

# Nurturing Parenting® Programs Three-Day Facilitator Training

December 2-4, 2026

with

**Ana Romero**

Nationally Recognized Trainer/Consultant #157

**Virtually Via Zoom**

**The Nurturing Parenting Programs meet and exceed the Six Protective Factors identified by the U.S. Government for the prevention and treatment of Child Abuse and Neglect.**

**The Nurturing Parenting Programs are proven, evidence-based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.**

**In this Three-Day engagement training participants will focus on**



- The Philosophy, Principles and Characteristics of Nurturing.
- Impact of Maltreatment on Brain Development.
- Five Parenting Constructs of Abuse/Neglect.
- Nurturing Program Assessments.
- Facilitator's skills to implement the program
- How to Implement Home & Group-Based Models.
- How to monitor the success of families through on-going process evaluation strategies designed to measure the attainment of parenting knowledge and skills.

## **Meet The trainer, Ana Romero, LCSW**

Ana has been involved with the Nurturing Parenting Programs since 2005 and become a National Trainer/Consultant in 2009. Ana got her master's in social work in 1993 and become a Licensed Clinical Social Worker for the state of Florida in 2002. Besides being a trainer for the Nurturing Parenting Programs, Ana also provides workshops on topics such as Postpartum Depression, Stress Management & Grief. She is also a Maternal Mental Health Consultant. **Ana is bilingual in Spanish.**

**What participants are saying**

- "Hands on experience were great. They are activities that I could use again and again. The trainer was passionate and enthusiastic about the NPP".
- "The most helpful part of the course was the presentation & practicing how to be the facilitator".
- "Wonderful training! I feel very prepared to provide the material to my clients. Trainer was very personable and respectful".
- "Fun training. You were always available and willing to answer questions and give examples. I feel like I have a good grasp of the program."



## WORKSHOP DETAILS

**Dates and Time:** December 2-4, 2026

9AM to 4PM, EASTERN TIME

**Cost:** \$ 500

**Location:** Online Training (Via Zoom)

**To register:** Complete the information on this form and email it to

[aromero@postpartumeducation.com](mailto:aromero@postpartumeducation.com).

I will get back to you once I receive the form.

If you have any questions about the training, please contact me at 305-450-8445

**REQUIRED TRAINING MATERIALS FOR ONE PROGRAM ARE INCLUDED.**

**Refund Policy:** No refund for cancellations after November 25.

**Paid fee will be redeemable for one of my NPP facilitator trainings.**

**Please make sure before registering that you will be able to attend the three days.**

**Reservation confirmed after payment.**

## REGISTRATION FORM

**NAME:** \_\_\_\_\_

**AGENCY:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY, STATE, ZIP CODE:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**E-MAIL:** \_\_\_\_\_

**Are you already using the Nurturing Parenting Program?**

\_\_\_\_ YES \_\_\_\_\_ NO

Circle the program you already use or plan to use or write down if is not in the list \_\_\_\_\_

|                       |                                           |                                                |
|-----------------------|-------------------------------------------|------------------------------------------------|
| Prenatal Families     | Parents, Infants, Toddlers & Preschoolers | Parents & Their School age Children 5-11 years |
| Parents & Adolescents | Nurturing Skills for Families             | Crianza Con Cariño                             |

## Nurturing Parenting® Programs

THREE DAY FACILITATOR TRAINING

