

Family Development Resources, Inc.



## Nurturing Parenting Programs® Three-Day Facilitator Training & Seminar

with

Stephen J. Bavolek, Ph.D.

Author of the Nurturing Parenting Programs®

## Nashville, Tennessee

### January 8-10, 2019

#### In three days, participants will learn:

- Philosophy of Nurturing Parenting;
- Five parenting constructs of abuse/neglect;
- Impact of maltreatment on brain development;
- How to assess high-risk parenting beliefs;
- How to tailor programs based on family's needs;
- How to gather process evaluation data;
- How to evaluate pre and post program impact;
- How to implement home and group-based models

Hosted by our Friends at:



#### TRAINING DESCRIPTION

The three-day training will focus on understanding the philosophy of nurturing parenting, assessing high risk parenting beliefs and environments, creating competency based parenting lessons and programs tailored to meet the individual parenting needs of families, and implementing programs at the primary, secondary and tertiary levels of prevention.

Participants will experience a hands-on approach to implementing home-based, group-based and a combination home-based/group-based program model.

Participants will learn how to administer and score the online versions of the Adult-Adolescent Parenting Inventory (AAPI-2) and the Nurturing Skills Competency Scales (NSCS), and how to select the best Nurturing Program model for your agency.

Participants will also learn how to monitor the success of families through on-going process evaluation strategies designed to measure the attainment of parenting knowledge and skills.

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Learn how to implement the  
**evidence-based** Nurturing  
Parenting Programs to meet the specific  
parenting needs of families.

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#### What participants are saying ...

- *I have a better understanding of the mission of the programs. If you put meaning behind a program, it seems to have a better chance of success.*
- *For professionals, it is also a personal growth experience.*
- *This training had a lot of laughter and so much information.*
- *Extremely helpful in constructing evidence-based programs for our foster parents and youth in care.*
- *The entire training was not only helpful for work but for my personal life as well.*
- *I particularly appreciated the flexibility and ability to create customized programs to meet the unique needs of each family. I am very excited about the competency-based lessons and sessions.*
- *I learned the importance of customizing everything in order to meet the needs of the families we serve.*
- *I learned how to individualize each parenting program as to have the least recidivism.*
- *The three days were full of awakenings and knowledge on behavior strategies and evaluation.*

## SIX Protective Factors

The Nurturing Parenting Programs® meet and exceed the Six Protective Factors identified by the U.S. Government for the prevention and treatment of Child Abuse and Neglect.

## Nurturing Parenting Programs By Prevention Level:

### Primary PREVENTION-EDUCATION

Prenatal Families • ABC's for Parents & Their Children 5 to 8 • Parents & Their Children with Special Needs & Health Challenges • Community Based Education (CBE) in Nurturing Parenting • CBE for Military Families • CBE - Alcohol & Kids Don't Mix • CBE - Alcohol, Anger & Abuse • CBE - Teen Pregnancy Prevention • Developing Nurturing Skills (DNS): School-Based Program

### Secondary PREVENTION-INTERVENTION

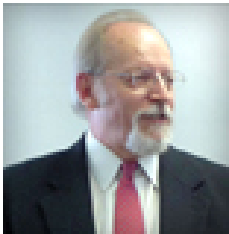
Nurturing Skills for Families • Nurturing Skills for Teen Parents • Nurturing America's Military Families • Nurturing Fathers • Nurturing God's Way • Family Nurturing Camp

### Tertiary PREVENTION-TREATMENT

Parents & Their Infants, Toddlers & Preschoolers - 16 Sessions • Parents & Their School-Age Children 5-11 Years • Young Parents & Their Families - 16 Sessions • Parents & Adolescents • Hmong Parents & Adolescents • Families in Substance Abuse Treatment & Recovery • It's All About Being a Teen

### Comprehensive PROGRAMS

Teen Parents & Their Children • Parents & Their Infants, Toddlers & Preschoolers • Spanish Speaking Parents & Their Children Birth to 12 Years • Spanish Speaking Parents & Their Children 4 to 12 Years



#### Stephen J. Bavolek, Ph.D.

Dr. Bavolek is the principal author of the Nurturing Parenting Programs, the Adult-Adolescent Parenting Inventory (AAPI-2) and the Nurturing Skills Competency Scales (NSCS). He is also Executive Director of the Family Nurturing Centers, Inc. Born and raised in Chicago, he has spent his professional career spanning 40 years working with children and teens identified with a wide range of behavioral/emotional disorders, and families experiencing dysfunctional parent-child interactions, including child abuse and neglect.

