

**THE NURTURING PARENTING PROGRAMS®  
PARENTING THE NURTURING WAY**

**PRIMARY**

**Prevention Education**

Prenatal Families  
ABC's for Parents & Their Children 5 to 8  
Parents & Their Children with Special Needs & Health Challenges  
Community Based Education (CBE) in Nurturing Parenting CBE for Military Families  
CBE-Alcohol & Kids Don't Mix  
CBE-Alcohol, Anger & Abuse  
CBE-Teen Pregnancy Prevention  
Developing Nurturing Skills (DNS): School-Based Program

**SECONDARY**

**Prevention Intervention**

Nurturing Skills for Families  
Nurturing Skills for Teen Parents  
Nurturing America's Military Families  
Nurturing Father's Nurturing God's Way  
Family Nurturing Camp

**TERTIARY**

**Prevention-Treatment**

Parents & Their Infants, Toddlers & Preschoolers  
Parents & Their School-Age children 5-11 Years  
Young Parents & Their Families  
Parents & Adolescents  
Families in Substance abuse treatment & Recovery  
It's All About Being a Teen

**Comprehensive**

Teen Parents & Their Children  
Parents & Their Infants, Toddlers & Preschoolers  
Spanish Speaking Parents & Their Children Birth to 12 Years  
Spanish Speaking Parents & Their Children 4 to 12 Years

**Registration Form  
Nurturing Parenting Program  
Facilitator's Training**

MAIL THIS FORM, along with your registration fee payable to:

**MPNN CSB Prevention, Health & Wellness  
PO Box 452, Hayes, VA 23072**

**When: 6/4, 6/5, and 6/6, 2019**

**Where: 3786 George Washington Mem. Hwy.  
Hayes, VA 23072**

**Time: 9am-4pm**

**Registration Deadline: May 28, 2019**

Name of Participants: (Multiple registrations: Fill out one registration for each participant)

Name

Agency

Address

City, State, Zip Code

Phone

Email \*\*Confirmation will be sent via email.

**Enclosed Method of Payment:**

Check  Money Order



**Nurturing Parenting Program ®  
3-Day Facilitator Training**

*With*

**Cheryl Matteo-Kerney, M.Ed., I.C.P.S.**

*Nationally Recognized Trainer & Consultant*

*The Nurturing Parenting Program ®*



When: June 4, June 5, June 6, 2019

Cost: \$300 (includes materials & snacks)

Sponsored by:

**Prevention, Health & Wellness Division**

of the

Middle Peninsula-Northern Neck

Community Services Board

PO Box 452, Hayes, VA 23072

Ph. 804-642-5402

prevent@mpnn.state.va.us

www.chvc.online



## THE NURTURING PARENTING PROGRAMS®

The Nurturing Parenting Programs® are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect. The Nurturing Parenting Programs® are recognized by the National Registry of Effective Programs and Practices (NREPP), the Substance Abuse-Mental Health Services Administration (SAMHSA) and the Office of Juvenile Justice & Delinquency Prevention (OJJDP).

### Adult-Adolescent Parenting Inventory (AAPI-2)

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, the AAPI provides scores that profile parents at risk for abusing and neglecting children. (visit [aapionline.com](http://aapionline.com) for more info).

### Workshop Description

Participants will learn:

- The Nurturing Parenting Program® philosophy, values, structure, and validation.
- How the 5 Constructs are taught and understood in the Program, through activities relating to child development & expectations, attachment, personal power, empathy, discipline & alternatives to corporal punishment, expressing feelings and gentle touch, nurturing oneself, self-awareness (incl. parent-child roles), and building self-esteem in parents & children.
- How to implement group and home based Nurturing Parenting Programs® that includes practice sessions, use of program materials, videos, assessment tools, children's and parents' programs activities, family home practice assignments, icebreakers.
- Application of the Adult-Adolescent Parenting Inventory (AAPI-2) & Nurturing Skills Competency Scale (NSCS) where applicable in certain programs.



Below are listed some of the more 16 Nurturing Parenting Programs®:

- Prenatal Program
- Nurturing Skills for Teens Parents
- Parents & Their Infants, Toddlers, and Preschoolers
- Parents & Their Children 5-11 years
- Parents and Adolescents
- Teen Parents & Their Families
- ABC's of Parenting
- Families in Substance Abuse Treatment & Recovery
- Nurturing Skills for Families
- Community Based Education in Nurturing Parenting
- Crianza con Carino Birth to Five Years
- Crianza con Carino 4-12 Years
- Nurturing America's Military Families
- African-American Supplemental Lesson Guide

The foundation of the Nurturing Parenting Programs® is that **parenting is learned**.

**The family is a system.** Involvement of all family members is essential to change the system. Parents and children in the Programs participate together in group or home-based interventions.

Empathy is the single most desirable quality in nurturing parenting. Empathy is the ability to be aware of the needs of others and to value those needs. When empathy is high among family members, abuse is low. The Programs seek to develop empathy in all family members.

**Parenting exists on a continuum.** To some degree, all families, experience healthy and unhealthy interactions. Building positive, healthy interactions between family members is an important key to reducing family violence.

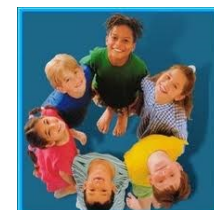
**Learning is both cognitive and affective.** To be effective, education or intervention must engage the learner on both the cognitive (knowledge) level and the affective (feeling) level.

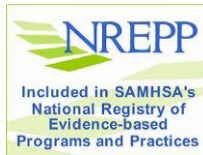
**Children who feel good about themselves are more likely to become nurturing parents.** A major goal of the Programs is to help both parents and children increase their self-esteem and develop positive self-concepts.

Given a choice, all families would rather engage in happy, healthy interactions.

### General Information:

**Workshop Fee:** \$300.00 per person (Includes materials and snacks).





## ***NURTURING PARENTING PROGRAMS®***



### **3-Day Facilitator Training June 4 through June 6, 2019**

***At MPNN CSB Prevention, Health & Wellness Division  
3786 George Washington Memorial Highway, Hayes, VA 23072***

***Time: 9am-4pm***

***Learn how to implement competency based Nurturing Parenting Programs®  
to meet the specific parenting needs of families.***

**Sponsored by the MPNN CSB Prevention, Health & Wellness Division with  
Cheryl Matteo-Kerney, M.Ed., I.C.P.S.  
Nationally Recognized NPP Trainer/Consultant**

**Cost: \$300.00**

**Online Registrations:**

<https://nppfacilitator.eventbrite.com>

**Or visit us at [www.chvc.online](http://www.chvc.online)**

***Registration Deadline: Tuesday, May 28, 2019***

To accommodate questions, learning objectives, experiences in facilitation, and other Curriculum activities, **training is limited to the first PAID 12 registrants.**