

A Seven-Session Parenting Program for Parents and Children Entering Kindergarten

Program Format

- Parents and children entering Kindergarten meet in separate groups for two hours, once weekly, for seven consecutive weeks.
- Parents learn about nurturing parenting skills and ways to encourage their children's success through good communication and life skills.
- Children learn comparable skills at age-appropriate levels through puppets, role-play, music, art activities and leader-led discussions.

Program Description

In seven sessions, families learn to:

- Establish discipline through family rules, rewards and alternatives to spanking and yelling.
- Praise themselves and their children.
- Express their anger and stress in healthy ways that do not hurt themselves and their children.
- Use their personal power to make healthy choices.
- Promote school success through relationships with teachers.
- Problem solve and negotiate.
- Recognize warning signs of drug use and how to create a drug-free home.

Manuals and DVDs include...

Implementation Manual

A comprehensive resource guide for the facilitator, covering overview of the philosophy, planning and preparation, and program implementation. **ABCIMP**

Activities Manual for Parents

Contains activities for conducting the parent sessions. Each professional needs a copy. **ABCAMP**

Activities Manual for Children

Activities for conducting the program for children. Activities are presented in 7 weekly sessions. Each professional needs a copy. **ABCAMC**

Parent Handbook

An informational guide for parents describing nurturing parenting techniques and weekly Home Practice Assignments. Each parent needs a copy. Available in English **ABCPHB** or Spanish **ABC-SP-PHB**

Red, White and Bruises

Guide that presents alternatives to spanking. **RWB**

Multi-Cultural Parenting Guide

Provides facilitators with a better understanding of the parenting practices of specific cultures and how to incorporate cultural traditions into the services you provide. **MCG**

ABC's of Parenting Video

Seven vignettes cover topics such as ages and stages, praise, developing empathy, helping children develop personal power and morals and values, rewards and punishments, and establishing family rules. **ABCDVD**

I'm Only Doing This For Your Own Good

Teaches parents alternatives to spanking and slapping their school-age children. *English or Spanish.* **SPK2-DVD**

This Hurts Me More Than It Hurts You

Teaches nurturing parenting techniques for challenging times with infants, toddlers, and preschoolers. **SPK3-DVD**

To Order the ABC's for Parenting Program

All items listed below are included in a complete program or sold separately.

Manuals	Code	Price Each	Total Price
1 Implementation Manual	ABCIMP	\$ 12.00	\$ 12.00
2 Activities Manual for Parents	ABCAMP	\$ 20.00	\$ 40.00
2 Activities Manual for Children	ABCAMC	\$ 20.00	\$ 40.00
15 Parent Handbooks (English or Spanish)	ABCPHB or ABCPHB-SP	\$ 15.00	\$225.00
Resource Materials			
1 Multicultural Parenting Guide	MCG	\$ 25.00	\$ 25.00
15 Red, White & Bruises Pamphlets	RWB	\$ 1.00	\$ 15.00
Parenting DVDs			
1 ABC's of Parenting Video	ABCDVD	\$140.00	\$140.00
1 I'm Only Doing This... video	SPK2DVD	\$ 84.95	\$ 84.95
1 This Hurts Me More... video	SPK3 DVD	\$ 84.95	\$ 84.95
Assessment and Evaluation			
1 AAPI-2 Online (60 administrations)	AOL-KIT	\$150.00	\$150.00
1 Program Evaluation Forms (pkg/120)	EF	\$ 12.00	\$ 12.00
Instructional Aids			
1 Feeling Faces (pkg/15)	FF	\$ 25.00	\$ 25.00
Certificates			
1 Parent's Certificates (pkg/20)	CERP	\$ 5.00	\$ 5.00
1 Children's Certificates (pkg/20)	CERC	\$ 5.00	\$ 5.00
1 Facilitator's Certificates (pkg/20)	CERF	\$ 5.00	\$ 5.00
Total Program Price	NP9		\$ 868.90