

# Nurturing Parenting Programs<sup>®</sup>

## Three-Day Facilitator Training



with

**Ana Romero**

Nationally Recognized Trainer/Consultant

**ONLINE**  
**May 24-26, 2021**

Learn how to implement the **evidence-based Nurturing Parenting Programs** to meet the specific parenting needs of families.

In three days, participants will learn:

- Philosophy of Nurturing Parenting;
- Five Parenting Constructs of Abuse/Neglect;
- Impact of maltreatment on Brain Development;
- How to Assess High-Risk Parenting Beliefs;
- How to Tailor Programs based on Family's Needs;
- How to Gather Process Evaluation Data;
- How to Evaluate Pre and Post Program Impact;
- How to Implement Home & Group-Based Models



### TRAINING DESCRIPTION

The three-day training will focus on understanding the philosophy of nurturing parenting, assessing high risk parenting beliefs and environments, creating competency-based parenting lessons and programs tailored to meet the individual parenting needs of families, and implementing programs at the primary, secondary and tertiary levels of prevention.

Participants will experience a hands-on approach to implementing home-based, group-based and a combination home-based/group-based program model.

Participants will learn how to administer and score the online versions of the Adult-Adolescent Parenting Inventory (AAPI-2) and the Nurturing Skills Competency Scales (NSCS), and how to select the best Nurturing Program model for your agency.

Participants will also learn how to monitor the success of families through on-going process evaluation strategies designed to measure the attainment of parenting knowledge and skills.

The Nurturing Parenting Programs are proven, evidence-based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.

Since 1985, over one million families have participated in the Nurturing Parenting Programs worldwide.

### What participants are saying ...

- "Truly a well-structured and well delivered training. I learnt so much. Thank you"
- "Hands on experience were great. They are activities that I could use again and again. The trainer was passionate and enthusiastic about the NPP"
- "The activities help understand topics better"
- "The most helpful part of the course was the presentation & practicing how to be the facilitator"
- "Wonderful training! I feel very prepared to provide the material to my clients. Trainer was very personable and respectful"
- "The training was efficient for me to enhance my skills with parents"
- "Fun training. You were always available and willing to answer questions and give examples. I feel like I have a good grasp of the program."



**The Nurturing Parenting Programs meet and exceed the Six Protective Factors identified by the U.S. Government for the prevention and treatment of Child Abuse and Neglect.**

## Nurturing Parenting Programs By Prevention Level:

### Primary PREVENTION-EDUCATION

Prenatal Families • ABC's for Parents & Their Children 5 to 8 • Parents & Their Children with Special Needs & Health Challenges • Community Based Education (CBE) in Nurturing Parenting • CBE for Military Families • CBE - Alcohol & Kids Don't Mix • CBE - Alcohol, Anger & Abuse • CBE - Teen Pregnancy Prevention • Developing Nurturing Skills (DNS): School-Based Program

### Secondary PREVENTION-INTERVENTION

Nurturing Skills for Families • Nurturing Skills for Teen Parents • Nurturing America's Military Families • Nurturing Fathers • Nurturing God's Way • Family Nurturing Camp

### Tertiary PREVENTION-TREATMENT

Parents & Their Infants, Toddlers & Preschoolers - 16 Sessions • Parents & Their School-Age Children 5-11 Years • Young Parents & Their Families - 16 Sessions • Parents & Adolescents • Hmong Parents & Adolescents • Families in Substance Abuse Treatment & Recovery • It's All About Being a Teen

### Comprehensive PROGRAMS

Teen Parents & Their Children • Parents & Their Infants, Toddlers & Preschoolers • Spanish Speaking Parents & Their Children Birth to 12 Years • Spanish Speaking Parents & Their Children 4 to 12 Years

## Ana Romero, LCSW

Ana has been involved with the Nurturing Parenting Program since 2005 and become a Nationally Recognized Trainer/Consultant in 2009. Ana got her master's in Social Work in 1993 from the San Jose State University and become a License Clinical Social Worker for the state of Florida in 2002. She has her private practice where she provides counseling to individuals and couples. Besides being a trainer for the Nurturing Parenting Curriculum, Ana also provides workshops on topics such as Postpartum Depression, Domestic Violence, Stress Management and grieving. She is as well a consultant on Maternal Mental Health.

### *What participants are saying about Ana...*

- “Ana did an outstanding job of training. She took her time to answer questions and it was very clear that she knew the material, Excellent!”
- “Ms. Romero was very professional, and I loved how she provided the material”
- “I really enjoy this training! Ana was a great instructor! I have learned a lot and I can't wait to share this knowledge with my clients”
- “Ana is very helpful and great at making you feel comfortable”
- “I enjoyed the perspective Ana brought to the training & discussions”

Visit us at [www.nurturingparenting.com](http://www.nurturingparenting.com)

## WORKSHOP DETAILS

**Dates:** May 24-26, 2021

**Cost:** \$ 300 per person.

**Location:** Online Training (Via Zoom)

**Times:** 9:00am to 4:00pm with **one- hour break for lunch.**

**To register:** Call Ana Romero at (305) 450-8445 or email her at aromero@postpartumeducation.com

**Materials:** **Only the training workbook is included.**

**Participants need to purchase program materials prior to the training.**

Each participant receives a *Certificate* acknowledging successful completion of a Facilitator Training in the Nurturing Parenting Programs. You need to attend the 3 days to get the certificate.

**Refund Policy: No refund for cancellations after May 14 2021. Paid fee is redeemable for one of my NPP trainings.**

**Please make sure before registering that you will be able to attend the three days, there are not make up sessions if you miss a day or half day. Reservation only confirmed with payment**

## REGISTRATION FORM

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NAME

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AGENCY

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ADDRESS

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CITY, STATE, ZIP CODE

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PHONE

FAX

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E-MAIL

**Are you already using the Nurturing Parenting Curriculum?**

\_\_\_ YES

Which one? \_\_\_\_\_

\_\_\_ NO