

Parent Handbook (NP4PHB) Teen Parents and Their Children Program		Easy Reader (ER)	
Chapter 1	Orientation	Chapter 2	Nurturing Parenting
Chapter 2	Nurturing Philosophy & rating Scale	Chapter 1	Nurturing as Lifestyle
Chapter 3	Brain Development	Chapter 3	Brain Development & Chapter 4
Chapter 4	Ages and Stages Having App Expectations	Chapter 5	Primary Areas of Development
Chapter 5	Developmental Stage Infancy		<i>No information</i>
Chapter 6	Developmental Stage Toddler		<i>No information</i>
Chapter 7	Developmental Stage Preschooler		<i>No information</i>
Chapter 8	Skills Strip Developmental Cklist		<i>No information</i>
Chapter 9	Giving and Receiving Praise	Chapter 12	Praising Children and Their Behavior
Chapter 10	Touch and My touch History		<i>No information</i>
Chapter 11	Developing Empathy	Chapter 6	Empathy & Chapter 7
Chapter 12	Meeting Our Needs, Meeting the Needs of Children; Spoiling Children	Chapter 8	The Needs of Adults and Children Chapter 9
Chapter 13	Recognizing and Understanding Feelings in Ourselves and Children	Chapter 18	Recognizing and Understanding Feelings Chapter 19
Chapter 14	Building Self Worth	Chapter 31	Improving Self Worth
Chapter 15	Developing Personal Power	Chapter 32	Building Personal Power
Chapter 16	Understanding Discipline	Chapter 10	Discipline with Dignity
Chapter 17	Why Parents Hit Their Children	Chapter 16	Why Parents Spank
Chapter 18	Developing Morals and Values	Chapter 11	Morals, Values and Family Rule
Chapter 19	Developing Family Rules	Chapter 11	Morals, Values and Family Rules
Chapter 20	Using Rewards and Punishments	Chapter 13	Using Rewards to Guide Children & Chapter 14
Chapter 21	Time Out	Chapter 15	Time Out
Chapter 22	Child Proofing	Chapter 36	Keeping My Children Safe
Chapter 23	Verbal and Physical Redirection	Chapter 17	Verbal and Physical Redirection
Chapter 24	Identifying and Reporting Date Rape	Chapter 37	Possessive and Violent Relationships
Chapter 25	STD's AIDS and HIV		<i>No Information</i>
Chapter 26	Sexual Self-Worth		<i>No Information</i>
Chapter 27	Establishing Nurturing Parenting Routines	Chapter 25	Establishing Nurturing Parenting Routines
Chapter 28	Smoking and dangers of Second hand Smoke		<i>No Information</i>
Chapter 29	Diapering and Dressing Routines	Chapter 26	Diapering and Dressing Routines
Chapter 30	Drinking and Drugs	Chapter 23	Families and Alcohol Abuse Chapter 24
Chapter 31	Feeding Time Routine	Chapter 27	Feeding Time Routine
Chapter 32	Feeding Nutritious Foods		<i>No Information</i>
Chapter 33	Peer Pressure		<i>No Information</i>
Chapter 34	Nurturing Bath Time Routine	Chapter 28	Bath Time Routine
Chapter 35	Handling Stress	Chapter 20	Handling Stress
Chapter 36	Nurturing Bedtime Routine	Chapter 29	Bedtime Routine
Chapter 37	Understanding and Expressing Anger	Chapter 21	Understanding and Handling Anger
Chapter 38	Helping Children Express Anger	Chapter 22	Teaching Children to Express Anger
Chapter 39	Helping Children Manage Behavior	Chapter 33	Helping Children Manage Behavior
Chapter 40	Criticism, Confrontation and Fair Fighting	Chapter 34	Criticism and Confrontation
Chapter 41	Ignoring as a Parenting Technique		<i>No Information</i>
Chapter 42	Toilet Training	Chapter 30	Nurturing Toilet Training
	<i>No Information</i>	Chapter 35	Problem Solving, Negotiation and Compromise