



Nurturing Parenting Programs have been reviewed and awarded with high scores in the **National Registry of Evidence-based Programs and Practices.**

**Family Development Resources, Inc.**

**Family Nurturing Centers International**

Incorporated in 1983, Family Development Resources, Inc. (FDR) was established by **Dr. Stephen Bavolek**

**Trainer:**

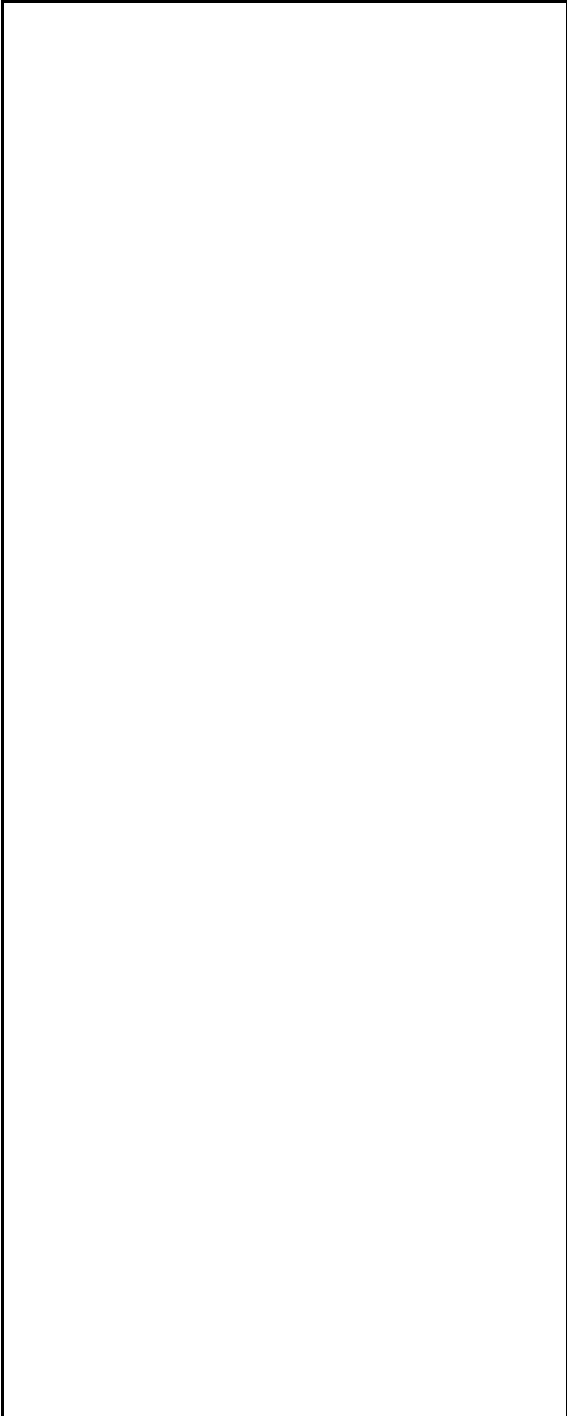
**Joe Nullet**, a graduate of Harvard University, is the former Executive Director of the Supervised Visitation Network, an international membership organization of professionals who provide supervised visitation and access services to families. Joe was also formerly the Executive Director of the Family Nurturing Center of Florida, an organization committed to creating a community of nurturing care for our children.

As recognized Trainer/Consultant for the Nurturing Parenting programs, Joe's area of strength is in the administration, support, and successful implementation of the Nurturing Parenting programs. Since 2001, Joe has successfully obtained financial support from the Jaguars Foundation, the Community Foundation of Jacksonville, the Reinhold Foundation, the Rice Family Foundation, UPS, Publix, the Martin Foundation, and others for the implementation of Nurturing Parenting programs.

In 2018, Joe partnered with Dr. Bavolek to adapt the Nurturing Skills curriculum and create The Nurturing Parenting Skills for Families in Supervised Visitation, an innovative program designed to empower parents and parent educators in creating customized, competency based parenting programs to meet the specific needs of families who are in supervised visitation services.

Joe is available to train your agency staff to facilitate the Nurturing Parenting programs or as a consultant to develop innovative strategies to foster community collaboration, solicit financial support, and manage the effective implementation of NP programs.

For information on upcoming Workshops in the Nurturing Parenting Programs®, visit the Training Calendar on our website at [www.nurturingparenting.com](http://www.nurturingparenting.com).



