

**Nurturing
Parenting® Programs
Three-Day Facilitator Training**
August 17, 24 & 31, 2026

with

Ana Romero

Nationally Recognized Trainer/Consultant #157

Virtually Via Zoom

The Nurturing Parenting Programs meet and exceed the Six Protective Factors identified by the U.S. Government for the prevention and treatment of Child Abuse and Neglect.

The Nurturing Parenting Programs are proven, evidence-based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.

In this Three-Day engagement training participants will focus on



- The Philosophy, Principles and Characteristics of Nurturing.
- Impact of Maltreatment on Brain Development.
- Five Parenting Constructs of Abuse/Neglect.
- Nurturing Program Assessments.
- Facilitator's skills to implement the program
- How to Implement Home & Group-Based Models.
- How to monitor the success of families through on-going process evaluation strategies designed to measure the attainment of parenting knowledge and skills.

Meet The trainer, Ana Romero, LCSW

Ana has been involved with the Nurturing Parenting Programs since 2005 and become a National Trainer/Consultant in 2009. Ana got her master's in social work in 1993 and become a Licensed Clinical Social Worker for the state of Florida in 2002. Besides being a trainer for the Nurturing Parenting Programs, Ana also provides workshops on topics such as Postpartum Depression, Stress Management & Grief. She is also a Maternal Mental Health Consultant. **Ana is bilingual in Spanish.**

What participants are saying

- "Hands on experience were great. They are activities that I could use again and again. The trainer was passionate and enthusiastic about the NPP".
- "The most helpful part of the course was the presentation & practicing how to be the facilitator".
- "Wonderful training! I feel very prepared to provide the material to my clients. Trainer was very personable and respectful".
- "Fun training. You were always available and willing to answer questions and give examples. I feel like I have a good grasp of the program."



WORKSHOP DETAILS

Dates and Time: August 17, 24 & 31, 2026

9AM to 4PM, EASTERN TIME

Cost: \$ 500

Location: Online Training (Via Zoom)

To register: Complete the information on this form and email it to

aromero@postpartumeducation.com.

I will get back to you once I receive the form.

If you have any questions about the training, please contact me at 305-450-8445

REQUIRED TRAINING MATERIALS FOR ONE PROGRAM ARE INCLUDED.

Refund Policy: No refund for cancellations after August 7, 2026. Paid fee will be redeemable for one of my NPP facilitator trainings.

Please make sure before registering that you will be able to attend the three days. There are not make up sessions if you miss a day or half day. Reservation confirmed after payment.

REGISTRATION FORM

NAME: _____

AGENCY: _____

ADDRESS: _____

CITY, STATE, ZIP CODE: _____

PHONE: _____

E-MAIL: _____

Are you already using the Nurturing Parenting Program?

____ YES _____ NO

Circle the program you already use or plan to use or write down if is not in the list _____

Prenatal Families	Parents, Infants, Toddlers & Preschoolers	Parents & Their School age Children 5-11 years
Parents & Adolescents	Nurturing Skills for Families	Crianza Con Cariño

Nurturing Parenting® Programs

THREE DAY FACILITATOR TRAINING

