

Nurturing Parenting Programs® Reference Table by Levels of Prevention

	Group-Based	Home-Based	# of Sessions	Session Length	Child Care or Children's Program Curriculum
Prevention Programs (Primary Prevention)					
Prenatal Families	X		9	2½ hours	Child care
Community Based Education in Nurturing Parenting	X		10	1 ½ hours	Parents only
Community Based Education in Nurturing Parenting – Military Families	X		7	1 ½ hours	Parents only
Self-Instructional Nurturing Curriculum		X	23	1 hour	Parents & Children
ABC's for Parents and Their Children Entering Kindergarten	X		7	2 hours	(Pre-K and Kindergarten)
Alcohol and Kids Don't Mix	X	X	5	1 ½ hours	Parents only
Alcohol, Anger, and Abuse	X	X	5	2 hours	Staff Training/Parents only
African-American Supplemental Lesson Guide	X	X	4	2 hours	Parents only
"Nurturing God's Way" Parenting Program for Christian Families	X		21	2 hours	Parents only
Parents and Their Children with Health Challenges (also Intervention)	X		8	2 hours	Parents & Children
Intervention Programs (Secondary Prevention)					
Nurturing Skills for Families (also Prevention)	X	X	80 Lessons	Varies	Parents & Children
Nurturing Skills for Teen Parents (also Prevention)	X	X	59 Lessons	Varies	Parents & Children
Nurturing America's Military Families (also Prevention)	X	X	78 Lessons	Varies	Parents & Children
Family Nurturing Camp Weekend Experience (also Prevention)	X		N/A	N/A	Parents & Children
Families in Substance Abuse Treatment and Recovery (also Treatment)	X		18	1½ hours	Can be used with any children's program
Hmong Parents and Their Adolescents	X		12	3 hours	Parents & Children
Treatment Programs (Tertiary Prevention)					
Parents and Their Infants, Toddlers and Preschoolers (group based)	X		24	2½ hours	Parents & Children
Parents and Their Infants, Toddlers and Preschoolers (home based)		X	48	1½ hours	Parents & Children
Parents and Their School-Age Children 5 to 11	X		15	2½ hours	Parents & Children
Parents and Adolescents	X		12	3 hours	Parents & Children
Teen Parents and Their Families (group based)	X		26	2½ hours	Parents & Children
Teen Parents and Their Families (home based)		X	50	1½ hours	Parents & Children
Nurturing Father's Program	X		13	2 ½ hours	Fathers only
Crianza con Cariño para Padres y Niños (Parents and Children Birth to 5 Years) y Padres e Hijos (Parents and Children 4 to 12 years)	X	X	45	1 ½ hours	Parents & Children

The Nurturing Parenting Programs® Levels of Prevention

The Nurturing Parenting Programs are designed for the prevention and treatment of child abuse and neglect. To meet the specific needs of the families, programs have been identified according to the standard levels of prevention: primary, secondary (intervention) and tertiary (treatment).

Prevention Programs (Primary Prevention)

The primary prevention of child abuse and neglect has been a sought after goal for decades. At primary levels of prevention, a “zero tolerance” community philosophy exists. Parenting education at the pre-parent stage, the pre-natal stage, education for special learning needs children, support groups, community action teams, community awareness campaigns, community resources are implemented so all forms of child maltreatment can be prevented.

Nurturing Parenting Programs listed on the Reference Table under **Prevention** provide education to increase the knowledge and skills of parents and pre-parents.

- Prenatal
- Community Based Education in Nurturing Parenting
- “Nurturing America’s Military Families™” Community Based Education in Nurturing Parenting
- Self-Instructional Nurturing Curriculum
- ABC’s for Parents and Their Children Entering Kindergarten
- Alcohol and Kids Don’t Mix
- Alcohol, Anger, and Abuse
- African-American Supplemental Lesson Guide
- “Nurturing God’s Way” Parenting Program for Christian Families
- Parents and Their Children with Health Challenges

Intervention Programs (Secondary Prevention)

At the secondary level of prevention, programs are designed to “intervene” to prevent further escalation of the early stages of maltreatment. Families at this level are often referred to as “at-risk.” The goal of intervention is to provide families with the necessary knowledge, skills, resources and services to build upon their parenting strengths to prevent abuse and neglect.

Nurturing Skills Programs listed on the Reference Table under **Intervention** allow professionals and parents to work together in tailor making programs to meet their specific parenting needs.

- Nurturing Skills for Families
- Nurturing Skills for Teen Parents
- Nurturing America’s Military Families
- Nurturing Skills for Hispanic Families
- Family Nurturing Camp Weekend Experience
- Families in Substance Abuse Treatment and Recovery
- Hmong Parents and Their Adolescents

Treatment Programs (Tertiary Prevention)

At the tertiary level of prevention, programs are designed to “treat” families identified by social services for child abuse and neglect. At this level of prevention, families are in need of structured, long-term, family-based programs and services to replace old, existing hurting patterns of parenting with newer, nurturing parenting patterns. The process of re-parenting can best be accomplished with proven programs over time.

Nurturing Parenting Programs listed on the Reference Table under **Treatment** are evidence-based programs that are proven to help treat and prevent the recurrence of child maltreatment.

- Parents and Their Infants, Toddlers and Preschoolers
- Parents and Their School-Age Children 5 to 11
- Parents and Adolescents
- Teen Parents and Their Families
- Nurturing Fathers Program
- Crianza con Cariño para Padres y Niños (Parents and Children Birth to 5 Years) Program
- Crianza con Cariño para Padres e Hijos (Parents and Children 4 to 12 Years)