# Nurturing Programs®

## Facilitation Training

FOR PROFESSIONALS WORKING WITH  
INDIVIDUALS AND FAMILIES THROUGH  
GROUP, HOME-BASED AND  
INDIVIDUAL SERVICES

ATTEND TRAINING WITH

**Joe Nullet**

National Trainer/Consultant

(904) 704-5372



**Dates:** **April 6-8, 2020**  
Monday 9:00 am to 4:00 pm  
Tuesday 9:00 am to 4:00 pm  
Wednesday 9:00 am to 4:00 pm

**Location:**

**Hope Haven**  
**4600 Beach Blvd**  
**Jacksonville, FL 32207**

**Cost:** \$325

**Local Contact:** **Joe Nullet**, (904) 704-5372  
[joenullet@gmail.com](mailto:joenullet@gmail.com)

## The Nurturing Parenting Programs ®

The Nurturing Parenting Programs are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect.

Four levels of Nurturing Programs address the specific needs of different populations:

### PRIMARY

**Prevention-Education** Programs are designed to empower individuals and families with new knowledge, beliefs, strategies and skills to make good and healthy lifestyle choices.

### SECONDARY

**Prevention- Intervention** Programs are designed for at-risk youth, teen parents, and families experiencing mild to moderate levels of individual and family dysfunction.

### TERTIARY

**Prevention- Treatment** Programs are designed for families referred for parenting education by Social Services/Mental Health for child abuse and neglect and/or family dysfunction.

**COMPREHENSIVE** Programs are designed for agencies to offer long term, more comprehensive parenting education.

### **Adult-Adolescent Parenting Inventory (AAPI-2)**

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, The AAPI provide scores that profile parents at risk for abusing and neglecting children. Forms available in English and Spanish. Now available on a CD ROM. For more information, visit [www.aapionline.com](http://www.aapionline.com).

### **Who Can Benefit**

Professionals and para-professionals working in education, childcare, mental health, violence prevention, child welfare, school systems, treatment facilities, social work, and social services.

The Nurturing Program and the philosophy behind the program have successfully been utilized by:

- Home-based Service Providers
- Youth Residential Centers
- School Districts
- Mental Health Treatment Centers
- Therapist and Counselors
- Infant and Early Childhood Mental Health
- Drug and Alcohol Treatment Centers
- Child Protective Services and Foster Parents
- Day Care Facilities
- Early Head Start/Head Start (EI & ECI)

## REGISTRATION FORM

Return this form along with registration fee payable to:

Joe Nullet  
3720 Chasing Falls Road  
Orange Park, FL 32065

E-mail: [joenullet@gmail.com](mailto:joenullet@gmail.com)

### **Registration Deadline:**

**March 25, 2020**

Participant's Name:

(How you want it to appear on Training Certificate)

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Agency Name

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Address

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City, State, Zip

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Phone

E-mail

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**REGISTER AND PAY ON LINE:**

**Pay on line for \$325 at:**

**[TheVisitCoach.com](http://TheVisitCoach.com)**

### **Philosophy of the Nurturing Program**

The philosophy of the Nurturing Program emphasizes the importance of raising children in a warm, trusting and caring environment. It is founded on the belief that children who are cared for develop the capacity to trust, care and respect themselves, others, living creatures and their environment. This philosophy is founded on 7 principles:

1. **Feelings of attachment.** Attachment is a bond between a parent and their child that conveys deep unconditional love. Children who feel loved unconditionally, children exhibit positive communication, trust and respect naturally.
2. **Empathy.** Empathy is the ability of parents to put themselves in the place of their children in an attempt to feel, think and understand what their child is feeling, thinking and understanding, and respond to the child in a loving and respectful way.
3. **Nurturing Oneself.** Taking time to get one's own needs met, as an adult, forms the foundation of understanding and helping a child get their needs met.
4. **Gentle Touch.** Research has shown that children who experience warm and gentle touch in the form of hugs, pats, and massages develop and maintain healthy relationships throughout their life, as well as a healthy and positive sense of self.
5. **Discipline.** Setting limits through family rules, teaching right from wrong through family morals, and teaching respect and worth through family values are all part of a nurturing family. Discipline develops best by children modeling their parent's examples.
6. **Expressing Feelings.** Helping children learn appropriate ways to manage and express their feelings is a fundamental characteristic of a nurturing family.
7. **Expectations and Self Worth.** Knowing what to expect of children as they develop plays a significant role in the child's self-worth. Children learn that they are competent people, capable of pleasing others important in their lives when the adults in their life have appropriate expectations.

**Day 1:** Philosophy of the Nurturing Program; Values; Structure; Constructs; Validation; Discipline, Rewards and Punishment; Empowering Parents and Children.

**Day 2:** Developing Empathy; Self-Awareness; Recognizing, Understanding and Communicating Feelings; Structure and Guidelines; Humor, Laughter and Fun.

**Day 3:** Program Implementation; Getting familiar with the Curriculum; Practice Sessions; Best Practices;