

Jennifer Moss, MA, MFT has been Facilitating the Nurturing Parenting® Programs since 2006 and has been a Nationally Recognized Trainer/ Consultant for 15 years. She is also an approved Trainer Instructor for the *Training of Trainers Workshop*. She trains and consults in all of the core programs as well as the majority of the programs developed specifically for special populations. She has facilitated both parent and children in the 0-5, 4-12, and Teen Parent Programs in both group and home-based settings. In addition, she also piloted the following programs in Hawaii: Families in Substance Abuse & Recovery, Nurturing Fathers and Marriage & Parenting Programs. Jennifer is also a Master Trainer for the Nurturing Fathers Programs.

Carrie Howell is a two tribe Native American out of Colorado and the Author of the **Nurturing Parenting® Native American Supplemental Lesson Guide**. She has been Facilitating the Nurturing Parenting® Programs since 2005 and has been a Nationally Recognized Nurturing Parenting® Program Trainer/Consultant since 2009.

Both Carrie and Jennifer bring candid experiences of their own parenting history, years of working with families and decades of teaching the Nurturing Parenting® Programs!

In a rare opportunity to attend a 5 day combo training with both Jennifer Moss and Carrie Howell presenting in person, in Portland Oregon - limited spaces and priority will be given for folks wanting to take advantage of the five day combination pricing to attend both training portions spread over an entire week!

The Nurturing Parenting® Programs are recognized by the National Registry of Effective Programs and Practices (NREPP), the Substance Abuse-Mental Health Services Administration (SAMHSA) and the Office of Juvenile Justice and Delinquency Prevention (OJJDP).

Jennifer Moss
12356 NE Brazee St
Portland OR 97230

Nurturing Parenting®
Program



COMBO *In-Person*
Facilitator Training

+

**Native American Supplemental
& Experiential Training**

With

Carrie Howell

National Trainer/Consultant and Author of the
**Nurturing Parenting® Native American
Supplemental Lesson Guide**

&

Jennifer Moss, MA, MFT

National Trainer/Consultant

DATES: October 3rd – 7th 2022

TIMES: 8:30am - 4:30pm (Pacific Time)

**COMBO TRAINING - 2 Certificates
Oct 3-5 (CORE Only) & Oct 5-7 (NA only)**

COST: \$375 either session/\$475 combo*

LOCATION: Portland OR

TO REGISTER: Contact Jen Moss at
jmossmft@gmail.com

**Learn the philosophy and goals of
Nurturing Parenting and how to
implement and facilitate the group and
home-based programs.**

The Nurturing Parenting® Programs

The Nurturing Parenting Programs are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect that address the specific needs of different populations:

- Prenatal Program
- Parents and Their Infants, Toddlers, and Preschoolers
- Parents and Their School-Age Children
- Parents and Adolescents
- Teen Parents and Their Families
- Families in Substance Abuse Treatment & Recovery
- ABC's Program for Parents and Kindergarteners
- Crianza con Cariño Birth to Five Years and 4-12 Years
- Parents and Their Children with Health Challenges
- African-American Nurturing Program Supplement
- Native American Supplemental Lesson Guide
- Hmong Parents and Adolescents
- "Nurturing God's Way" Program for Christian Families
- Nurturing Skills™ for Parents
- Nurturing Skills™ for Teen Parents
- Nurturing America's Military Families

The Native American Supplemental Program

Objectives of the Program:

- To encourage Native parents to set goals towards a healthy and nurturing family lifestyle
- To prepare parents with skills and knowledge to assist with incorporating traditional practices into their parenting skill set
- To incorporate traditional Native values with Nurturing Parenting® Program curriculum. Process of Honest communication
- To help facilitators present a culturally specific curriculum developed by integrating contemporary concepts of parenting and successful historical approaches to working with Native American parents and their families

Teachings & Experiences from the NA Program:

- The Teachings of the Medicine Wheel
- Traditional Values
- Native Spirituality
- Sacred Herbs
- Historical Trauma with Native Americans
- Talking Circle
- What is Native?
- Cultural Art

Workshop Description:

This **3 day Facilitator training** will focus on incorporating the philosophy, skills and strategies of nurturing parenting.

- Participants will learn how to design home-based and group-based parenting programs utilizing the proven lessons of the Nurturing Parenting® Programs.
- A hands-on approach to conducting home and group-based Nurturing Programs that includes facilitating weekly sessions and explains how to use program materials with diverse and multi-cultural populations.
- The training program utilizes assessment tools, children's and parents' program activities, family home practice assignments, icebreakers, personal growth lessons, communication dialogue, activities for personal power, positive discipline techniques, building self-esteem, emotional regulation, stress management, self-concept and explores empathy in parents and children.
- Participants will learn how to use the online version of the *Adult-Adolescent Parenting Inventory (AAPI-2)* to gather pre and post program outcome data.

Adult-Adolescent Parenting Inventory (AAPI-2)

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting the AAPI provides scores that profile parents at risk for abusing and neglecting children. For more info, visit www.assessingparenting.com

Registration Form

Nurturing Parenting® Program
Facilitator Workshop

COMBO Training
October 3-7, 2022

MAIL THIS FORM, along with your registration information and RSVP by registration deadline

Jennifer Moss

12356 NE Brazee St

Portland OR 97230

Mobile: 808-281-1494

Email: jennifermossmft@gmail.com

Registration Deadline: September 23rd. Call or email to inquire after deadline.

Multiple registrations: Fill out one registration per participant.

Name: _____

Agency: _____

Address: _____

City, State Zip: _____

Phone: _____

Email Address: _____

(Required)

Check One:

_____ **\$475 Combo** October 3-7 (5 days)

_____ **\$375 Core** October 3-5 (3 days)

_____ **\$375 Native Amer** October 5-7 (3 days)

Check payable to Jennifer Moss, MFT, *Email to pay by credit card.

- Confirmation will be sent via email.
- Inquire if site is handicap assessable.
- No refunds for cancelations. Registrations are transferable to a different staff member.