphal@familiesforwardva.org](mailto:swestphal@familiesforwardva.org). If you wish to pay by check, send an email to [Sarah](mailto:Sarah), include your name, phone number, and email address, the contact information for the finance person at your agency; and the names and email addresses of the training participants.

**Lunch provided on Monday and Wednesday; lunch on your own Tuesday**

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### Accommodations:

**For a list of hotels, see Hotel Information under supplemental materials on registration page.**

**Be sure to give participants' email addresses when registering.**  
**Participants will receive updates by email.**