

## Jennifer Moss, MA, MFT

Has been a Nationally Recognized Trainer/Consultant and specialty programs trainer for the Nurturing Parenting Program since 2007 as well as a Master Trainer for NFP.

She has facilitated both parent and children in the 0-5, 4-12, and Teen Nurturing Parenting Programs in both group and home base settings. In addition, she also piloted the following programs in Hawaii: Families in Substance Abuse & Recovery, Nurturing Fathers and Marriage & Parenting programs!

### Educational Background:

- MA, Marriage & Family Therapy  
Argosy University, Hawaii
- B.A., VT College of Norwich University
- Time to Teach, Educational Consultant

Jennifer has been working with couples and their children for over fifteen years, predominantly on the Hawaiian Islands and now, all over the Pacific Northwest.

She has two school aged children in which she shares many humorous and vivid experiences of many years of single parenting.

### Testimonials

*“So much fun and so much information, I felt like I was going to burst...in a good way!”*

*“Jen is one of the best hands on trainers I have ever experienced “*

*“I felt really nurtured, Jennifer is so authentic, and her stories make you realize she not only knows this stuff, she has lived it!”*

Jennifer Moss  
12356 NE Brazee St  
Portland OR 97230

## Nurturing Parenting Program® Nurturing Parenting COMBO Facilitator Training + Substance Abuse Treatment & Recovery Training

With  
**Jennifer Moss, MA, MFT**  
National Trainer/Consultant  
Nurturing Fathers Program Master Trainer  
Nurturing Parenting Programs

**DATES: April 27<sup>th</sup> – May 1<sup>st</sup> 2020**  
9am- 5pm each day

**COMBO TRAINING- 2 National certificates**

**COST: \$325 for April 27-29<sup>th</sup> (CORE Only)**  
\$375 for April 29-May 1<sup>st</sup> (\*SA ONLY)  
\$400 for all 5 days \*\*\* Best Deal

**Location: Portland OR**  
Mobile 808-281-1494



**Learn the philosophy and goals of Nurturing Parenting and how to implement and facilitate the group and home-based programs.**

The Nurturing Parenting Programs® are recognized by the National Registry of Effective Programs and Practices (NREPP), the Substance Abuse-Mental Health Services Administration (SAMHSA) and the Office of Juvenile Justice and Delinquency Prevention (OJJDP).

**This 3 day Facilitator training...will focus on incorporating the philosophy, skills and strategies of nurturing parenting. Participants will learn how to design home-based and group-based parenting programs utilizing the proven lessons of the Nurturing Parenting Programs. A hands-on approach to conducting home and group-based Nurturing Programs that includes facilitating weekly sessions and explains how to use program materials with diverse and multi-cultural populations. The training program utilizes assessment tools, children's and parents' program activities, family home practice assignments, icebreakers, personal growth lessons, communication dialogue, activities for personal power, positive discipline techniques, building self-esteem, emotional regulation, stress management, self-concept and explores empathy in parents and children. Participants will learn how to use the online version of the *Adult-Adolescent Parenting Inventory (AAPI-2)* to gather pre and post program outcome data.**

### **The Nurturing Parenting Programs®**

The Nurturing Parenting Programs are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect that address the specific needs of different populations:

- Prenatal Program
- Parents and Their Infants, Toddlers, and Preschoolers
- Parents and Their School-Age Children
- Parents and Adolescents
- Teen Parents and Their Families
- Families in Substance Abuse Treatment & Recovery
- ABC's Program for Parents and Kindergarteners
- Crianza con Cariño Birth to Five Years
- Crianza con Cariño 4-12 Years
- Parents and Their Children with Health Challenges
- African-American Nurturing Program Supplement
- Hmong Parents and Adolescents
- Nurturing Parenting Program for Christian Families
- Family Nurturing Camp
- Nurturing Skills for Parents
- Nurturing Skills for Teen Parents
- Nurturing America's Military Families

### **Adult-Adolescent Parenting Inventory (AAPI-2)**

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting the AAPI provides scores that profile parents at risk for abusing and neglecting children. For more info, visit [www.assessingparenting.com](http://www.assessingparenting.com)

### **The Families in Recovery Program**

An evidence – based, 17-week training course designed to teach parenting and nurturing skills to families in Recovery. Each 1 ½ hour class provides proven, effective skills for healthy family relationships and child development, geared towards adults in all stages of recovery. *NFP and Families in Recovery have been successfully implemented in Schools, Head Start, Churches, State DSS, Prisons, Halfway Houses, Prevent Child Abuse, Parenting and Counseling Centers, Military, Community Action Agencies and many others. Available in Spanish.*

### **A Sample of TOPICS from the NP Programs:**

- Communication
- Nurturing
- Culture/Spirituality
- Making Healthy Choices
- Expressing Feelings/ Self-Care, Calming
- Managing Stress and Anger
- Topic of Trust/ Life Cycles of Development
- How substance abuse affects families/How Recovery affects families
- Self-Esteem: Building blocks of self-esteem
- How Babies do it.
- Topic of Touch/ Boundaries
- Nurturing Schedules & Routines
- Safety & Protecting Children.
- Values
- Topic of Guiding Behavior/Positive Discipline
- Topic of Grief, Loss & Love
- Having Fun Again!

### **Registration Form**

Nurturing Parenting Program Facilitator  
Workshop  
**April 27-29 AND/OR April 29-May 1  
Portland OR**

**MAIL THIS FORM**, along with your registration fee payable to:

**Jennifer Moss**

12356 NE Brazee St

Portland OR 97230

Mobile: 808-281-1494

Email: [jennifermossmt@gmail.com](mailto:jennifermossmt@gmail.com)

[www.Jennifermossmt.com](http://www.Jennifermossmt.com)

**Registration Deadline: April 20<sup>th</sup>**

***Call for availability after deadline.***

**Multiple registrations: Fill out one registration for each participant.**

Name:

Agency:

Address:

City, State Zip:

Phone :

Email

- Confirmation will be sent via email.
- Inquire if site is handicap assessable.
- No refunds for cancelations.
- All Paid fees are transferable for a future NPP training or staff member.

**\$325/375/400 per registration depending on 3-day options or 5-day option**

**Checks Payable to: Jennifer Moss, MFT**

**\*Email if paying by credit card via Paypal.**