

Nurturing Parenting Programs®
Three-Day Facilitator Training



with

Carolyn A. Fair

Nationally Recognized Trainer/Consultant

Healthy Families Partnership

100 Old Hampton Lane

Hampton, VA 23669

April 1-3, 2019

Learn how to implement the evidence-based Nurturing Parenting Programs to meet the specific parenting needs of families.

In three days, participants will learn:

- Philosophy of Nurturing Parenting;
- Five Parenting Constructs of Abuse/Neglect;
- Impact of maltreatment on Brain Development;
- How to Assess High-Risk Parenting Beliefs;
- How to Tailor Programs based on Family's Needs;
- How to Gather Process Evaluation Data;
- How to Evaluate Pre and Post Program Impact;
- How to Implement Home & Group-Based Models



For on-line registration. Please follow this link:

<https://form.jotform.com/90465488816167>

TRAINING DESCRIPTION

The three-day training will focus on understanding the philosophy of nurturing parenting, assessing high risk parenting beliefs and environments, creating competency based parenting lessons and programs tailored to meet the individual parenting needs of families, and implementing programs at the primary, secondary and tertiary levels of prevention.

Participants will experience a hands-on approach to implementing home-based, group-based and a combination home-based/group-based program model.

Participants will learn how to administer and score the online versions of the Adult-Adolescent Parenting Inventory (AAPI-2) and the Nurturing Skills Competency Scales (NSCS), and how to select the best Nurturing Program model for your agency.

Participants will also learn how to monitor the success of families through on-going process evaluation strategies designed to measure the attainment of parenting knowledge and skills.

The Nurturing Parenting Programs are proven, evidence-based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.

Since 1985, over one million families have participated in the Nurturing Parenting Programs worldwide.



The Nurturing Parenting Programs meet and exceed the Six Protective Factors identified by the U.S. Government for the prevention and treatment of Child Abuse and Neglect.

This training is pending approval for 1.9 CEUs, 19 contact hours by Virginia Commonwealth University

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Nurturing Parenting Programs By Prevention Level:

Primary PREVENTION-EDUCATION

Prenatal Families • ABC's for Parents & Their Children 5 to 8 • Parents & Their Children with Special Needs & Health Challenges • Community Based Education (CBE) in Nurturing Parenting • CBE for Military Families • CBE - Alcohol & Kids Don't Mix • CBE - Alcohol, Anger & Abuse • CBE - Teen Pregnancy Prevention • Developing Nurturing Skills (DNS): School-Based Program

Secondary PREVENTION-INTERVENTION

Nurturing Skills for Families • Nurturing Skills for Teen Parents • Nurturing America's Military Families • Nurturing Fathers • Nurturing God's Way • Family Nurturing Camp

Tertiary PREVENTION-TREATMENT

Parents & Their Infants, Toddlers & Preschoolers - 16 Sessions • Parents & Their School-Age Children 5-11 Years • Young Parents & Their Families - 16 Sessions • Parents & Adolescents • Hmong Parents & Adolescents • Families in Substance Abuse Treatment & Recovery • It's All About Being a Teen

Comprehensive PROGRAMS

Teen Parents & Their Children • Parents & Their Infants, Toddlers & Preschoolers • Spanish Speaking Parents & Their Children Birth to 12 Years • Spanish Speaking Parents & Their Children 4 to 12 Years

Carolyn A. Fair is a 1971 graduate of Hampton Institute (University) with a BA in Psychology. She has also completed graduate coursework in Family Systems Therapy and Group Therapy. She has worked in the field of Social Work for two local Departments of Social Services. Ms. Fair retired from Hampton's Healthy Families Partnership as Coordinator of Training and New Parent Programs. Carolyn became a facilitator of the Nurturing Parenting Programs in 1995 and became a Recognized National Trainer/Consultant in 1999. She is also a National Trainer/Consultant or Zero-Three (CTAMF); a Certified Facilitator for the Vannoy Group; STEP Program Facilitator, Certified Trainer of Caring for the Caregiver and a Certified Instructor for the KidWISE Institute.

Ms. Fair has conducted numerous workshops on the state and national level for professionals, parents, childcare centers and foster parents. She is a highly skilled and sought after trainer.

Carolyn is the contributing author of the parenting book "You Are Not Alone" and has recently solo authored a parenting study guide called "Nurturing: A Godly Model".

What participants are saying about Carolyn ...

- *This training was wonderful. I am excited to bring this to my community.*
- *Carolyn's training is a great experience-the practice sessions were a great way to learn and share.*
- *I feel excited that each of us may someday be as skilled as Carolyn when facilitating a group! Thanks!!*
- *This training was fantastic! I feel empowered to begin implementing!*
- *Excellent training, Carolyn is an excellent trainer. Can't wait to get started!*

[Visit us at NurturingParenting.com](http://NurturingParenting.com)

Ms. Fair is currently self-employed as parent educator in the Hampton Roads Regional Jail.

Workshop Details

Dates: April 1-3, 2019
Registration Deadline: March 27, 2019

Cost: \$ 300 per person by deadline

Location: Healthy Families Partnership
100 Old Hampton Lane
Hampton, VA 23663

Times: 8:30 to 9:00 Sign-in (first day only)
Daily Continental breakfast and snacks will be provided
9:00 to 4:00 training with one hour break for lunch (on your own)

Sponsors: ***Hampton's Healthy Families Partnership***

To register: Call Carolyn A. Fair 757-344-8780
Registration is limited to 15 participants

Materials: Training materials are included.
Program Materials and Online Assessments sold separately.

Each participant receives a *Certificate* acknowledging successful completion of a Facilitator Training (18 hours) in the Nurturing Parenting Programs.

Free parking available in garage across the street.

Closest hotel is Hotel Crowne Plaza, 700 Settlers Landing Road, Hampton 23669

Several nice restaurants within walking distance

Local Event for early arrivals:

**The Big Flea Antique Market is March 31st at the Hampton Roads Convention Center
less than 3 miles from training location**

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