Dr. Bavolek received his Ph.D. in 1978 from Utah State and developed the Adolescent Parenting Inventory as his doctoral dissertation. He completed a post-doctoral internship in 1978 at the Kempe Center in Denver Colorado working with abused children and abusive/neglecting parents. In 1983 he began work on the development and validation of the Nurturing Parenting Program through a grant from the National Institute of Mental Health while an Associate Professor at the University of Wisconsin-Eau Claire. The Nurturing Parenting programs were first published in 1985 as the first validated, family-based parenting program targeted specifically for families experiencing child abuse and neglect. He has received numerous awards, conducted over 1,000 workshops, and authored parenting programs, DVDs and educational games. For a complete review of Dr. Bavolek's resume, go to [NurturingParenting.com](http://NurturingParenting.com).

#### Family Development Resources Inc. and Family Nurturing Centers Int. Inc.™

Incorporated in 1983, Family Development Resources, Inc. (FDR) was established by Stephen Bavolek for the expressed purpose of developing, validating, and distributing parenting programs, videos, and assessment tools to build nurturing parenting skills in families and consequently, prevent and treat child abuse and neglect. Family Nurturing Centers Int. Inc. was established to provide training and consulting in the Nurturing Parenting Programs.

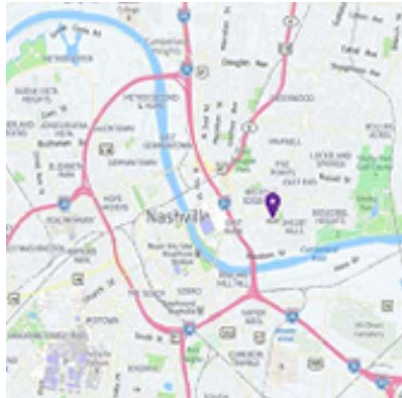
#### What participants are saying about Dr. Bavolek ...

- *Dr. Bavolek has such a passion for and lives his "no violence" philosophy – and encourages everyone to do the same.*
- *The trainer kept everyone interested and involved. The training was amazing in every way.*
- *Dr. Bavolek is a very kind, gentle, and approachable man and has inspired me to be a better person.*
- *I feel ready and excited to implement and facilitate a Nurturing Program. Dr. Bavolek made teaching fun and very informative. I admire and have great respect for his teaching style! Thank you!*
- *You have inspired me to go out and be the best home visitor.*
- *Dr. Bavolek is warm, engaging and funny!*
- *Dr. Bavolek's ability to present information in depth but with an engaging and joyful manner was awesome!*

## Workshop Details

Register Online at <http://nurturingparenting.com/training.i>

- Dates: January 8-10, 2019 \* **Deadline: December 31, 2018**
- Cost: **\$300** per person (\$280 groups of 5 or more) *by deadline*  
\* *\$350 each after deadline - register by phone 262-652-6501.*  
Sorry, refunds not available; credit only.
- Location: **Martha O'Bryan Center**  
**711 South 7<sup>th</sup> Street**  
**Nashville, Tennessee 37214**
- Times: 8:30 to 9:00 Sign-in (first day only)  
9:00 to 4:00 training with one hour break for lunch (on your own)
- Sponsors: Martha O'Bryan Center  
Family Development Resources, Inc.  
Family Nurturing Centers Int.™



Materials: Training materials and a 10% discount coupon are included.  
*Program Materials and Online Assessments Sold Separately.*

Each participant receives a *Certificate* acknowledging successful completion of a Facilitator Training (18 hours) in the Nurturing Parenting Programs®.

## Local Hotel Suggestions:

La Quinta Inn & Suites Nashville Airport/Opryland  
2345 Atrium Way, Nashville, TN 3721

Doubletree by Hilton Nashville-Downtown  
315 4th Avenue North, Nashville, TN 37219-1693

Club-Hotel Nashville Inn & Suites  
2435 Atrium Way, Nashville, TN 37214

Hotel Preston Nashville Airport, A Provenance Hotel  
733 Briley Pkwy Nashville TN 37217

Hyatt Place Nashville Airport  
721 Royal Pkwy Nashville TN 37214



**Nurturing Parenting Programs®**  
[NurturingParenting.com](http://NurturingParenting.com)

### Sales & Materials

Family Development Resources, Inc.  
800-688-5822; email: [fdr@NurturingParenting.com](mailto:fdr@NurturingParenting.com)

### Training & Consulting

Family Nurturing Centers Int.™  
262-652-6501; email: [fnc@NurturingParenting.com](mailto:fnc@NurturingParenting.com)

### Assessments

Website: [AssessingParenting.com](http://AssessingParenting.com)

### Research and Development

Website: [NurturingProgramResearch.com](http://NurturingProgramResearch.com)

**The Nurturing Parenting Programs®**  
**are included in SAMHSA's National**  
**Registry of Evidence-based Programs**  
**and Practices**

