

Nurturing Parenting Programs have been reviewed and awarded with high scores in the National Registry of **Evidence-based Programs and Practices**.

Family Development Resources, Inc.

Family Nurturing Centers International

Incorporated in 1983, Family Development Resources, Inc. (FDR) was established by **Dr. Stephen Bavolek**

Sonya M. Thorn, LCSW, & PhD Leadership Candidate (OLLU School of Business)

Ms. Thorn is a Social Entrepreneur, Community Clinical Social Worker and she was an Adjunct Professor at Texas State University for 12 years. In her 12 years with Texas State University she garnered over two million dollars of external grant funds while she directed and managed two large projects (Casa Esperanza-University Service Learning lab and Upward Bound). Sonya is the Founder and Owner of Praxis with Integrity Consulting PLLC where she conducts training and consulting to professionals in the areas of no-profit leadership, reflective clinical supervision, infant and early childhood mental health, parent education, in-home family services, family and child assessment, Early Intervention, and many other program development, family strengthening and child welfare topics. Sonya is a member of Leadership San Marcos Class 2007, and in 1999 she was the recipient of the T. Berry Brazelton Infant Mental Health Special Recognition Award for Texas. She is a recognized National Trainer/Consultant for Family Development Resources Inc. where she trains nationally and internationally (Bermuda Department of Child and Family Services). Sonya comes with a wealth of experience working with community agencies, multiple university departments, and school districts on behalf of families and frontline staff. Sonya has a long history of training with Texas Early Childhood Intervention, PSTI, Kronkosky Foundation and San Antonio United Way. She is one of twenty-one Rockefeller Fellows working for the Barat Education Foundation, where she participates in national university speaking engagements through a diversity forum with open discussions on critical social divides such as race, class, gender, social inequality and injustices. Sonya's biggest accomplishments are her two sons, Alec and Aaron.

For information on upcoming Workshops in the Nurturing Parenting Programs® visit the Training Calendar on our website at www.nurturingparenting.com.

Sonya M. Thorn
507 Pressler #3137
Austin, Texas 78703

Nurturing Parenting Programs®

FOR PROFESSIONALS WORKING
WITH INDIVIDUALS & FAMILIES,
THROUGH GROUP, HOME BASED &
INDIVIDUAL SERVICES

ATTEND TRAINING WITH
Sonya M. Thorn, LCSW
National Trainer/Consultant
512-757-0087



Dates: May – 24rd, 25th, & 26th 2012
9:00 am to 4:00 pm

Location: New York
4045 75th street, 2nd FL
Jackson Heights, New York, 11373

Cost: \$325.00 (includes workshop materials)

Contact: Sonya Thorn, (512) 757-0087
or sonyam.thorn@gmail.com

Sponsored by...
United Solutions Group Inc

Training will begin at 9:00 a.m. every morning and end at 4:00 p.m. every afternoon.
A detailed agenda will be available at the training along with curriculum samples.
Morning and afternoon breaks will be provided. Lunch is on your own.
All hotel reservations and meals are the responsibility of the participant.

The Nurturing Parenting Programs ®

The Nurturing Parenting Programs are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect.

Today, there are 18 Nurturing Programs, each addressing the specific needs of different populations:

- Prenatal Program
- Parents & Their Infants, Toddlers & Preschoolers
- Parents & Their School-Age Children
- Parents and Adolescents
- Teen Parents and Their Families
- Families in Substance Abuse Treatment & Counseling
- ABC's Program for Parents & Kindergarteners
- Crianza con Carino Birth-5 Years
- Crianza con Carino 4-12 Years
- Parents and their Children with Health Challenges
- African-American Nurturing Program Supplement
- Hmong Parents and Adolescents
- Developing Nurturing Skills K-12 School-Based Program
- Nurturing Parenting Program for Christian Families
- Family Nurturing Camp
- Nurturing Skills for Parents
- Nurturing Skills for Teen Parents
- Nurturing America's Military Families

Adult-Adolescent Parenting Inventory (AAPI-2)

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five parenting constructs known to lead to abusive parenting, The AAPI provide scores that profile parents at risk for abusing and neglecting children. Forms available in English and Spanish. Now available on CD ROM. For more information, visit www.aapionline.com.

Who Can Benefit

Professionals and para-professionals working in education, childcare, mental health, violence prevention, child welfare, school systems, treatment facilities, social work, and social services.

The Nurturing Program and the philosophy behind the program have successfully been utilized in:

Home-based Providers
Even Start Programs
School Districts
Therapist and Counselors
Women's Centers
Youth Centers
Child Protective Services
Day Care Facilities
Early Head Start/Head Start
Early Childhood Intervention

REGISTRATION FORM

Please e-mail me if you are registering for this training or if you are interested in future trainings: in your area:

PRAXIS WITH INTEGRITY CONSULTING
Sonya M. Thorn, LCSW
507 Pressler #3137
Austin, Texas 78703

Phone: (512) 757-0087
E-mail: sonyam.thorn@gmail.com

Registration Deadline:

April 30th, 2012

Participant's Name:

(How you want it to appear on Training Certificate)

Agency Name

Address

City, State, Zip

Phone

E-mail

Target Population You Serve

REGISTER AND PAY ON LINE:

___ Pay on line for \$325.00 for 3 days

TexasNurturingCenter.org

Social Work, LCP, AND MFT CEU's Offered for three days.
Registration is available to the first 20 participants, and will be confirmed via e-mail.

Philosophy of the Nurturing Program

The philosophy of the Nurturing Program emphasizes the importance of raising children in a warm, trusting and caring environment. It is founded on the belief that children who are cared for develop the capacity to trust, care and respect themselves, others, living creatures and their environment. This philosophy is founded on 7 principles:

1. Feelings of attachment: Attachment is a bond between a parent and their child that conveys deep unconditional love. Children who feel loved unconditionally, children exhibit positive communication, trust and respect naturally.
2. Empathy: Empathy is the ability of parents to put themselves in the place of their children in an attempt to feel, think and understand what their child is feeling, thinking and understanding, and respond to the child in a loving and respectful way.
3. Nurturing Oneself: Taking time to get one's own needs met, as an adult, forms the foundation of understanding and helping a child get their needs met.
4. Gentle Touch: Research has shown that children who experience warm and gentle touch in the form of hugs, pats, and massages develop and maintain healthy relationships throughout their life, as well as a healthy and positive sense of self.
5. Discipline: Setting limits through family rules, teaching right from wrong through family morals, and teaching respect and worth through family values are all part of a nurturing family. Discipline develops best by children modeling their parent's examples.
6. Expressing Feelings: Helping children learn appropriate ways to manage and express their feelings is a fundamental characteristic of a nurturing family.
7. Expectations and Self Worth: Knowing what to expect of children as they develop plays a significant role in the child's self-worth. Children learn that they are competent people, capable of pleasing others important in their lives when the adults in their life have appropriate expectations.

Day 1: Philosophy of the Nurturing Program; Values; Structure; Constructs; Validation; Discipline, Rewards and Punishment; Empowering Parents and Children.

Day 2: Developing Empathy; Self-Awareness; Recognizing, Understanding and Communicating Feelings; Structure & Guidelines; Humor, Laughter and Fun.

Day 3: Program Implementation; Getting Familiar with the Curriculum; Practice Sessions; Best Practices; Monkey Wrenches and Difficult Sessions. Special Emphasis on Facilitating groups & Home-based services.