

## Senta Burton, MSW



Senta holds a Master's Degree in Social Work from the University of California, Chico with a concentration in mental health. She also holds a bachelor's degree in Psychology with a minor in Drug and Alcohol Studies from Carlow University in Pittsburgh, Pennsylvania.

Senta's professional experience includes Foster Care Case worker, Foster Parent Trainer, Domestic Violence Group Facilitator, Caseworker for Juvenile Probation, Supervised Visitation, both private court mandated and adoptions, and coordinator for Parent Education Experiential Resource Program (PEER).

She currently works for The Butte Foster Kinship Education Program in Chico CA, as a trainer where she teaches classes foster parent preservice, grief and loss, parenting the substance exposed child, as well as several trauma-informed classes.



**Senta Burton, MSW**

**Senta Burton Consulting**

615 West 11th Avenue, Chico, CA

Chico, CA 95926

*Nurturing Parenting®*

# Facilitator Training & Seminar

with  
**Senta Burton,  
MSW**  
Trainer/Consultant

**Dates:** 1/30– 2/1/ 2019  
9:00am-5:00pm

**Cost:** \$280

**Location:** Chico, CA

Training site: Butte College  
Skyway Center, Chico CA

## Workshop Description

The three days will focus on incorporating the philosophy, skills and strategies of nurturing parenting: How to use program materials, videos and assessment tools, program activities, family home practice assignments, icebreakers, personal growth lessons, activities for personal power, alternatives to corporal punishment, building self-esteem, self-concept and empathy in parents and children. The training includes lecture presentations, videos, written material, and trainee participation. Fee does not include teaching materials, DVDs, etc. need to facilitate the Program to parents.

## The Nurturing Parenting Programs

The Nurturing Parenting Programs are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect that address the specific needs of different populations:

- Prenatal Program
- Parents & Their Infants, Toddlers & Preschoolers
- Parents & Their School-Age Children
- Parents & Adolescents
- Teen Parents & Their Families
- Families in Substance Abuse Treatment & Counseling
- ABC's Program for Parents & Kindergarteners
- Crianza con Cariño
- Parents & Their Children with Special Needs & Health Challenges
- African-American Nurturing Program Supplement
- Hmong Parents & Adolescents
- ...and more.

## Adult-Adolescent Parenting Inventory (AAPI)

The AAPI has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, the AAPI provides scores that profile parents at risk for abusing and neglecting children. For more info, visit: [www.assessingparenting.com](http://www.assessingparenting.com).

To find out more about Nurturing Parenting Programs and Family Development Resources, Inc., the program's publisher, visit: [www.nurturingparenting.com](http://www.nurturingparenting.com)

## Registration Form

Nurturing Parenting Program Facilitator Workshop  
& Seminar

1/30-2/1/ 2019  
in Chico, CA

**MAIL THIS FORM** along with your registration fee payable to:

Senta Burton c/o  
Senta Burton Consulting  
615 West 11th Avenue  
Chico, CA 95926

**Phone:** (530) 680-0297

**E-Mail:** [sentaburtonconsulting@gmail.com](mailto:sentaburtonconsulting@gmail.com)

**Class size is limited!** Please call or e-mail to confirm availability **BEFORE** enrolling.

Name of Participant (please print)  
Multiple Registrations: Fill out one registration for each participant

Agency

Address

City, State, Zip

Phone

E-Mail (Confirmation will be sent via e-mail.)

**\$280** per registration (discounts for groups of 5+)

Check Enclosed

Money Order Enclosed

**Refund policy:** 100% refund if canceled 14 days in advance. Refunds after that date will be determined on a case-by-case basis and dependent on the spot being filled.

## Philosophy of Nurturing Parenting

The philosophy of Nurturing Parenting emphasizes the importance of raising children in a warm, trusting and caring household. It is founded on the belief that children who are cared for grow to develop the capacity to trust, care for and respect themselves, other people, living creatures and the environment. The philosophy of Nurturing Parenting is founded on seven principles:

1. **Feelings of Attachment.** Attachment is a bond between parents and their children which conveys a deep, mutual, unconditional love. When children feel loved unconditionally, communication, trust and respect naturally follow.
2. **Empathy.** Empathy is the ability of parents to put themselves in the place of their children in an attempt to feel, think and understand what their children are feeling, thinking and understanding, and responding to them in a loving and respectful way.
3. **Nurturing Oneself.** Taking time to get one's own needs met, as an adult, forms the foundation of understanding how to help children get their needs met. Nurturing parents take care of themselves as well as their children.
4. **Gentle Touch.** Research has shown that children who experience warm and gentle touch in the form of hugs, pats and massages develop and maintain healthy relationships throughout their lives, as well as a healthy and positive sense of themselves.
5. **Discipline.** Setting limits through family rules, teaching right from wrong, communicating family morals, and teaching respect and worth through family values are important tasks in a nurturing family. Discipline cannot be imposed, beaten into or forced on children but rather develops best when children model their parents whose example they admire.
6. **Expressing Feelings.** Helping children and adults learn appropriate ways to manage and express their feeling is a fundamental characteristic of a nurturing family.
7. **Expectations of Self-Worth.** Knowing what to expect of children as they develop plays a significant role in their self-worth. When parents have appropriate expectations, children learn that they are competent people, capable of pleasing others important in their lives.