



### Donald Guernsey

MS, LMFT, FSAC

Nationally Recognized Trainer and Consultant for Nurturing Parenting Programs

Donald has facilitated Nurturing Parenting Programs for over nine years. He has facilitated both home-based and group-based programs. With over 20 years of experience working youth and families in residential and home-based settings, Donald is very familiar with developing, implementing, and evaluating Nurturing Parenting Programs in a variety of settings.

### Education and Experience

- MS, Specializing in Marriage & Family Therapy. *Northern Illinois University, DeKalb, Illinois*
- B.A.A., Majoring in Psychology and Family Studies. *Central Michigan University, Mt. Pleasant, Michigan*

In addition to Donald's experience working with Nurturing Parenting Programs, he has been a trained Wraparound Facilitator and Supervisor for 14 years; Adjunct Faculty for Central Michigan University and Grace Bible College; and is currently the Director of Behavioral Health for Eagle Village.

Donald is also the father of 4 children (2 boys, 2 girls) and has 8 grandchildren. As a father and a professional Donald brings his life, and often humorous experiences, into the training.

### Lodging

Offsite hotel accommodations are available in several neighboring towns:

- Evart** (10 miles)
- Big Rapids** (20 miles)
- Cadillac** (33 miles)

### Contact

Don't hesitate to reach out if you have any questions!

- Phone:** 231-305-6730
- Email:** pmoss@eaglevillage.org



EAGLE VILLAGE



## Nurturing Programs<sup>®</sup> Facilitation Training

For professionals working with individuals and families through group, home-based, and individual services

### Training given by Donald Guernsey

MS, LMFT, FSAC, National Trainer/Consultant

**March 25, 26, and 27**  
**9:00 a.m. day 1-4:30 p.m. day 3**

**Training at Eagle Village  
in Hersey, MI**

sponsored by



EAGLE VILLAGE

## Nurturing Parent Programs®

The Nurturing Parenting Programs are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect. Four levels of Nurturing Programs address the specific needs of different populations:

**PRIMARY:** Prevention-Education Programs are designed to empower individuals and families with new knowledge, beliefs, strategies and skills to make good, healthy lifestyle choices.

**SECONDARY:** Prevention-Intervention Programs are designed for at-risk youth, teen parents, and families experiencing mild to moderate levels of individual and family dysfunction.

**TERTIARY:** Prevention-Treatment Programs are designed for families referred for parenting education by Social Services/Mental Health for child abuse and neglect and/or family dysfunction.

**COMPREHENSIVE:** Programs are designed for agencies to offer long term, more comprehensive parenting education.

**Adult-Adolescent Parenting Inventory:** The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, The AAPI provide scores that profile parents at risk for abusing and neglecting children. Forms available in English and Spanish. Now available on a CD ROM.

For more information, visit [www.aapionline.com](http://www.aapionline.com).

**Who Can Benefit:** Professionals and para-professionals working in education, childcare, mental health, violence prevention, child welfare, school systems, treatment facilities, social work, and social services.

*The Nurturing Program and philosophy have successfully been utilized by:*

- Home-based Service Providers
- Youth Residential Centers
- School Districts
- Mental Health Treatment Centers
- Therapist and Counselors
- Infant and Early Childhood Mental Health
- Drug and Alcohol Treatment Centers
- Child Protective Services and Foster Parents
- Day Care Facilities
- Early Head Start/Head Start (EI & ECI)

## Philosophy of the Nurturing Program

The philosophy of the Nurturing Program emphasizes the importance of raising children in a warm, trusting, caring environment. It is founded on seven principles, and the belief that children who are cared for develop the capacity to trust, care for, and respect themselves, others, living creatures, and their environment.

**1. Feelings of attachment.** Attachment is a bond between a parent and their child that conveys deep unconditional love. Children who feel loved unconditionally, children exhibit positive communication, trust and respect naturally.

**2. Empathy.** Empathy is the ability of parents to put themselves in the place of their children in an attempt to feel, think and understand what their child is feeling, thinking and understanding, and respond to the child in a loving and respectful way.

**3. Nurturing Oneself.** Taking time to get one's own needs met, as an adult, forms the foundation of understanding and helping a child get their needs met.

**4. Gentle Touch.** Research has shown that children who experience warm and gentle touch in the form of hugs, pats, and massages develop and maintain healthy relationships throughout their life, as well as a healthy and positive sense of self.

**5. Discipline.** Setting limits through family rules, teaching right from wrong through family morals, and teaching respect and worth through family values are all part of a nurturing family. Discipline develops best by children modeling their parent's examples.

**6. Expressing Feelings.** Helping children learn appropriate ways to manage and express their feelings is a fundamental characteristic of a nurturing family.

**7. Expectations and Self Worth.** Knowing what to expect of children as they develop plays a significant role in the child's selfworth. Children learn that they are competent people, capable of pleasing others important in their lives when the adults in their life have appropriate expectations.

**Day 1: Philosophy of the Nurturing Program;** Values; Structure; Constructs; Validation; Discipline, Rewards and Punishment; Empowering Parents and Children.

**Day 2: Developing Empathy;** Self-Awareness; Recognizing, Understanding and Communicating Feelings; Structure and Guidelines; Humor, Laughter and Fun.

**Day 3: Program Implementation;** Getting familiar with the Curriculum; Practice Sessions; Best Practices; Monkey Wrenches and Difficult Sessions. Special emphasis on facilitating groups and clinical services.

## Registration Form

**Registration deadline: March 18**

Register online at [eaglevillage.campbrainregistration.com](http://eaglevillage.campbrainregistration.com), or fill out the form below and return it to Eagle Village.

\_\_\_\_\_  
Name of participant

\_\_\_\_\_  
Agency

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, Zip

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Fax

\_\_\_\_\_  
Email (*confirmation is sent via email*)

**Cost: \$300 per person (includes lunch)**

**Training: 9:00 a.m.–4:30 p.m. daily**

Agenda and curriculum will be available at the training.

### Please Choose

\_\_\_\_\_ I will arrange my own off-site lodging, breakfast, and dinner. (lunch is provided)

\_\_\_\_\_ Special dietary needs

### Eagle Village Lodging\*

\_\_\_\_\_ 2-night stay (\$116 additional)

\_\_\_\_\_ 3-night stay (\$174 additional)

*\*Camp style motels. No TVs, limited Wi-Fi, no additional meals provided.*

**Return this form, along with registration fee check payable to:**

Eagle Village | Call 231-305-6730 to pay  
4507 170th Ave. | with credit card, or register  
Hersey, MI 49639 | and pay online.

Email [pmoss@eaglevillage.org](mailto:pmoss@eaglevillage.org) with questions.

**\$\_\_\_\_\_ Total Enclosed\***

*\*No refunds. Payments can be transferred to a future date.*