

ABC's of Parenting Parent Handbook

Table of Contents

About The Author	i
Welcome	1
Guidelines for Parents for Exclusion of Sick Children.....	2
ABC's Session Building Blocks	3
Chapter 1 Ages & Stages: Having Appropriate Expectations of Children	5
Chapter 2 Developmental Stage: Early Childhood	10
Chapter 3 Praising Children and Their Behavior	15
Chapter 4 Developing Empathy: Teaching Children to Care.....	20
Chapter 5 Meeting Our Needs and the Needs of Our Children.....	24
Chapter 6 Building Self-Worth.....	29
Chapter 7 Developing Personal Power in Children and Adults	34
Chapter 8 Developing Family Morals and Values	38
Chapter 9 Understanding Discipline	41
Chapter 10 Developing Family Rules	44
Chapter 11 Using Rewards and Punishments to Guide and Teach Children	49
Chapter 12 Time-Out.....	55
Chapter 13 Helping Children Manage Their Behavior	60
Home Practice Assignments	64